



**BIEGI W SZCZAWNICY**

# ŻWAWĘ WIERCHY - 33 KM

B4SPORT

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

**Wydarzenie:** Biegi w Szczawnicy  
**Organizator:** Fundacja Strefa Przygód  
**Data:** 2022-04-23  
**Miejsce:** Szczawnica  
**Dystans:** 32.8 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na Przehybie 9km	Schronisko pod Durbaszką 25km	Czas netto 32.8km	Czas brutto 32.8km	Różn	Tempo min/km	Tempo km/h
1	<b>SIOŁA Karol</b>	<b>649</b>	TEAM DYNAFIT	M20	1	01:23:59	02:13:48	<b>02:50:34.85</b>	<b>02:50:35.45</b>		5:12	11.5 (100%)
2	<b>SIWEK Michał</b>	<b>892</b>	NIEPOŁOMICIE BIEGAJĄ	M30	1	01:27:39	02:19:15	<b>02:56:15.15</b>	<b>02:56:16.35</b>	+00:05:40 (3.2%)	5:22	11.2 (97.4%)
3	<b>SZKOŁA Wojciech</b>	<b>853</b>	NATURAL BORN RUNNERS	M30	2	01:26:22	02:19:12	<b>02:57:35.60</b>	<b>02:57:36.35</b>	+00:07:00 (3.9%)	5:24	11.1 (96.5%)
4	<b>KUJAWSKI Bartek</b>	<b>1144</b>	GRUPETTO GORLICE	M30	3	01:28:53	02:21:55	<b>02:59:53.75</b>	<b>02:59:55.55</b>	+00:09:20 (5.2%)	5:29	10.9 (94.8%)
5	<b>ZBOZIEN Jarosław</b>	<b>803</b>		M30	4	01:28:18	02:20:25	<b>02:59:56.00</b>	<b>02:59:57.35</b>	+00:09:21 (5.2%)	5:29	10.9 (94.8%)
6	<b>KURA Patryk</b>	<b>1914</b>		M30	5	01:30:32	02:25:30	<b>03:04:59.65</b>	<b>03:05:00.90</b>	+00:14:25 (7.8%)	5:38	10.6 (92.2%)
7	<b>PORADA Kacper</b>	<b>998</b>		M20	2	01:34:55	02:28:21	<b>03:05:45.80</b>	<b>03:05:47.35</b>	+00:15:11 (8.2%)	5:39	10.6 (92.2%)
8	<b>KOZUCH Rafał</b>	<b>1114</b>	REDLINETEAM	M30	6	01:33:01	02:27:56	<b>03:07:34.65</b>	<b>03:07:43.40</b>	+00:17:07 (9.1%)	5:43	10.5 (91.3%)
9	<b>TOMASIAK Natalia</b>	<b>2779</b>	SALOMON TEAM	K30	1	01:33:33	02:30:36	<b>03:10:50.45</b>	<b>03:10:52.45</b>	+00:20:17 (10.6%)	5:49	10.3 (89.6%)
10	<b>KOCIOŁEK Witold</b>	<b>979</b>	INŻYNIERIA BIEGANIA TEAM	M40	1	01:34:56	02:32:14	<b>03:16:36.70</b>	<b>03:16:38.35</b>	+00:26:02 (13.2%)	5:59	10 (87.0%)
11	<b>GRZYWACZEWSKA Justyna</b>	<b>1095</b>	CITY TRAIL TEAM	K30	2	01:36:26	02:35:30	<b>03:17:40.55</b>	<b>03:17:42.95</b>	+00:27:07 (13.7%)	6:01	10 (87.0%)
12	<b>SŁUP Paweł</b>	<b>1150</b>	HIT THE TRAIL / KS KANDAHAR	M30	7	01:39:04	02:35:30	<b>03:17:43.40</b>	<b>03:17:45.35</b>	+00:27:09 (13.7%)	6:01	10 (87.0%)
13	<b>KOPEL Andrzej</b>	<b>1140</b>	#7UPHILLBAND	M30	8	01:38:24	02:37:25	<b>03:20:03.90</b>	<b>03:20:05.60</b>	+00:29:30 (14.7%)	6:05	9.8 (85.2%)
14	<b>POLAŃSKI Tomasz</b>	<b>760</b>	140MINUT.PL	M40	2	01:37:39	02:40:31	<b>03:22:10.80</b>	<b>03:22:12.35</b>	+00:31:36 (15.6%)	6:09	9.7 (84.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko	Schronisko	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						na Przehybie 9km	pod Durbaszka 25km	netto 32.8km	brutto 32.8km			
15	ŚWIERAD Krystian	1104		M20	3	01:33:23	02:34:38	03:22:41.15	03:22:41.75	+00:32:06 (15.8%)	6:10	9.7 (84.3%)
16	ŚLIWIŃSKI Jacek	1137	TEAM ULTRA	M30	9	01:35:19	02:37:02	03:23:33.65	03:23:41.40	+00:33:05 (16.2%)	6:12	9.7 (84.3%)
17	PŁONOWSKI Maciej	963	PSZCZÓŁKOWSKI TEAM	M30	10	01:39:23	02:41:10	03:25:42.55	03:25:46.95	+00:35:11 (17.1%)	6:16	9.6 (83.5%)
18	KORCZ Daniel	1056	JAWORZNO RUNNERS PRO TEAM	M40	3	01:40:07	02:43:12	03:28:33.10	03:28:35.25	+00:37:59 (18.2%)	6:21	9.4 (81.7%)
19	HALSKA Ania	1127	ANNA HALSKA COACHING	K30	3	01:44:16	02:45:41	03:28:49.25	03:28:52.65	+00:38:17 (18.3%)	6:21	9.4 (81.7%)
20	TOPOLSKI Marcin	990		M40	4	01:41:31	02:45:54	03:31:00.70	03:31:03.65	+00:40:28 (19.2%)	6:25	9.3 (80.9%)
21	BAROSZ Natalia Paulina	1078		K30	4	01:44:51	02:47:46	03:33:46.30	03:33:49.55	+00:43:14 (20.2%)	6:31	9.2 (80.0%)
22	BAŁYS Katarzyna	894	HERCOG RUNNING TEAM	K30	5	01:47:01	02:50:54	03:34:50.40	03:34:54.05	+00:44:18 (20.6%)	6:32	9.2 (80.0%)
23	MIERNICZAK Bartłomiej	1076	WOODWARD RUNNERS	M30	11	01:44:38	02:50:28	03:38:55.80	03:39:00.80	+00:48:25 (22.1%)	6:40	9 (78.3%)
24	TOPORKIEWICZ Anna	1126		K40	1	01:45:58	02:51:19	03:39:23.85	03:39:27.00	+00:48:51 (22.3%)	6:41	9 (78.3%)
25	ZANOZINA Ekaterina	825		K30	6	01:49:48	02:55:06	03:39:32.00	03:39:34.75	+00:48:59 (22.3%)	6:41	9 (78.3%)
26	ZBORUCKI Jan	1132	PRZEDWOJEWSKI TEAM	M30	12	01:49:16	02:54:38	03:39:46.95	03:39:49.35	+00:49:13 (22.4%)	6:42	9 (78.3%)
27	BEKAS Marcin	1005		M40	5	01:49:01	02:55:13	03:41:22.35	03:41:27.85	+00:50:52 (23.0%)	6:44	8.9 (77.4%)
28	SZARAPANOWSKI Marcin	934	ULTRA DIABŁY TEAM LUBRZA	M40	6	01:46:18	02:54:05	03:42:13.25	03:42:16.65	+00:51:41 (23.3%)	6:46	8.9 (77.4%)
29	STAWIARZ Paweł	835	MATNER RUNNING TEAM	M30	13	01:51:26	02:56:27	03:43:06.20	03:43:15.75	+00:52:40 (23.6%)	6:48	8.8 (76.5%)
30	DEJNECKA Martyna	868		K30	7	01:52:12	02:57:03	03:43:39.30	03:43:43.15	+00:53:07 (23.7%)	6:49	8.8 (76.5%)
31	KNAPIK Przemysław	962	HEINEKEN KRAKOW / TRIWISE	M40	7	01:53:39	03:02:51	03:49:38.90	03:49:45.30	+00:59:09 (25.8%)	7:00	8.6 (74.8%)
32	ZĄBEK Łukasz	1066	140MINUT.PL	M40	8	01:46:30	02:57:14	03:49:53.50	03:49:57.45	+00:59:22 (25.8%)	7:00	8.6 (74.8%)
33	BRUŚ Marcin	1082	SASKA	M40	9	01:50:51	02:59:52	03:50:26.45	03:50:28.95	+00:59:53 (26.0%)	7:01	8.5 (73.9%)
34	WIŚNIEWSKI Krzysztof	1909		OPEN Mężczyźni	1	01:50:10	02:59:45	03:50:53.10	03:51:03.95	+01:00:28 (26.2%)	7:02	8.5 (73.9%)
35	RYBARCZYK Kamil	994	MARMUROWE DZIKI	M30	14	01:50:25	03:01:33	03:52:02.50	03:52:06.75	+01:01:31 (26.5%)	7:04	8.5 (73.9%)
36	SIWIRSKA Anna	947	ADIDAS RUNNERS WARSAW	K30	8	01:54:49	03:05:28	03:53:22.70	03:53:27.15	+01:02:51 (26.9%)	7:06	8.4 (73.0%)
37	JUCHA Michał	1068	BIEGIEM PO PIWO	M40	10	01:55:23	03:04:05	03:54:24.05	03:54:29.35	+01:03:53 (27.3%)	7:08	8.4 (73.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko						
						Schronisko na Przehybie 9km	Schronisko pod Durbaszką 25km	Czas netto 32.8km	Czas brutto 32.8km	Różn	Tempo min/km	Tempo km/h
38	<b>SAINTEMARIE Arnaud</b>	<b>921</b>	MARCIN ŚWIERC TEAM	M40	11	01:56:02	03:07:19	<b>03:54:37.45</b>	<b>03:54:43.60</b>	+01:04:08 (27.3%)	7:09	8.4 (73.0%)
39	<b>TANISTRA-SŁOWIK Katarzyna</b>	<b>938</b>	HURAGAN LIGOTA	K40	2	01:54:40	03:06:25	<b>03:54:18.30</b>	<b>03:54:48.35</b>	+01:04:12 (27.3%)	7:08	8.4 (73.0%)
40	<b>BIERNAT Mateusz</b>	<b>880</b>		M30	15	01:55:04	03:07:19	<b>03:55:20.70</b>	<b>03:55:29.75</b>	+01:04:54 (27.6%)	7:10	8.4 (73.0%)
41	<b>HRONOWSKI Jakub</b>	<b>824</b>		M20	4	01:56:40	03:07:30	<b>03:55:34.05</b>	<b>03:55:50.25</b>	+01:05:14 (27.7%)	7:10	8.4 (73.0%)
42	<b>KLUZ Marcin</b>	<b>967</b>	PRO-RUN WROCŁAW	M30	16	01:58:12	03:07:21	<b>03:55:56.30</b>	<b>03:56:08.35</b>	+01:05:32 (27.8%)	7:11	8.3 (72.2%)
43	<b>ZIELIŃSKI Paweł</b>	<b>898</b>	RUCH IZBICA	M40	12	01:57:59	03:10:47	<b>03:59:28.80</b>	<b>03:59:37.45</b>	+01:09:02 (28.8%)	7:18	8.2 (71.3%)
44	<b>OLEKSY Marcin</b>	<b>1089</b>	TĘTNO PULSU	M30	17	01:54:45	03:10:51	<b>04:00:16.05</b>	<b>04:00:40.70</b>	+01:10:05 (29.1%)	7:19	8.2 (71.3%)
44	<b>PRZEBINDA Łukasz</b>	<b>1110</b>	WHITE POWER TEAM	M30	17	01:54:45	03:10:41	<b>04:00:16.10</b>	<b>04:00:40.70</b>	+01:10:05 (29.1%)	7:19	8.2 (71.3%)
46	<b>KOŁODZIEJ Roman</b>	<b>929</b>	PERFEKTA KARLOWICE	M40	13	01:50:21	03:08:25	<b>04:00:45.10</b>	<b>04:00:46.30</b>	+01:10:10 (29.1%)	7:20	8.2 (71.3%)
47	<b>GRZEMSKI Marcin</b>	<b>908</b>	WRONIECKI KLUB BIEGACZA	M30	19	01:48:51	03:01:37	<b>04:00:44.15</b>	<b>04:00:48.10</b>	+01:10:12 (29.2%)	7:20	8.2 (71.3%)
48	<b>MAZUR Paweł</b>	<b>2551</b>		M30	20	01:55:02	03:07:33	<b>04:01:31.15</b>	<b>04:01:33.55</b>	+01:10:58 (29.4%)	7:21	8.1 (70.4%)
49	<b>WOJTALA Bartłomiej</b>	<b>1008</b>	UWAGA NA DZIADA	M40	14	02:01:39	03:12:38	<b>04:01:13.30</b>	<b>04:01:39.75</b>	+01:11:04 (29.4%)	7:21	8.2 (71.3%)
50	<b>PIETRZAK Jacek</b>	<b>1026</b>		M40	15	01:53:59	03:09:03	<b>04:01:56.60</b>	<b>04:02:01.25</b>	+01:11:25 (29.5%)	7:22	8.1 (70.4%)
51	<b>MOSIOŁEK Przemysław</b>	<b>878</b>		M30	21	01:59:56	03:12:12	<b>04:03:09.15</b>	<b>04:03:21.55</b>	+01:12:46 (29.9%)	7:24	8.1 (70.4%)
52	<b>KOVALSKA Valentyna</b>	<b>1138</b>	ULTRA	K50	1	01:54:05	03:12:22	<b>04:03:16.45</b>	<b>04:03:29.60</b>	+01:12:54 (29.9%)	7:25	8.1 (70.4%)
53	<b>NARKO Alex</b>	<b>1146</b>		M30	22	01:55:15	03:11:33	<b>04:04:06.35</b>	<b>04:04:12.65</b>	+01:13:37 (30.1%)	7:26	8.1 (70.4%)
54	<b>FRAĆKOWIAK Krzysztof</b>	<b>1086</b>	PRO-RUN WROCŁAW	M40	16	01:58:56	03:11:37	<b>04:04:38.90</b>	<b>04:04:50.25</b>	+01:14:14 (30.3%)	7:27	8 (69.6%)
55	<b>RYSULA Konrad</b>	<b>1122</b>		M20	5	01:55:01	03:10:50	<b>04:05:35.90</b>	<b>04:05:40.00</b>	+01:15:04 (30.6%)	7:29	8 (69.6%)
56	<b>SUCHORA Kacper</b>	<b>900</b>		M20	6	01:51:53	03:08:19	<b>04:05:39.65</b>	<b>04:05:52.15</b>	+01:15:16 (30.6%)	7:29	8 (69.6%)
57	<b>BAGSIK Łukasz</b>	<b>981</b>	QTEAM	M30	23	01:52:06	03:13:22	<b>04:06:59.10</b>	<b>04:07:17.85</b>	+01:16:42 (31.0%)	7:31	8 (69.6%)
58	<b>STANOWSKI Bartłomiej</b>	<b>829</b>	RUNNERS CIESZANÓW	M30	24	01:59:32	03:13:11	<b>04:07:19.35</b>	<b>04:07:25.75</b>	+01:16:50 (31.1%)	7:32	8 (69.6%)
59	<b>GRAJDA Arkadiusz</b>	<b>914</b>	TRIDEA	M40	17	01:57:56	03:11:12	<b>04:07:19.20</b>	<b>04:07:31.50</b>	+01:16:56 (31.1%)	7:32	8 (69.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko		Czas netto 32.8km	Czas brutto 32.8km	Różn	Tempo min/km	Tempo km/h
						na Przehybie 9km	pod Durbaszką 25km					
60	<b>SYPNIEWSKA-LEWANDOWSKA Aleksandra</b>	<b>823</b>	TRIDEA TEAM	K30	9	01:57:57	03:11:29	<b>04:07:21.25</b>	<b>04:07:32.25</b>	+01:16:56 (31.1%)	7:32	8 (69.6%)
61	<b>POTTS David</b>	<b>1029</b>		M30	25	01:59:44		<b>04:08:45.00</b>	<b>04:08:45.00</b>	+01:18:09 (31.4%)	7:35	7.9 (68.7%)
62	<b>MARKIEWICZ Agnieszka</b>	<b>1081</b>	PRORUNNING PROMOTION	K30	10	01:58:28	03:13:33	<b>04:10:04.80</b>	<b>04:10:07.40</b>	+01:19:31 (31.8%)	7:37	7.9 (68.7%)
63	<b>WASIELEWSKI Adrian</b>	<b>1088</b>	DESTROYER	M30	26			<b>04:11:57.00</b>	<b>04:11:57.00</b>	+01:21:21 (32.3%)	7:40	7.8 (67.8%)
64	<b>ULIKOWSKA Martyna</b>	<b>926</b>	ZĄŁOGA GÓRSKA	K30	11	02:03:39	03:17:59	<b>04:12:11.45</b>	<b>04:12:14.90</b>	+01:21:39 (32.4%)	7:41	7.8 (67.8%)
65	<b>DUCH Rafał</b>	<b>973</b>		M30	27	02:00:04	03:18:47	<b>04:12:07.70</b>	<b>04:12:15.95</b>	+01:21:40 (32.4%)	7:41	7.8 (67.8%)
66	<b>KLAJA Kasia</b>	<b>965</b>		K30	12	02:00:25	03:16:57	<b>04:12:46.50</b>	<b>04:12:50.05</b>	+01:22:14 (32.5%)	7:42	7.8 (67.8%)
67	<b>SEMBERECKI Marcin</b>	<b>1141</b>	TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE	M30	28	01:59:51	03:19:15	<b>04:13:23.05</b>	<b>04:13:28.90</b>	+01:22:53 (32.7%)	7:43	7.8 (67.8%)
68	<b>SZCZYGIEŁ Mateusz</b>	<b>844</b>	#SZCZYGIELTEAM	M30	29	01:51:09	03:11:32	<b>04:13:36.90</b>	<b>04:13:42.15</b>	+01:23:06 (32.8%)	7:43	7.8 (67.8%)
69	<b>GUMULINSKI Jakub</b>	<b>936</b>	IGT	M30	30	02:00:51	03:18:55	<b>04:14:01.05</b>	<b>04:14:03.45</b>	+01:23:28 (32.9%)	7:44	7.7 (67.0%)
70	<b>MRÓZ Rafał</b>	<b>1920</b>		M40	18	01:59:09	03:19:59	<b>04:14:00.00</b>	<b>04:14:08.35</b>	+01:23:32 (32.9%)	7:44	7.7 (67.0%)
71	<b>STANULA Fabian</b>	<b>1038</b>		M30	31	02:06:01	03:21:28	<b>04:14:06.15</b>	<b>04:14:16.90</b>	+01:23:41 (32.9%)	7:44	7.7 (67.0%)
72	<b>PYRCHLA Patryk</b>	<b>1070</b>		M20	7	02:00:38	03:16:41	<b>04:14:15.00</b>	<b>04:14:23.15</b>	+01:23:47 (32.9%)	7:45	7.7 (67.0%)
73	<b>FEDOREK Dawid</b>	<b>1121</b>		M30	32	02:10:21	03:23:50	<b>04:14:36.75</b>	<b>04:14:36.75</b>	+01:24:01 (33.0%)	7:45	7.7 (67.0%)
74	<b>KRAWCZYK Dariusz</b>	<b>1145</b>		M40	19	01:58:33	03:19:51	<b>04:14:58.60</b>	<b>04:15:03.80</b>	+01:24:28 (33.1%)	7:46	7.7 (67.0%)
75	<b>OSYSZKO Izabela</b>	<b>999</b>		K20	1	02:11:18	03:25:00	<b>04:15:18.25</b>	<b>04:15:23.90</b>	+01:24:48 (33.2%)	7:47	7.7 (67.0%)
76	<b>DROGOSZEWSKA Magdalena</b>	<b>1020</b>	BIEGAM BY JEŚĆ	K30	13	02:08:28	03:25:28	<b>04:18:08.55</b>	<b>04:18:26.05</b>	+01:27:50 (34.0%)	7:52	7.6 (66.1%)
77	<b>PATRO Bartłomiej</b>	<b>1048</b>		M30	33	01:57:36	03:16:20	<b>04:18:24.75</b>	<b>04:18:44.10</b>	+01:28:08 (34.1%)	7:52	7.6 (66.1%)
78	<b>NOWOSADZKI Wojciech</b>	<b>863</b>		M40	20	02:05:55	03:20:55	<b>04:18:44.30</b>	<b>04:18:53.90</b>	+01:28:18 (34.1%)	7:53	7.6 (66.1%)
79	<b>ZAWISZA Grzegorz</b>	<b>810</b>		M30	34	02:00:50	03:24:44	<b>04:19:06.85</b>	<b>04:19:13.25</b>	+01:28:37 (34.2%)	7:53	7.6 (66.1%)
80	<b>PACIA Sebastian</b>	<b>846</b>		M40	21	02:03:39	03:22:01	<b>04:19:13.05</b>	<b>04:19:17.95</b>	+01:28:42 (34.2%)	7:54	7.6 (66.1%)
81	<b>PACIOREK Ewa</b>	<b>851</b>	KOBIETA BIEGA	K30	14	02:08:04	03:26:25	<b>04:19:38.40</b>	<b>04:19:43.15</b>	+01:29:07 (34.3%)	7:54	7.6 (66.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko	Schronisko	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						na Przehybie 9km	pod Durbaszką 25km	netto 32.8km	brutto 32.8km			
82	ZAJDER Paweł	1143		M30	35	02:01:27	03:27:41	04:19:44.65	04:19:59.15	+01:29:23 (34.4%)	7:55	7.6 (66.1%)
83	SZAŁĄŚNY Piotr	1098	TESTYOUTDOOROWE.PL	M30	36	02:05:06	03:26:34	04:20:31.70	04:20:50.35	+01:30:14 (34.6%)	7:56	7.6 (66.1%)
84	BOHUCKI Piotr	1094		M40	22	02:03:09	03:22:41	04:20:58.45	04:21:11.45	+01:30:36 (34.7%)	7:57	7.5 (65.2%)
85	GÓRECKI Rafał	889	LESZNOTEAM	M40	23	02:05:17	03:26:08	04:21:20.95	04:21:24.90	+01:30:49 (34.7%)	7:58	7.5 (65.2%)
86	ANDRZEJEWSKI Lukasz	959	FTI RACE TEAM	M40	24	02:16:36	03:30:58	04:21:26.00	04:21:26.00	+01:30:50 (34.7%)	7:58	7.5 (65.2%)
87	KWIATKOWSKI Paweł	808		M30	37	02:07:17	03:24:59	04:22:00.90	04:22:10.65	+01:31:35 (34.9%)	7:59	7.5 (65.2%)
88	ŁAZICKI Filip	1130		M30	38	01:56:05	03:24:01	04:22:23.20	04:22:28.85	+01:31:53 (35.0%)	7:59	7.5 (65.2%)
89	ZIĘBA Paweł	993	BOBOWSKA GRUPA BIEGOWA	M40	25	02:02:54	03:24:36	04:23:02.90	04:23:07.60	+01:32:32 (35.2%)	8:01	7.5 (65.2%)
90	REPEĆ Jarosław	982	AHOJ PRZYGODO LUBLIN	M30	39	02:07:24	03:26:32	04:23:06.80	04:23:38.30	+01:33:02 (35.3%)	8:01	7.5 (65.2%)
91	WŁODARCZYK Jarosław	977	KARKONOSZ RUNNING TEAM	M40	26	01:37:33	03:36:29	04:24:44.15	04:24:47.70	+01:34:12 (35.6%)	8:04	7.4 (64.3%)
92	SZCZĘŚNIAK Piotr	1128		M40	27	02:02:37	03:29:06	04:25:03.95	04:25:16.00	+01:34:40 (35.7%)	8:04	7.4 (64.3%)
93	ŁAMPIKA Kinga	2790	NIGHT RUNNERS WROCŁAW	K40	3	02:07:19	03:28:13	04:25:20.00	04:25:31.45	+01:34:56 (35.8%)	8:05	7.4 (64.3%)
94	CHMIELOWIEC Daniel	1062	GORLICKA GRUPA BIEGOWA	M30	40	01:36:07	03:39:17	04:26:13.25	04:26:18.80	+01:35:43 (35.9%)	8:06	7.4 (64.3%)
95	FORYŚ Adam	924		M30	41	02:01:56	03:25:31	04:26:12.00	04:26:19.90	+01:35:44 (35.9%)	8:06	7.4 (64.3%)
96	GOLASZ Marek	1105		M50	1	02:02:37	03:24:33	04:26:14.25	04:26:27.70	+01:35:52 (36.0%)	8:07	7.4 (64.3%)
97	ORĘZIAK Tomasz	1023		M20	8	02:03:12	03:23:02	04:26:14.40	04:26:29.20	+01:35:53 (36.0%)	8:07	7.4 (64.3%)
98	ANKIEWICZ Stefan	1129	CZYSTA AMATORKA	M40	28	02:06:43	03:27:03	04:26:41.30	04:27:13.45	+01:36:38 (36.2%)	8:07	7.4 (64.3%)
99	GONCERZEWICZ Anna	2397	STARE BABICE BIEGAJĄ	K30	15	02:10:20	03:30:21	04:28:19.75	04:28:30.15	+01:37:54 (36.5%)	8:10	7.3 (63.5%)
100	WYKA Mariusz	1014	LEGIA	M40	29	02:05:11	03:27:08	04:28:47.40	04:29:06.35	+01:38:30 (36.6%)	8:11	7.3 (63.5%)
101	MAĆKOWSKI Jędrzej	1136	OD GRUBASA DO ULTRASA	OPEN Mężczyźni	2	02:03:12	03:29:18	04:29:14.30	04:29:23.90	+01:38:48 (36.7%)	8:12	7.3 (63.5%)
102	LEGUTKO Bartłomiej	980		M40	30	02:00:35	03:27:48	04:29:30.70	04:29:47.50	+01:39:12 (36.8%)	8:12	7.3 (63.5%)
103	WOJCIESZAK Katarzyna	1052	ŚCO BIEGA	K40	4	02:12:50	03:35:34	04:30:44.65	04:30:59.60	+01:40:24 (37.0%)	8:15	7.3 (63.5%)
104	MATUŁA Natalia	821		K20	2	02:14:37	03:35:08	04:31:00.30	04:31:03.05	+01:40:27 (37.1%)	8:15	7.3 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko	Schronisko	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						na Przehybie 9km	pod Durbaszką 25km	netto 32.8km	brutto 32.8km			
105	<b>MAZURKIEWICZ Maks</b>	<b>1054</b>	KS BERO	M30	42	02:11:47	03:38:03	<b>04:33:49.05</b>	<b>04:34:00.10</b>	+01:43:24 (37.7%)	8:20	7.2 (62.6%)
106	<b>STOLARZ Grzegorz</b>	<b>2400</b>	NIEPOŁOMICE BIEGAJĄ	M40	31	02:14:23	03:35:31	<b>04:33:46.80</b>	<b>04:34:01.60</b>	+01:43:26 (37.7%)	8:20	7.2 (62.6%)
107	<b>ZIAJA Wojciech</b>	<b>858</b>		M40	32	02:08:11	03:31:49	<b>04:34:00.70</b>	<b>04:34:05.75</b>	+01:43:30 (37.8%)	8:21	7.2 (62.6%)
108	<b>URBAŃSKI Krzysztof</b>	<b>1040</b>	ASAP TORUŃ	M40	33	02:12:27	03:35:10	<b>04:33:54.70</b>	<b>04:34:07.95</b>	+01:43:32 (37.8%)	8:21	7.2 (62.6%)
109	<b>BEDNARZ Małgorzata</b>	<b>827</b>	OTM.B	K40	5	02:07:56	03:31:23	<b>04:34:21.85</b>	<b>04:34:31.45</b>	+01:43:56 (37.9%)	8:21	7.2 (62.6%)
110	<b>ŁUKASZEWICZ Dawid</b>	<b>1154</b>		M30	43	02:06:58	03:33:26	<b>04:34:12.20</b>	<b>04:34:31.65</b>	+01:43:56 (37.9%)	8:21	7.2 (62.6%)
111	<b>PIETRZAK Michał</b>	<b>978</b>	3	M30	44	02:05:58	03:28:52	<b>04:34:25.90</b>	<b>04:34:34.35</b>	+01:43:58 (37.9%)	8:21	7.2 (62.6%)
112	<b>GRZEBIELUCH Katarzyna</b>	<b>968</b>		K40	6	02:08:51	03:33:49	<b>04:34:44.65</b>	<b>04:34:49.20</b>	+01:44:13 (37.9%)	8:22	7.2 (62.6%)
113	<b>PYZIK Ewa</b>	<b>837</b>	MATNER RUNNING TEAM	K40	7	02:13:04	03:36:26	<b>04:34:36.45</b>	<b>04:34:52.35</b>	+01:44:16 (37.9%)	8:22	7.2 (62.6%)
114	<b>KORZUS Katarzyna</b>	<b>1075</b>	W POGONI ZA DUCHEM	K40	8	02:12:16	03:35:23	<b>04:34:53.40</b>	<b>04:35:12.40</b>	+01:44:36 (38.0%)	8:22	7.2 (62.6%)
115	<b>LITWIN Łukasz</b>	<b>1001</b>		M20	9	02:12:06	03:40:12	<b>04:35:57.30</b>	<b>04:36:04.40</b>	+01:45:28 (38.2%)	8:24	7.1 (61.7%)
116	<b>ZABOLSKI Mateusz</b>	<b>988</b>	ZABOL TEAM	M30	45	02:17:24	03:38:10	<b>04:35:51.65</b>	<b>04:36:21.10</b>	+01:45:45 (38.3%)	8:24	7.1 (61.7%)
117	<b>TARNAWSKI Jakub</b>	<b>2396</b>	KKB DYSTANS	M50	2	02:09:41	03:36:16	<b>04:36:42.95</b>	<b>04:36:53.50</b>	+01:46:18 (38.4%)	8:26	7.1 (61.7%)
118	<b>KOPEĆ Sebastian</b>	<b>1022</b>	SAINT - GOBAIN SQUAD	M30	46	02:07:11	03:35:52	<b>04:37:35.20</b>	<b>04:37:39.05</b>	+01:47:03 (38.6%)	8:27	7.1 (61.7%)
119	<b>MARSZAŁEK Kamil</b>	<b>1919</b>	KAMIONKA MAŁA	M30	47	02:10:34	03:41:59	<b>04:37:52.80</b>	<b>04:37:55.85</b>	+01:47:20 (38.6%)	8:28	7.1 (61.7%)
120	<b>UBYSZ Marek</b>	<b>1000</b>	JACEKBIEGA RUNNING TEAM	M40	34	02:07:56	03:37:23	<b>04:38:41.85</b>	<b>04:38:57.85</b>	+01:48:22 (38.8%)	8:29	7.1 (61.7%)
121	<b>MALICKI Emil</b>	<b>925</b>	OSTROBIEC	M40	35	02:15:13	03:40:52	<b>04:38:30.80</b>	<b>04:39:07.85</b>	+01:48:32 (38.9%)	8:29	7.1 (61.7%)
122	<b>HADAM Michał</b>	<b>1101</b>	KB MANIAC POZNAŃ/#BIEGIEMWLAS	M40	36	02:09:42	03:37:54	<b>04:39:27.80</b>	<b>04:39:42.55</b>	+01:49:07 (39.0%)	8:31	7 (60.9%)
123	<b>KOPERSKI Marcin</b>	<b>995</b>	MONIA GYM	M50	3	02:07:44	03:36:16	<b>04:40:34.25</b>	<b>04:40:53.90</b>	+01:50:18 (39.3%)	8:33	7 (60.9%)
124	<b>ZIN Jacek</b>	<b>976</b>		M40	37	02:14:16	03:40:04	<b>04:42:59.85</b>	<b>04:43:17.35</b>	+01:52:41 (39.8%)	8:37	7 (60.9%)
125	<b>PADUCH Joanna</b>	<b>969</b>		K30	16	02:21:37	03:45:52	<b>04:43:18.90</b>	<b>04:43:47.50</b>	+01:53:12 (39.9%)	8:38	6.9 (60.0%)
126	<b>HYNEK Bogusław</b>	<b>890</b>	CSM	M40	38	02:14:00	03:47:35	<b>04:43:32.50</b>	<b>04:43:53.75</b>	+01:53:18 (39.9%)	8:38	6.9 (60.0%)
127	<b>PEC Arkadiusz</b>	<b>822</b>	NAPRZÓD MŁOCINY	M50	4	02:11:23	03:41:52	<b>04:43:51.25</b>	<b>04:44:12.95</b>	+01:53:37 (40.0%)	8:39	6.9 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko	Schronisko	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						na Przehybie 9km	pod Durbaszką 25km	netto 32.8km	brutto 32.8km			
128	<b>PURGAL Magdalena</b>	<b>852</b>	SŁOŃCA JURY	K40	9	02:09:22	03:37:25	<b>04:44:31.85</b>	<b>04:44:31.85</b>	+01:53:56 (40.0%)	8:40	6.9 (60.0%)
129	<b>KOROSTYŃSKI Damian</b>	<b>1007</b>		M40	39	02:08:56	03:40:13	<b>04:45:10.25</b>	<b>04:45:24.00</b>	+01:54:48 (40.2%)	8:41	6.9 (60.0%)
130	<b>JAŃCZUK Marcin</b>	<b>815</b>	NAPRZÓD MŁOCINY	M40	40	02:12:43	03:39:37	<b>04:45:06.35</b>	<b>04:45:30.25</b>	+01:54:54 (40.2%)	8:41	6.9 (60.0%)
131	<b>OSTROWSKI Paweł</b>	<b>942</b>	REHMEDICA.PL	M30	48	02:12:51	03:41:08	<b>04:46:23.10</b>	<b>04:46:32.05</b>	+01:55:56 (40.5%)	8:43	6.9 (60.0%)
132	<b>MARSZAŁEK Jerzy</b>	<b>1061</b>	KBKW	M30	49	02:10:31	03:41:59	<b>04:46:47.05</b>	<b>04:46:49.85</b>	+01:56:14 (40.5%)	8:44	6.9 (60.0%)
133	<b>BANASZEK Dominika</b>	<b>386</b>	BIEGUSIEM.PL	K40	10	02:20:55	03:47:38	<b>04:46:42.35</b>	<b>04:46:59.65</b>	+01:56:24 (40.6%)	8:44	6.9 (60.0%)
134	<b>WOJTKOWIAK Paweł</b>	<b>1033</b>	NSH SP. Z O.O.	M50	5	02:12:38	03:49:08	<b>04:47:03.35</b>	<b>04:47:43.60</b>	+01:57:08 (40.7%)	8:45	6.9 (60.0%)
135	<b>OLIŃSKI Paweł</b>	<b>1087</b>		M30	50	02:15:00	03:42:42	<b>04:47:29.80</b>	<b>04:47:53.35</b>	+01:57:17 (40.7%)	8:45	6.8 (59.1%)
136	<b>KRUPA Natalia</b>	<b>870</b>	CHSD W RUCHU	K30	17	02:19:19	03:45:37	<b>04:49:16.95</b>	<b>04:49:35.10</b>	+01:58:59 (41.1%)	8:49	6.8 (59.1%)
137	<b>BARCIK Witold</b>	<b>1135</b>	BIEGAM ŻEBY ŻREĆ WIECEJ CIASTKÓW	M40	41	02:11:27	03:46:51	<b>04:50:50.10</b>	<b>04:51:25.35</b>	+02:00:49 (41.5%)	8:52	6.8 (59.1%)
138	<b>SZCZYPIORSKA Monika</b>	<b>1069</b>		K30	18	02:17:48	03:49:15	<b>04:51:18.50</b>	<b>04:51:26.10</b>	+02:00:50 (41.5%)	8:52	6.8 (59.1%)
139	<b>NIGIEL Krystian</b>	<b>1013</b>	MIRAZ RACE TEAM	M40	42	02:21:04	03:48:56	<b>04:51:16.95</b>	<b>04:51:48.25</b>	+02:01:12 (41.5%)	8:52	6.8 (59.1%)
140	<b>WÓLKIEWICZ Dorota</b>	<b>1123</b>	KS STASZEWSCY	K50	2	02:21:48	03:51:00	<b>04:51:54.85</b>	<b>04:52:22.35</b>	+02:01:46 (41.7%)	8:53	6.7 (58.3%)
141	<b>MŁYŃSKA Danuta</b>	<b>1111</b>		K40	11	02:19:17	03:47:47	<b>04:52:26.00</b>	<b>04:52:46.50</b>	+02:02:11 (41.7%)	8:54	6.7 (58.3%)
142	<b>SALIŃSKI Bartosz</b>	<b>1021</b>	AUGUSTEAM/WKURW_TEAM	M30	51	02:09:08	03:42:50	<b>04:53:41.25</b>	<b>04:53:48.35</b>	+02:03:12 (41.9%)	8:57	6.7 (58.3%)
143	<b>STALOWSKI Paweł</b>	<b>1079</b>		M40	43	02:19:54	03:52:49	<b>04:53:17.10</b>	<b>04:53:54.15</b>	+02:03:18 (42.0%)	8:56	6.7 (58.3%)
144	<b>STALOWSKA Jolanta</b>	<b>1077</b>		K30	19	02:19:59	03:52:48	<b>04:53:16.65</b>	<b>04:53:54.25</b>	+02:03:18 (42.0%)	8:56	6.7 (58.3%)
145	<b>MATUKIN-SZUMLIŃSKA Aleksandra</b>	<b>885</b>		K40	12	02:20:44	03:53:29	<b>04:54:11.10</b>	<b>04:54:17.00</b>	+02:03:41 (42.0%)	8:58	6.7 (58.3%)
146	<b>ZIELIŃSKA-KOŁACZ Ewelina</b>	<b>1118</b>	WKURW_TEAM	K40	13	02:19:43	03:52:54	<b>04:54:17.30</b>	<b>04:54:17.30</b>	+02:03:41 (42.0%)	8:58	6.7 (58.3%)
147	<b>LITWINIUK Agnieszka</b>	<b>1071</b>		K30	20			<b>04:54:40.10</b>	<b>04:54:40.10</b>	+02:04:04 (42.1%)	8:59	6.7 (58.3%)
148	<b>CIECHAROWSKA Justyna</b>	<b>1053</b>	RUN DE GIRARD	K30	21	02:20:51	03:54:31	<b>04:56:23.35</b>	<b>04:56:43.60</b>	+02:06:08 (42.5%)	9:02	6.6 (57.4%)
149	<b>ZAPALSKA Aleksandra</b>	<b>992</b>	TATRA GANG	K20	3	02:21:27	03:53:55	<b>04:56:40.55</b>	<b>04:56:47.75</b>	+02:06:12 (42.5%)	9:02	6.6 (57.4%)
150	<b>ŁUKASZEK Iwona</b>	<b>1073</b>		K40	14	02:21:54	03:50:50	<b>04:56:40.50</b>	<b>04:57:09.55</b>	+02:06:34 (42.6%)	9:02	6.6 (57.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko	Schronisko	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						na Przehybie 9km	pod Durbaszką 25km	netto 32.8km	brutto 32.8km			
151	ZDAŃSKI Paweł	915		M30	52	02:20:57	03:51:44	<b>04:57:22.90</b>	<b>04:57:41.55</b>	+02:07:06 (42.7%)	9:03	6.6 (57.4%)
152	PIECZARKOWSKA-MRÓZ Zuzanna	1045	KKM KALORYFER	K30	22	02:19:56	03:54:19	<b>04:57:36.95</b>	<b>04:57:48.90</b>	+02:07:13 (42.7%)	9:04	6.6 (57.4%)
153	MRÓZ Bartłomiej	1044		M30	53	02:19:57	03:54:20	<b>04:57:38.85</b>	<b>04:57:51.35</b>	+02:07:15 (42.7%)	9:04	6.6 (57.4%)
154	SAINTEMARIE Bernard	1096		M60	1	02:15:07	03:49:07	<b>04:57:43.90</b>	<b>04:57:52.20</b>	+02:07:16 (42.7%)	9:04	6.6 (57.4%)
155	KRAJCZYŃSKI Jakub	950	PKO BANK POLSKI	M40	44	02:14:58	03:54:56	<b>04:59:09.85</b>	<b>04:59:19.95</b>	+02:08:44 (43.0%)	9:07	6.6 (57.4%)
156	POCHWAŁA Justyna	1012	NATALIA TOMASIAK GÓRSKI STYL TEAM	K40	15	02:21:47	03:54:50	<b>04:59:41.05</b>	<b>04:59:48.05</b>	+02:09:12 (43.1%)	9:08	6.6 (57.4%)
157	KARCZMARCZYK Tomasz	1720		M40	45	02:15:36	03:53:38	<b>04:59:49.45</b>	<b>05:00:17.00</b>	+02:09:41 (43.2%)	9:08	6.6 (57.4%)
158	TROJNARSKA Maria	820		K20	4	02:22:52		<b>05:01:45.00</b>	<b>05:01:45.00</b>	+02:11:09 (43.5%)	9:11	6.5 (56.5%)
159	ŁATWIŃSKI Mateusz	1083	MOCNA GRUPA CEZARA	M20	10	02:21:29	03:56:43	<b>05:01:33.85</b>	<b>05:01:53.10</b>	+02:11:17 (43.5%)	9:11	6.5 (56.5%)
160	KOZŁOWSKI Szymon	1036		M40	46	02:13:07	03:59:32	<b>05:02:04.60</b>	<b>05:02:19.55</b>	+02:11:44 (43.6%)	9:12	6.5 (56.5%)
161	BARAŃSKA Monika	1004		K50	3	02:26:33	03:57:04	<b>05:02:46.75</b>	<b>05:02:56.60</b>	+02:12:21 (43.7%)	9:13	6.5 (56.5%)
162	CZARNECKI Bartłomiej	1009	UWAGA NA DZIADA	M40	47	02:16:19	03:54:11	<b>05:03:20.85</b>	<b>05:03:47.15</b>	+02:13:11 (43.8%)	9:14	6.5 (56.5%)
163	CIEPIELA Andrzej	1025	LUBIĘ BURPEES'Y	M30	54	02:20:51	03:59:21	<b>05:05:03.35</b>	<b>05:05:09.80</b>	+02:14:34 (44.1%)	9:18	6.5 (56.5%)
164	OSIAL Mariusz	983	KB IM. PIOTRA SĘKOWSKIEGO	M40	48	02:15:53	03:54:29	<b>05:05:23.45</b>	<b>05:05:46.80</b>	+02:15:11 (44.2%)	9:18	6.4 (55.7%)
165	ZDEB Piotr	923	AHOJ PRZYGODO LUBLIN	M40	49	02:19:58	03:58:50	<b>05:05:26.60</b>	<b>05:05:58.90</b>	+02:15:23 (44.2%)	9:18	6.4 (55.7%)
166	GAWLINA Lesław	2395	ADS MASNA	M50	6	02:23:25	03:57:28	<b>05:05:52.00</b>	<b>05:06:15.00</b>	+02:15:39 (44.3%)	9:19	6.4 (55.7%)
167	PETRYNA Paweł	1032	MOVIEBEATS	M30	55	02:19:28	04:04:00	<b>05:05:54.60</b>	<b>05:06:19.15</b>	+02:15:43 (44.3%)	9:19	6.4 (55.7%)
168	MALINOWSKI Robert	933		M40	50	02:14:57	03:58:51	<b>05:06:17.90</b>	<b>05:06:28.00</b>	+02:15:52 (44.3%)	9:20	6.4 (55.7%)
169	DUTKIEWICZ Leszek	911		M30	56	02:24:45	03:56:20	<b>05:06:34.45</b>	<b>05:07:07.25</b>	+02:16:31 (44.5%)	9:20	6.4 (55.7%)
170	PAWELCZYK Krzysztof	1084	TNSCON	M40	51	02:17:26	03:58:51	<b>05:07:26.50</b>	<b>05:07:48.65</b>	+02:17:13 (44.6%)	9:22	6.4 (55.7%)
171	SKOCZEK Tomasz	1085		M40	52	02:21:13	03:58:51	<b>05:07:32.75</b>	<b>05:07:55.50</b>	+02:17:20 (44.6%)	9:22	6.4 (55.7%)
172	MACIEJEWSKA Karolina	879		K40	16	02:26:04	03:57:11	<b>05:07:36.30</b>	<b>05:08:09.75</b>	+02:17:34 (44.6%)	9:22	6.4 (55.7%)
173	LUBAŃSKA Alicja	867	ZS BUKOWICE	K50	4	02:22:57	03:59:56	<b>05:08:30.85</b>	<b>05:08:38.90</b>	+02:18:03 (44.7%)	9:24	6.4 (55.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko						
						Schronisko na Przehybie 9km	Schronisko pod Durbaszką 25km	Czas netto 32.8km	Czas brutto 32.8km	Różn	Tempo min/km	Tempo km/h
174	<b>JANOSIKOVA Maria</b>	<b>848</b>	PIRANHA	K40	17	02:22:14	03:57:29	<b>05:08:47.70</b>	<b>05:08:55.10</b>	+02:18:19 (44.8%)	9:24	6.4 (55.7%)
175	<b>MILCZAREK Kinga</b>	<b>989</b>		K30	23	02:23:38	03:58:27	<b>05:08:41.70</b>	<b>05:09:11.80</b>	+02:18:36 (44.8%)	9:24	6.4 (55.7%)
176	<b>PIETRZAK Maciej</b>	<b>2216</b>		M40	53	02:14:47	04:00:17	<b>05:11:07.85</b>	<b>05:11:33.65</b>	+02:20:58 (45.2%)	9:29	6.3 (54.8%)
177	<b>ROGÓZ Michał</b>	<b>875</b>	TĘTNO PULSU	M30	57	02:19:59	04:04:11	<b>05:11:34.95</b>	<b>05:12:03.45</b>	+02:21:28 (45.3%)	9:29	6.3 (54.8%)
178	<b>WINIECKI Tomasz</b>	<b>1139</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M40	54	02:27:00	04:06:42	<b>05:12:07.35</b>	<b>05:12:24.50</b>	+02:21:49 (45.4%)	9:30	6.3 (54.8%)
178	<b>WINIECKA Ewa</b>	<b>816</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	K40	18	02:27:01	04:06:41	<b>05:12:06.65</b>	<b>05:12:24.50</b>	+02:21:49 (45.4%)	9:30	6.3 (54.8%)
180	<b>KOWALCZYK Magda</b>	<b>1080</b>	WARRIORS ŁÓDŹ	K30	24	02:27:06	04:10:29	<b>05:12:30.90</b>	<b>05:12:40.05</b>	+02:22:04 (45.4%)	9:31	6.3 (54.8%)
181	<b>KOCIOŁEK Andrzej</b>	<b>1155</b>		M50	7	02:20:57	04:07:16	<b>05:12:28.60</b>	<b>05:13:04.85</b>	+02:22:29 (45.5%)	9:31	6.3 (54.8%)
182	<b>OGORZAŁEK Mateusz</b>	<b>1016</b>	REDLINETEAM	M30	58	02:24:58	04:01:53	<b>05:13:06.70</b>	<b>05:13:15.55</b>	+02:22:40 (45.5%)	9:32	6.3 (54.8%)
183	<b>DĄBROWSKI Artur</b>	<b>1668</b>		M30	59	02:29:32	04:09:28	<b>05:13:48.35</b>	<b>05:14:05.30</b>	+02:23:29 (45.7%)	9:34	6.3 (54.8%)
184	<b>DOBEK Halina</b>	<b>840</b>	GORLICKA GRUPA BIEGOWA	K40	19	02:29:19	04:08:31	<b>05:14:24.35</b>	<b>05:14:30.50</b>	+02:23:55 (45.8%)	9:35	6.3 (54.8%)
185	<b>TENDAJ Daniel</b>	<b>804</b>		M50	8	02:30:52	04:07:51	<b>05:14:30.95</b>	<b>05:15:07.15</b>	+02:24:31 (45.9%)	9:35	6.3 (54.8%)
186	<b>RUDZIARCZYK Karolina</b>	<b>862</b>	FUCHS OIL TEAM	K20	5	02:29:02	04:07:54	<b>05:14:53.85</b>	<b>05:15:10.25</b>	+02:24:34 (45.9%)	9:36	6.2 (53.9%)
187	<b>JAGODA Mateusz</b>	<b>865</b>	FUCHS OIL TEAM	M20	11	02:28:58	04:07:54	<b>05:14:53.75</b>	<b>05:15:10.30</b>	+02:24:34 (45.9%)	9:36	6.2 (53.9%)
188	<b>RAFAŁ Bartłomiej</b>	<b>1017</b>		M30	60	02:13:21	03:53:51	<b>05:15:21.85</b>	<b>05:15:39.65</b>	+02:25:04 (46.0%)	9:36	6.2 (53.9%)
189	<b>ŻELIŃSKI Marek</b>	<b>946</b>		M50	9	02:22:15	04:05:10	<b>05:15:59.25</b>	<b>05:16:12.25</b>	+02:25:36 (46.1%)	9:38	6.2 (53.9%)
190	<b>BANDOSZ Bartek</b>	<b>2776</b>	BKKS ŁAWECZKA WILANÓW	M40	55	02:28:36	04:08:05	<b>05:15:58.40</b>	<b>05:16:17.05</b>	+02:25:41 (46.1%)	9:37	6.2 (53.9%)
191	<b>PIECZARA Agnieszka</b>	<b>873</b>	JAWORZNO RUNNERS	K40	20	02:22:31	04:05:22	<b>05:17:09.10</b>	<b>05:17:13.75</b>	+02:26:38 (46.2%)	9:40	6.2 (53.9%)
192	<b>RYCHTARCZYK Marta</b>	<b>818</b>		K30	25	02:23:15	04:03:05	<b>05:17:32.15</b>	<b>05:17:42.35</b>	+02:27:06 (46.3%)	9:40	6.2 (53.9%)
193	<b>IZDEBSKA Anna</b>	<b>814</b>	BIEGAJĄCE NIEDŹWIEDZIE	K20	6	02:29:53	04:13:36	<b>05:17:21.45</b>	<b>05:17:44.05</b>	+02:27:08 (46.3%)	9:40	6.2 (53.9%)
194	<b>RUDAWSKA Karolina</b>	<b>841</b>		K30	26	02:29:53	04:13:37	<b>05:18:02.80</b>	<b>05:18:24.85</b>	+02:27:49 (46.4%)	9:41	6.2 (53.9%)
195	<b>ZIÓŁEK Karolina</b>	<b>855</b>	HUSARIA RACE TEAM	K30	27	02:31:43	04:09:29	<b>05:18:47.95</b>	<b>05:19:04.35</b>	+02:28:28 (46.5%)	9:43	6.2 (53.9%)
196	<b>BRONOWSKA-WODYŃSKA Magdalena</b>	<b>1003</b>		K40	21	02:24:17	04:18:42	<b>05:21:30.35</b>	<b>05:21:44.60</b>	+02:31:09 (47.0%)	9:48	6.1 (53.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko	Schronisko	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						na Przehybie 9km	pod Durbaszką 25km	netto 32.8km	brutto 32.8km			
197	<b>WOJTYŁA Paweł</b>	<b>834</b>	AKS POLONIA WARSZAWA	M30	61	02:27:13	04:10:06	<b>05:21:37.40</b>	<b>05:22:12.65</b>	+02:31:37 (47.1%)	9:48	6.1 (53.0%)
198	<b>FILUT Tomasz</b>	<b>906</b>		M40	56	02:30:31	04:16:22	<b>05:23:34.10</b>	<b>05:24:02.30</b>	+02:33:26 (47.4%)	9:51	6.1 (53.0%)
199	<b>SZYMAŃSKI Mariusz</b>	<b>1109</b>		M30	62	02:25:25	04:13:16	<b>05:25:22.00</b>	<b>05:25:44.45</b>	+02:35:09 (47.6%)	9:55	6 (52.2%)
200	<b>WOJDAT Katarzyna</b>	<b>1694</b>		K30	28	02:33:02	04:15:43	<b>05:26:42.95</b>	<b>05:27:04.65</b>	+02:36:29 (47.8%)	9:57	6 (52.2%)
201	<b>POTACZEK Wojciech</b>	<b>826</b>		M40	57	02:31:27	04:15:27	<b>05:26:48.80</b>	<b>05:27:24.40</b>	+02:36:48 (47.9%)	9:57	6 (52.2%)
202	<b>LESZCZYŃSKI Bartłomiej</b>	<b>1916</b>	LASY WAWERSKIE	M30	63	02:20:19	04:08:15	<b>05:28:13.60</b>	<b>05:28:34.40</b>	+02:37:58 (48.1%)	10:00	6 (52.2%)
203	<b>ZDUNIAK Marcin</b>	<b>830</b>	BIEGAM NA TARCHOMINIE	M40	58	02:27:54	04:17:06	<b>05:28:24.15</b>	<b>05:29:04.25</b>	+02:38:28 (48.2%)	10:00	6 (52.2%)
204	<b>ROCZNIK Grzegorz</b>	<b>1917</b>	FIZJOAKTIVA/BBL KRAKÓW	M40	59	02:34:02	04:20:30	<b>05:29:36.85</b>	<b>05:30:04.35</b>	+02:39:28 (48.3%)	10:02	6 (52.2%)
205	<b>BIENIAS Joanna</b>	<b>888</b>	MIĘDZYRZECKIE GAZELE	K40	22	02:37:11	04:25:45	<b>05:30:22.25</b>	<b>05:30:37.65</b>	+02:40:02 (48.4%)	10:04	6 (52.2%)
206	<b>POLAKÓW Sławomir</b>	<b>1153</b>	Z GÓRKI I POD GÓRKĘ	M40	60	02:29:17	04:14:04	<b>05:30:24.00</b>	<b>05:30:44.65</b>	+02:40:09 (48.4%)	10:04	6 (52.2%)
207	<b>DUCH Aleksandra</b>	<b>991</b>		K20	7	02:36:12	04:17:20	<b>05:30:40.65</b>	<b>05:30:48.45</b>	+02:40:13 (48.4%)	10:04	6 (52.2%)
208	<b>MATYJASZCZYK Barbara</b>	<b>809</b>	ŁĘCZNA BIEGA	K30	29	02:29:27	04:25:04	<b>05:30:57.85</b>	<b>05:31:07.30</b>	+02:40:31 (48.5%)	10:05	5.9 (51.3%)
209	<b>SPISS Maria</b>	<b>974</b>		K40	23	02:41:04	04:22:11	<b>05:30:35.40</b>	<b>05:31:07.85</b>	+02:40:32 (48.5%)	10:04	6 (52.2%)
210	<b>WIECZOREK Piotr</b>	<b>1125</b>	CZYSTA AMATORKA	M40	61	02:29:12	04:14:34	<b>05:30:45.65</b>	<b>05:31:17.00</b>	+02:40:41 (48.5%)	10:05	6 (52.2%)
211	<b>UHRIN Stanislav</b>	<b>842</b>	PREŠOV TRAIL RUN SVK	M40	62	02:27:45	04:11:43	<b>05:31:00.60</b>	<b>05:31:21.15</b>	+02:40:45 (48.5%)	10:05	5.9 (51.3%)
212	<b>MASZKOWSKA Anna</b>	<b>847</b>		K40	24	02:35:37	04:21:46	<b>05:31:36.75</b>	<b>05:32:07.20</b>	+02:41:31 (48.6%)	10:06	5.9 (51.3%)
213	<b>BACZA Agnieszka</b>	<b>897</b>	ŁĘCZNA BIEGA	K30	30	02:39:24	04:25:03	<b>05:33:13.70</b>	<b>05:33:24.55</b>	+02:42:49 (48.8%)	10:09	5.9 (51.3%)
214	<b>JAŚKOWIEC Michał</b>	<b>833</b>		M20	12	02:29:24	04:19:45	<b>05:33:02.60</b>	<b>05:33:26.05</b>	+02:42:50 (48.8%)	10:09	5.9 (51.3%)
215	<b>KUBIAK Józef</b>	<b>910</b>	ORLEN RUNNING TEAM	M60	2	02:30:50	04:15:32	<b>05:33:04.90</b>	<b>05:33:33.85</b>	+02:42:58 (48.9%)	10:09	5.9 (51.3%)
216	<b>KUCHNO Tadeusz</b>	<b>1151</b>	KW KRAKÓW	M50	10	02:34:18	04:20:35	<b>05:33:02.75</b>	<b>05:33:41.10</b>	+02:43:05 (48.9%)	10:09	5.9 (51.3%)
217	<b>GÓRSKA Alicja</b>	<b>872</b>		K40	25	02:29:27	04:25:06	<b>05:34:20.55</b>	<b>05:34:30.80</b>	+02:43:55 (49.0%)	10:11	5.9 (51.3%)
218	<b>WÓJCICKA Agnieszka</b>	<b>819</b>	ŁĘCZNA BIEGA	K40	26	02:29:27	04:25:03	<b>05:34:21.60</b>	<b>05:34:30.85</b>	+02:43:55 (49.0%)	10:11	5.9 (51.3%)
219	<b>KOŁODZIEJCZYK Marta</b>	<b>806</b>	ŁĘCZNA BIEGA	K40	27	02:29:28	04:25:03	<b>05:34:22.10</b>	<b>05:34:30.95</b>	+02:43:55 (49.0%)	10:11	5.9 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko	Schronisko	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						na Przehybie 9km	pod Durbaszką 25km	netto 32.8km	brutto 32.8km			
220	<b>FILIPOWSKA Teresa</b>	<b>1120</b>	RAK'N'ROLL	OPEN Kobiety	1	02:27:31	04:22:08	<b>05:34:51.95</b>	<b>05:34:58.95</b>	+02:44:23 (49.1%)	10:12	5.9 (51.3%)
221	<b>PIETRUS Maciek</b>	<b>1112</b>		M40	63	02:29:11	04:20:18	<b>05:35:10.90</b>	<b>05:35:41.80</b>	+02:45:06 (49.2%)	10:13	5.9 (51.3%)
222	<b>SIEDLACZEK Zbigniew</b>	<b>1055</b>	SKLEP BIEGACZA LUBLIN TEAM	M60	3	02:37:13	04:21:47	<b>05:36:17.55</b>	<b>05:36:48.10</b>	+02:46:12 (49.3%)	10:15	5.9 (51.3%)
223	<b>WOŹNIAKOWSKA Małgorzata</b>	<b>1035</b>		K20	8	02:34:29	04:20:09	<b>05:37:18.20</b>	<b>05:37:50.75</b>	+02:47:15 (49.5%)	10:17	5.8 (50.4%)
224	<b>WARA-WĄSOWSKI Maciej</b>	<b>1057</b>	SZAKALE BAŁUT	M50	11	02:29:16	04:23:20	<b>05:37:49.15</b>	<b>05:38:03.90</b>	+02:47:28 (49.5%)	10:17	5.8 (50.4%)
225	<b>KAŁUZIŃSKI Dominik</b>	<b>1117</b>	ZABIEGANY WOŁOMIN	M30	64	02:34:55	04:31:58	<b>05:37:52.75</b>	<b>05:38:17.80</b>	+02:47:42 (49.6%)	10:18	5.8 (50.4%)
226	<b>MASZKOWSKI Rafał</b>	<b>845</b>		M40	64	02:35:45	04:21:48	<b>05:38:34.00</b>	<b>05:39:03.85</b>	+02:48:28 (49.7%)	10:19	5.8 (50.4%)
227	<b>SZLACHCIC Tomasz</b>	<b>832</b>	TĘTNO PULSU	M30	65	02:32:51	04:25:07	<b>05:38:53.35</b>	<b>05:39:23.40</b>	+02:48:47 (49.7%)	10:19	5.8 (50.4%)
228	<b>WÓJCIK Bernard</b>	<b>882</b>	TĘTNO PULSU	M30	66	02:29:37	04:25:31	<b>05:38:57.65</b>	<b>05:39:27.50</b>	+02:48:52 (49.7%)	10:20	5.8 (50.4%)
229	<b>CZAJKA Piotr</b>	<b>986</b>	CZAJKI	M50	12	02:34:27	04:19:17	<b>05:39:03.35</b>	<b>05:39:38.35</b>	+02:49:02 (49.8%)	10:20	5.8 (50.4%)
230	<b>SZALEWICZ Ewa</b>	<b>887</b>	ŁOMIANKOWSKA GRUPA BIEGOWA	K40	28	02:35:26	04:27:13	<b>05:39:34.90</b>	<b>05:39:43.25</b>	+02:49:07 (49.8%)	10:21	5.8 (50.4%)
231	<b>ZAKRZEWSKI Jarosław</b>	<b>1147</b>	AUTOKAJKI SP Z O.O	M40	65	02:29:08	04:26:39	<b>05:39:55.00</b>	<b>05:40:07.85</b>	+02:49:32 (49.8%)	10:21	5.8 (50.4%)
232	<b>PELCZAR Paweł</b>	<b>1131</b>		M40	66	02:31:56	04:28:16	<b>05:40:28.45</b>	<b>05:41:02.80</b>	+02:50:27 (50.0%)	10:22	5.8 (50.4%)
233	<b>TOMASZEWSKI Krzysztof</b>	<b>1063</b>	SPC	M40	67	02:49:12	04:32:04	<b>05:42:02.20</b>	<b>05:42:17.30</b>	+02:51:41 (50.2%)	10:25	5.8 (50.4%)
234	<b>SALSKI Jarosław</b>	<b>877</b>	WRONIECKI KLUB BIEGACZA	M30	67	02:31:05	04:19:28	<b>05:42:25.15</b>	<b>05:42:46.35</b>	+02:52:10 (50.2%)	10:26	5.7 (49.6%)
235	<b>KALINOWSKI Marek</b>	<b>984</b>		M40	68	02:33:00	04:24:57	<b>05:44:17.95</b>	<b>05:44:49.15</b>	+02:54:13 (50.5%)	10:29	5.7 (49.6%)
236	<b>PARCZEWSKA Marta</b>	<b>1059</b>		K40	29	02:41:22	04:33:46	<b>05:44:38.15</b>	<b>05:45:15.15</b>	+02:54:39 (50.6%)	10:30	5.7 (49.6%)
237	<b>PREDEŃKOWSKI Jarek</b>	<b>954</b>		M40	69	02:32:50	04:30:53	<b>05:45:25.45</b>	<b>05:45:39.40</b>	+02:55:03 (50.6%)	10:31	5.7 (49.6%)
238	<b>DOMALEWSKA Monika</b>	<b>1039</b>	RUNMONIARUN	K40	30	02:34:46	04:30:53	<b>05:45:26.30</b>	<b>05:45:40.35</b>	+02:55:04 (50.6%)	10:31	5.7 (49.6%)
239	<b>GRZEJDAK Igor</b>	<b>943</b>	NAPRZÓD MŁOCINY	M40	70	02:27:16	04:26:21	<b>05:46:12.50</b>	<b>05:46:36.25</b>	+02:56:00 (50.8%)	10:33	5.7 (49.6%)
240	<b>CZACHOWSKI Michał</b>	<b>1011</b>		M50	13	02:46:50	04:42:14	<b>05:46:22.80</b>	<b>05:47:34.65</b>	+02:56:59 (50.9%)	10:33	5.7 (49.6%)
241	<b>WACHOWIAK Anna</b>	<b>861</b>		K30	31	02:47:15	04:35:44	<b>05:47:34.00</b>	<b>05:47:44.80</b>	+02:57:09 (50.9%)	10:35	5.7 (49.6%)
242	<b>KUŁAKOWSKI Piotr</b>	<b>970</b>	CZLAPACZE	M60	4	02:41:09	04:32:15	<b>05:47:12.50</b>	<b>05:47:50.00</b>	+02:57:14 (51.0%)	10:35	5.7 (49.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko	Schronisko	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						na Przehybie 9km	pod Durbaszka 25km	netto 32.8km	brutto 32.8km			
243	<b>POJNAR Karol</b>	<b>1006</b>	BIEGUSIEM. PL	M20	13	02:41:32	04:27:14	<b>05:47:44.10</b>	<b>05:48:07.55</b>	+02:57:32 (51.0%)	10:36	5.7 (49.6%)
244	<b>SOBOLEWSKI Bartłomiej</b>	<b>1067</b>	B - POJEKT	M60	5	02:39:13	04:33:08	<b>05:48:31.05</b>	<b>05:48:54.65</b>	+02:58:19 (51.1%)	10:37	5.6 (48.7%)
245	<b>KLAJA Adrian</b>	<b>964</b>		M30	68	02:16:03	04:12:13	<b>05:49:06.25</b>	<b>05:49:10.20</b>	+02:58:34 (51.1%)	10:38	5.6 (48.7%)
246	<b>HRONOWSKI Kamil</b>	<b>961</b>		M20	14	02:25:33	04:23:12	<b>05:49:13.10</b>	<b>05:49:21.35</b>	+02:58:45 (51.2%)	10:38	5.6 (48.7%)
247	<b>HRONOWSKI Piotr</b>	<b>960</b>	KITOWCY	M20	15	02:25:32	04:23:14	<b>05:49:14.05</b>	<b>05:49:21.70</b>	+02:58:46 (51.2%)	10:38	5.6 (48.7%)
248	<b>KĘPKA-WAROWNA Weronika</b>	<b>913</b>	BIEGUSIEM.PL	K40	31	02:41:30	04:31:12	<b>05:51:15.05</b>	<b>05:51:35.55</b>	+03:01:00 (51.5%)	10:42	5.6 (48.7%)
249	<b>ŻACZEK Anna</b>	<b>918</b>	BIEGUSIEM.PL	K50	5	02:41:30	04:31:13	<b>05:51:15.60</b>	<b>05:51:35.75</b>	+03:01:00 (51.5%)	10:42	5.6 (48.7%)
250	<b>HANGIEL Urszula</b>	<b>2789</b>		K30	32	02:46:47	04:40:51	<b>05:52:00.10</b>	<b>05:53:13.45</b>	+03:02:38 (51.7%)	10:43	5.6 (48.7%)
251	<b>ŚMIETANKA Adam</b>	<b>1108</b>		M20	16	02:27:04	04:18:50	<b>05:53:03.80</b>	<b>05:53:49.15</b>	+03:03:13 (51.8%)	10:45	5.6 (48.7%)
252	<b>SIKORSKA Agnieszka</b>	<b>1134</b>		K30	33	02:42:28	04:32:15	<b>05:53:13.35</b>	<b>05:53:50.55</b>	+03:03:15 (51.8%)	10:46	5.6 (48.7%)
253	<b>CHOMA Grażyna</b>	<b>955</b>	PĘDZAĆELENIWCE	K40	32	02:36:56	04:29:01	<b>05:54:28.20</b>	<b>05:55:00.90</b>	+03:04:25 (51.9%)	10:48	5.6 (48.7%)
254	<b>SZELAĞ Piotr</b>	<b>1490</b>	TURBO JEŻE TEAM	M40	71	02:33:12	04:43:27	<b>05:56:03.90</b>	<b>05:56:31.80</b>	+03:05:56 (52.2%)	10:51	5.5 (47.8%)
255	<b>SCIUBA Kamil</b>	<b>1074</b>		M30	69	02:33:31	04:49:07	<b>05:56:12.75</b>	<b>05:56:55.25</b>	+03:06:19 (52.2%)	10:51	5.5 (47.8%)
256	<b>KACZYŃSKI Marcin</b>	<b>1724</b>	NEXERIANIE	M40	72	02:33:18	04:43:29	<b>05:57:17.70</b>	<b>05:57:45.35</b>	+03:07:09 (52.3%)	10:53	5.5 (47.8%)
257	<b>CZAPLIŃSKI Michał</b>	<b>1106</b>		M40	73	02:43:46	04:36:08	<b>05:58:18.35</b>	<b>05:58:52.35</b>	+03:08:16 (52.5%)	10:55	5.5 (47.8%)
258	<b>CZAPLIŃSKA Wioletta</b>	<b>1107</b>		K40	33	02:43:49	04:36:09	<b>05:58:19.20</b>	<b>05:58:52.55</b>	+03:08:17 (52.5%)	10:55	5.5 (47.8%)
259	<b>JAGIEŁO-KOLAWA Katarzyna</b>	<b>811</b>	MATNER RUNNING TEAM	K40	34	02:45:15	04:44:36	<b>05:59:07.90</b>	<b>05:59:23.60</b>	+03:08:48 (52.5%)	10:56	5.5 (47.8%)
260	<b>SOŁDYGA Jolanta</b>	<b>1018</b>	SKOWRONEKBIEGA	K40	35	02:36:36	04:29:11	<b>05:59:35.80</b>	<b>06:00:04.65</b>	+03:09:29 (52.6%)	10:57	5.5 (47.8%)
260	<b>SOŁDYGA Paweł</b>	<b>1027</b>	SKOWRONEKBIEGA	M40	74	02:36:37	04:29:10	<b>05:59:35.60</b>	<b>06:00:04.65</b>	+03:09:29 (52.6%)	10:57	5.5 (47.8%)
262	<b>KUTYŁA Stanisław</b>	<b>1102</b>	ORANGE POLSKA	M50	14	02:49:36	04:52:51	<b>06:00:04.90</b>	<b>06:00:20.80</b>	+03:09:45 (52.7%)	10:58	5.5 (47.8%)
263	<b>KANIA Aleksandra</b>	<b>854</b>		K40	36	02:53:07	04:49:57	<b>06:00:38.75</b>	<b>06:01:05.50</b>	+03:10:30 (52.8%)	10:59	5.5 (47.8%)
264	<b>CZECH Bożena</b>	<b>860</b>	OCHAJORUN&FRIENDS	K40	37	02:40:59	04:46:44	<b>06:00:50.35</b>	<b>06:01:10.65</b>	+03:10:35 (52.8%)	11:00	5.5 (47.8%)
265	<b>CZECH Marcin</b>	<b>859</b>	OCHAJORUN&FRIENDS	M40	75	02:40:59	04:46:41	<b>06:00:50.00</b>	<b>06:01:10.90</b>	+03:10:35 (52.8%)	11:00	5.5 (47.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko	Schronisko	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						na Przehybie 9km	pod Durbaszką 25km	netto 32.8km	brutto 32.8km			
266	<b>MARCINKIEWICZ Marta</b>	<b>817</b>	-	K50	6	02:33:56	04:43:45	<b>06:01:41.80</b>	<b>06:01:59.85</b>	+03:11:24 (52.9%)	11:01	5.4 (47.0%)
267	<b>BARTOSZEWICZ Beata</b>	<b>1152</b>		K30	34	02:34:05	04:43:51	<b>06:01:56.50</b>	<b>06:02:08.30</b>	+03:11:32 (52.9%)	11:02	5.4 (47.0%)
268	<b>WRÓBEL Barbara</b>	<b>902</b>	BIEGAJĄCY ŚWIDNIK	K40	38	02:34:48	04:48:49	<b>06:02:20.80</b>	<b>06:02:54.65</b>	+03:12:19 (53.0%)	11:02	5.4 (47.0%)
269	<b>CZUCHRYTA Iwona</b>	<b>901</b>		K40	39	02:34:50	04:48:49	<b>06:02:21.25</b>	<b>06:02:54.70</b>	+03:12:19 (53.0%)	11:02	5.4 (47.0%)
270	<b>KOĆ Marcin</b>	<b>836</b>		M40	76	02:31:08	04:33:43	<b>06:02:56.70</b>	<b>06:03:22.40</b>	+03:12:46 (53.1%)	11:03	5.4 (47.0%)
271	<b>WYSOCKI Tomasz</b>	<b>1119</b>	OCHAJORUB&FRIENDS	M50	15	02:41:02	04:46:44	<b>06:03:30.80</b>	<b>06:03:46.50</b>	+03:13:11 (53.1%)	11:04	5.4 (47.0%)
272	<b>HAMERSKA Dominika</b>	<b>262</b>		K40	40	02:42:06	04:45:32	<b>06:06:43.35</b>	<b>06:06:46.20</b>	+03:16:10 (53.5%)	11:10	5.4 (47.0%)
273	<b>WIERCHOŁA Joanna</b>	<b>1002</b>		K60	1	02:48:10	04:45:52	<b>06:06:23.70</b>	<b>06:06:52.80</b>	+03:16:17 (53.5%)	11:10	5.4 (47.0%)
274	<b>POŁEĆ Grzegorz</b>	<b>1031</b>		M60	6	02:40:49	04:46:20	<b>06:07:08.65</b>	<b>06:07:40.75</b>	+03:17:05 (53.6%)	11:11	5.4 (47.0%)
275	<b>TUCHOWSKA Anna</b>	<b>904</b>	LISKI	K30	35	02:53:02	04:56:37	<b>06:09:04.20</b>	<b>06:09:29.45</b>	+03:18:54 (53.8%)	11:15	5.3 (46.1%)
276	<b>STĘPIEŃ Piotr</b>	<b>1142</b>		M30	70	02:52:28	04:46:15	<b>06:09:01.10</b>	<b>06:09:34.25</b>	+03:18:58 (53.8%)	11:15	5.3 (46.1%)
277	<b>KATARZYNA Sokołowska Katarzyna</b>	<b>884</b>		K40	41	02:46:14	04:47:28	<b>06:09:36.25</b>	<b>06:10:06.95</b>	+03:19:31 (53.9%)	11:16	5.3 (46.1%)
278	<b>SZCZEPKOWSKI Robert</b>	<b>1015</b>		M40	77	02:41:20	04:52:47	<b>06:11:25.45</b>	<b>06:12:11.60</b>	+03:21:36 (54.2%)	11:19	5.3 (46.1%)
279	<b>DZIEWULSKA Henryka</b>	<b>891</b>	ROZBIEGANY PIASTÓW	K50	7	02:45:21	04:47:33	<b>06:12:30.35</b>	<b>06:13:04.95</b>	+03:22:29 (54.3%)	11:21	5.3 (46.1%)
280	<b>WROŃSKA Magdalena</b>	<b>876</b>	BIEGNIJ Z PROSERVICE	K30	36	02:46:07	04:47:38	<b>06:12:31.30</b>	<b>06:13:05.05</b>	+03:22:29 (54.3%)	11:21	5.3 (46.1%)
281	<b>NOWACKA Magda</b>	<b>881</b>	ROZBIEGANY PIASTOW	K50	8	02:46:06	04:46:57	<b>06:12:29.85</b>	<b>06:13:05.20</b>	+03:22:29 (54.3%)	11:21	5.3 (46.1%)
281	<b>BAK Magdalena</b>	<b>907</b>	ROZBIEGANY PIASTÓW	K40	42	02:46:07	04:47:31	<b>06:12:30.65</b>	<b>06:13:05.20</b>	+03:22:29 (54.3%)	11:21	5.3 (46.1%)
283	<b>GNIADEK Łukasz</b>	<b>1124</b>	BRAVEHEARTS LEGIONOWO	M40	78	02:41:20	04:32:26	<b>06:13:12.20</b>	<b>06:13:40.20</b>	+03:23:04 (54.3%)	11:22	5.3 (46.1%)
284	<b>CHUDZIK Dorota</b>	<b>940</b>	ŁOMIANKOWSKA GRUPA BIEGOWA	K40	43	02:45:17	04:56:23	<b>06:14:06.50</b>	<b>06:14:17.85</b>	+03:23:42 (54.4%)	11:24	5.3 (46.1%)
285	<b>ZALESKA Aneta</b>	<b>883</b>	ŁOMIANKOWSKA GRUPA BIEGOWA	K40	44	02:48:06	04:56:26	<b>06:14:12.85</b>	<b>06:14:18.15</b>	+03:23:42 (54.4%)	11:24	5.3 (46.1%)
286	<b>TARGOSZ Justyna</b>	<b>916</b>	TONIEMY	K30	37	02:30:54	04:47:36	<b>06:15:23.75</b>	<b>06:15:30.60</b>	+03:24:55 (54.6%)	11:26	5.2 (45.2%)
287	<b>KUŚ Michał</b>	<b>1072</b>	LUBIĘ BURPEES'Y	M30	71	02:40:21	04:47:49	<b>06:15:24.90</b>	<b>06:15:30.80</b>	+03:24:55 (54.6%)	11:26	5.2 (45.2%)
288	<b>WIERTELORZ Paweł</b>	<b>948</b>		M40	79	02:39:39	04:47:34	<b>06:15:24.15</b>	<b>06:15:31.50</b>	+03:24:56 (54.6%)	11:26	5.2 (45.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko	Schronisko	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						na Przehybie 9km	pod Durbaszka 25km	netto 32.8km	brutto 32.8km			
289	<b>HAWLENA Marcin</b>	<b>1024</b>	LUBIĘ BURPEES'Y	M50	16	02:40:19	04:47:45	<b>06:15:24.60</b>	<b>06:15:31.90</b>	+03:24:56 (54.6%)	11:26	5.2 (45.2%)
290	<b>ŁOKAS Andrzej</b>	<b>1037</b>		M50	17	03:01:12	04:59:06	<b>06:17:35.60</b>	<b>06:18:11.80</b>	+03:27:36 (54.9%)	11:30	5.2 (45.2%)
291	<b>WILK Magdalena</b>	<b>2398</b>	ULTRAPOŚLADACH/ TEAM ZABIEGANEDNI	K40	45	02:35:45	04:55:43	<b>06:17:54.80</b>	<b>06:18:12.60</b>	+03:27:37 (54.9%)	11:31	5.2 (45.2%)
292	<b>SOŁTYS Teresa</b>	<b>1091</b>	WKURW_TEAM	K30	38	02:49:15	04:51:19	<b>06:17:48.35</b>	<b>06:18:14.50</b>	+03:27:39 (54.9%)	11:31	5.2 (45.2%)
293	<b>BASAK Justyna</b>	<b>1090</b>	WKURW_TEAM	K30	39	02:49:16	04:51:20	<b>06:17:48.60</b>	<b>06:18:14.65</b>	+03:27:39 (54.9%)	11:31	5.2 (45.2%)
294	<b>SULIGA Wioletta</b>	<b>1041</b>	AUGUSTEAM	K40	46	03:01:33	05:01:46	<b>06:18:29.45</b>	<b>06:18:39.70</b>	+03:28:04 (54.9%)	11:32	5.2 (45.2%)
295	<b>WARDZIŃSKI Paweł</b>	<b>1148</b>	RUN AND GUN	M40	80	02:52:59	04:53:23	<b>06:18:23.90</b>	<b>06:18:50.25</b>	+03:28:14 (55.0%)	11:32	5.2 (45.2%)
296	<b>CHAJDYS Maciej</b>	<b>1042</b>	SKOSZEWEY RUNNERS	M40	81	02:48:19	04:56:51	<b>06:19:44.90</b>	<b>06:20:02.70</b>	+03:29:27 (55.1%)	11:34	5.2 (45.2%)
296	<b>CHAJDYS Monika</b>	<b>1043</b>	BIEGAM Z TRUVANT	K40	47	02:48:26	04:56:49	<b>06:19:44.70</b>	<b>06:20:02.70</b>	+03:29:27 (55.1%)	11:34	5.2 (45.2%)
298	<b>LATAŁA Wojciech</b>	<b>856</b>	LEŚNE GRUBASY	M40	82	02:56:45	04:57:23	<b>06:19:51.70</b>	<b>06:20:26.70</b>	+03:29:51 (55.2%)	11:34	5.2 (45.2%)
299	<b>CIBORSKA Agnieszka</b>	<b>843</b>	NAPRZÓD MŁOCINY / BWRT	K40	48	02:55:20	05:02:39	<b>06:20:43.40</b>	<b>06:21:07.95</b>	+03:30:32 (55.2%)	11:36	5.2 (45.2%)
300	<b>DADAŚ Elżbieta</b>	<b>812</b>	BP RUNNING TEAM GLIWICE	K40	49	03:00:04	05:05:59	<b>06:27:33.70</b>	<b>06:27:45.35</b>	+03:37:09 (56.0%)	11:48	5.1 (44.3%)
301	<b>DENKOWSKI Wojciech</b>	<b>850</b>	BP RUNNING TEAM GLIWICE	M50	18	03:00:05	05:05:58	<b>06:27:33.25</b>	<b>06:27:46.20</b>	+03:37:10 (56.0%)	11:48	5.1 (44.3%)
302	<b>TOKARZ Jerzy</b>	<b>1918</b>	BIEGAMBOLUBIĘ	M60	7	02:48:07	04:56:19	<b>06:29:06.75</b>	<b>06:29:33.80</b>	+03:38:58 (56.2%)	11:51	5.1 (44.3%)
303	<b>KOZIEŁ Jarosław</b>	<b>985</b>	ŁÓDŹ KOCHA SPORT	M30	72	02:52:30	05:02:08	<b>06:29:09.65</b>	<b>06:29:42.75</b>	+03:39:07 (56.2%)	11:51	5.1 (44.3%)
304	<b>PIOTROWSKA Ewa</b>	<b>866</b>	META NADARZYN	K50	9	02:50:07	05:05:29	<b>06:29:39.05</b>	<b>06:29:48.60</b>	+03:39:13 (56.2%)	11:52	5.1 (44.3%)
305	<b>GRABOWSKI Leszek</b>	<b>909</b>	STARE BABICE BIEGAJĄ	M50	19	02:55:50	05:10:32	<b>06:30:09.20</b>	<b>06:30:44.05</b>	+03:40:08 (56.3%)	11:53	5 (43.5%)
306	<b>OWCZAREK Sylwia</b>	<b>839</b>	HUSARIA RACE TEAM	K30	40	03:01:06	05:01:37	<b>06:31:19.35</b>	<b>06:31:36.00</b>	+03:41:00 (56.4%)	11:55	5 (43.5%)
307	<b>WRÓBEL Marta</b>	<b>932</b>	BYLE DO METY	K30	41	03:02:12	05:14:25	<b>06:32:05.20</b>	<b>06:32:28.95</b>	+03:41:53 (56.5%)	11:57	5 (43.5%)
308	<b>WRÓBEL Grzegorz</b>	<b>931</b>	BYLE DO METY	M30	73	03:02:04	05:14:24	<b>06:32:06.30</b>	<b>06:32:30.20</b>	+03:41:54 (56.5%)	11:57	5 (43.5%)
309	<b>LESZCZYŃSKA Kamila</b>	<b>1915</b>		K30	42	02:49:24	04:59:06	<b>06:34:07.50</b>	<b>06:34:37.60</b>	+03:44:02 (56.8%)	12:00	5 (43.5%)
310	<b>STARZYŃSKA Marta</b>	<b>831</b>	PERFECT RUNNER LUBLIN	K40	50	02:54:23	05:06:29	<b>06:39:31.75</b>	<b>06:39:51.40</b>	+03:49:15 (57.3%)	12:10	4.9 (42.6%)
311	<b>CIOSEK Marta</b>	<b>949</b>		K40	51	03:01:02	05:05:15	<b>06:40:36.05</b>	<b>06:41:03.85</b>	+03:50:28 (57.5%)	12:12	4.9 (42.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko	Schronisko	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						na Przehybie 9km	pod Durbaszką 25km	netto 32.8km	brutto 32.8km			
312	<b>LUC Adam</b>	<b>1064</b>	BIEGUSIEM.PL	M40	83	02:54:14	05:01:55	<b>06:40:44.65</b>	<b>06:41:05.90</b>	+03:50:30 (57.5%)	12:13	4.9 (42.6%)
313	<b>PILCICKI Przemysław</b>	<b>1058</b>		M30	74	02:41:25	05:01:44	<b>06:40:31.75</b>	<b>06:41:09.05</b>	+03:50:33 (57.5%)	12:12	4.9 (42.6%)
314	<b>PORĘBSKI Zbigniew</b>	<b>1780</b>	QUATTRO	M50	20	03:02:18	05:16:22	<b>06:49:45.00</b>	<b>06:50:11.45</b>	+03:59:36 (58.4%)	12:29	4.8 (41.7%)
315	<b>KLOSS Daniel</b>	<b>1455</b>	KAPITAN KLOSS	M40	84	02:45:54	05:04:38	<b>06:56:07.55</b>	<b>06:56:21.40</b>	+04:05:45 (59.0%)	12:41	4.7 (40.9%)
316	<b>SIERADZKA Maria</b>	<b>953</b>		K30	43	03:08:41	05:28:22	<b>06:56:10.15</b>	<b>06:56:48.50</b>	+04:06:13 (59.1%)	12:41	4.7 (40.9%)
317	<b>PAJSZCZYK Blanka</b>	<b>952</b>		K30	44	03:08:39	05:28:22	<b>06:56:36.55</b>	<b>06:57:14.85</b>	+04:06:39 (59.1%)	12:42	4.7 (40.9%)
318	<b>WIŚNIEWSKA Dorota</b>	<b>975</b>	METALCHERRY	K40	52	03:12:35	05:28:50	<b>06:58:13.75</b>	<b>06:58:22.90</b>	+04:07:47 (59.2%)	12:45	4.7 (40.9%)
319	<b>STACHANCZYK Wojciech</b>	<b>849</b>	MATNER RUNNING TEAM	M40	85	03:15:17	05:30:22	<b>06:58:39.65</b>	<b>06:58:58.05</b>	+04:08:22 (59.3%)	12:45	4.7 (40.9%)
320	<b>RYBARSKA Katarzyna</b>	<b>996</b>		K40	53	03:14:44	05:32:04	<b>07:04:12.95</b>	<b>07:04:57.60</b>	+04:14:22 (59.9%)	12:55	4.6 (40.0%)
321	<b>RYBARSKI Michał</b>	<b>997</b>		M40	86	03:14:45	05:32:16	<b>07:04:12.65</b>	<b>07:04:57.80</b>	+04:14:22 (59.9%)	12:55	4.6 (40.0%)
322	<b>RYBARSKI Maciej</b>	<b>987</b>		M30	75	03:02:11	05:32:15	<b>07:04:48.35</b>	<b>07:05:33.30</b>	+04:14:57 (59.9%)	12:57	4.6 (40.0%)
323	<b>GŁUCHOWSKI Jacek</b>	<b>838</b>	BB RUNNERS	M40	87	03:12:23	05:28:39	<b>07:05:55.10</b>	<b>07:06:13.75</b>	+04:15:38 (60.0%)	12:59	4.6 (40.0%)
323	<b>FUDAŁEJ Piotr</b>	<b>2498</b>	TG. SOKÓŁ ZAKOPANE	M50	21	03:12:20	05:28:36	<b>07:05:55.65</b>	<b>07:06:13.75</b>	+04:15:38 (60.0%)	12:59	4.6 (40.0%)
325	<b>WASILEWSKA Joanna</b>	<b>895</b>	ŁOMIANKOWSKA GRUPA BIEGOWA	K40	54	03:23:32	05:52:13	<b>07:13:55.65</b>	<b>07:14:08.20</b>	+04:23:32 (60.7%)	13:13	4.5 (39.1%)
326	<b>WIĘCKOWSKA Paulina</b>	<b>951</b>	ŁGB/ RKLEGAL TEAM	K40	55	03:22:45	05:52:16	<b>07:18:44.40</b>	<b>07:18:55.70</b>	+04:28:20 (61.1%)	13:22	4.5 (39.1%)
327	<b>WASILEWSKI Adam</b>	<b>927</b>	ŁOMIANKOWSKA GRUPA BIEGOWA	M40	88	03:24:03	05:52:19	<b>07:19:42.30</b>	<b>07:19:50.00</b>	+04:29:14 (61.2%)	13:24	4.5 (39.1%)
328	<b>CHOJNACKI Rafał</b>	<b>1051</b>	IM GORZEJ TYM LEPIEJ	M20	17	02:54:05	05:23:13	<b>07:20:56.55</b>	<b>07:21:28.70</b>	+04:30:53 (61.4%)	13:26	4.5 (39.1%)
329	<b>URBAŃSKI Mikołaj</b>	<b>1050</b>	IM GORZEJ TYM LEPIEJ	M20	18	02:54:08	05:28:07	<b>07:20:57.35</b>	<b>07:21:29.15</b>	+04:30:53 (61.4%)	13:26	4.5 (39.1%)
330	<b>JASEK-BORS Paulina</b>	<b>941</b>	HUSARIA RACE TEAM	K40	56	03:19:19	05:52:18	<b>07:21:41.70</b>	<b>07:21:58.65</b>	+04:31:23 (61.4%)	13:27	4.5 (39.1%)
331	<b>KISZKIS Elżbieta</b>	<b>886</b>	HUSARIA RACE TEAM	K50	10	03:19:07	05:52:18	<b>07:26:39.90</b>	<b>07:26:55.80</b>	+04:36:20 (61.8%)	13:37	4.4 (38.3%)
332	<b>DOBREK Wojciech</b>	<b>1034</b>	WIECZORNE BIEGANIE	M50	22	03:06:30	05:38:56	<b>07:34:35.20</b>	<b>07:34:51.25</b>	+04:44:15 (62.5%)	13:51	4.3 (37.4%)
333	<b>KRYŚ Agata</b>	<b>1116</b>		K30	45	03:03:56	05:47:38	<b>07:42:10.75</b>	<b>07:42:10.75</b>	+04:51:35 (63.1%)	14:05	4.3 (37.4%)
334	<b>GLIWKA Małgorzata</b>	<b>930</b>	SPARTA LUBLIN	K30	46	03:20:58	05:44:43	<b>07:50:13.60</b>	<b>07:50:35.45</b>	+05:00:00 (63.7%)	14:20	4.2 (36.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na Przehybie 9km	Schronisko pod Durbaszką 25km	Czas netto 32.8km	Czas brutto 32.8km	Różn	Tempo min/km	Tempo km/h
335	<b>PŁOSKONKA Paweł</b>	<b>1049</b>	SPARTA LUBLIN	M30	76	03:21:29	05:45:11	<b>07:50:36.00</b>	<b>07:50:36.00</b>	+05:00:00 (63.8%)	14:20	4.2 (36.5%)
<b>Przekroczony limit czasu: 08:00:00</b>												
336	<b>ALEKSANDROWICZ Dorota</b>	<b>805</b>	BIEGIEM DO GARÓW	K50	11	04:00:42	06:55:07	<b>08:48:25.80</b>	<b>08:48:39.55</b>	+05:58:04 (67.7%)	16:06	3.7 (32.2%)
	<b>MIERZWA Jakub</b>	<b>807</b>		M20		01:56:51 DNF	03:56:01 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ŻELIŃSKI Michał</b>	<b>945</b>	CSC ADVENTURE ACADEMY	M20		02:12:47 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KUTYŁA Agnieszka</b>	<b>1103</b>	NIEPOŁOMICE BIEGAJĄ	K50		02:49:35 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>STOBIECKI Andrzej</b>	<b>1113</b>	ŚWIŃSKIE CYCE	M30		03:06:19 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 340 wynik(ów)