



**BIEGI W SZCZAWNICY**

# ŻWAWĘ WIERCHY - 33 KM

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** Biegi w Szczawnicy  
**Organizator:** Fundacja Strefa Przygód  
**Data:** 2022-04-23  
**Miejsce:** Szczawnica  
**Dystans:** 32.8 km

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na Przehybie 9km	Schronisko pod Durbaszką 25km	Czas netto 32.8km	Czas brutto 32.8km	Różn	Tempo min/km	Tempo km/h
1	<b>TOMASIAK Natalia</b>	<b>2779</b>	SALOMON TEAM	K30	1	01:33:33	02:30:36	<b>03:10:50.45</b>	<b>03:10:52.45</b>		5:49	10.3 (100%)
2	<b>GRZYWACZEWSKA Justyna</b>	<b>1095</b>	CITY TRAIL TEAM	K30	2	01:36:26	02:35:30	<b>03:17:40.55</b>	<b>03:17:42.95</b>	+00:06:50 (3.5%)	6:01	10 (97.1%)
3	<b>HALSKA Ania</b>	<b>1127</b>	ANNA HALSKA COACHING	K30	3	01:44:16	02:45:41	<b>03:28:49.25</b>	<b>03:28:52.65</b>	+00:18:00 (8.6%)	6:21	9.4 (91.3%)
4	<b>BAROSZ Natalia Paulina</b>	<b>1078</b>		K30	4	01:44:51	02:47:46	<b>03:33:46.30</b>	<b>03:33:49.55</b>	+00:22:57 (10.7%)	6:31	9.2 (89.3%)
5	<b>BAŁYS Katarzyna</b>	<b>894</b>	HERCOG RUNNING TEAM	K30	5	01:47:01	02:50:54	<b>03:34:50.40</b>	<b>03:34:54.05</b>	+00:24:01 (11.2%)	6:32	9.2 (89.3%)
6	<b>ZANOZINA Ekaterina</b>	<b>825</b>		K30	6	01:49:48	02:55:06	<b>03:39:32.00</b>	<b>03:39:34.75</b>	+00:28:42 (13.1%)	6:41	9 (87.4%)
7	<b>DEJNECKA Martyna</b>	<b>868</b>		K30	7	01:52:12	02:57:03	<b>03:43:39.30</b>	<b>03:43:43.15</b>	+00:32:50 (14.7%)	6:49	8.8 (85.4%)
8	<b>SIWIRSKA Anna</b>	<b>947</b>	ADIDAS RUNNERS WARSAW	K30	8	01:54:49	03:05:28	<b>03:53:22.70</b>	<b>03:53:27.15</b>	+00:42:34 (18.2%)	7:06	8.4 (81.6%)
9	<b>SYPNIEWSKA-LEWANDOWSKA Aleksandra</b>	<b>823</b>	TRIDEA TEAM	K30	9	01:57:57	03:11:29	<b>04:07:21.25</b>	<b>04:07:32.25</b>	+00:56:39 (22.9%)	7:32	8 (77.7%)
10	<b>MARKIEWICZ Agnieszka</b>	<b>1081</b>	PRORUNNING PROMOTION	K30	10	01:58:28	03:13:33	<b>04:10:04.80</b>	<b>04:10:07.40</b>	+00:59:14 (23.7%)	7:37	7.9 (76.7%)
11	<b>ULIKOWSKA Martyna</b>	<b>926</b>	ZAŁOGA GÓRSKA	K30	11	02:03:39	03:17:59	<b>04:12:11.45</b>	<b>04:12:14.90</b>	+01:01:22 (24.3%)	7:41	7.8 (75.7%)
12	<b>KLAJA Kasia</b>	<b>965</b>		K30	12	02:00:25	03:16:57	<b>04:12:46.50</b>	<b>04:12:50.05</b>	+01:01:57 (24.5%)	7:42	7.8 (75.7%)
13	<b>DROGOSZEWSKA Magdalena</b>	<b>1020</b>	BIEGAM BY JEŚĆ	K30	13	02:08:28	03:25:28	<b>04:18:08.55</b>	<b>04:18:26.05</b>	+01:07:33 (26.1%)	7:52	7.6 (73.8%)
14	<b>PACIOREK Ewa</b>	<b>851</b>	KOBIETA BIEGA	K30	14	02:08:04	03:26:25	<b>04:19:38.40</b>	<b>04:19:43.15</b>	+01:08:50 (26.5%)	7:54	7.6 (73.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na Przehybie		Schronisko pod Durbaszką		Czas		Tempo min/km	Tempo km/h
						9km	25km	32.8km	32.8km	Różn			
15	<b>GONCERZEWICZ Anna</b>	<b>2397</b>	STARE BABICE BIEGAJA	K30	15	02:10:20	03:30:21	<b>04:28:19.75</b>	<b>04:28:30.15</b>	+01:17:37 (28.9%)	8:10	7.3 (70.9%)	
16	<b>PADUCH Joanna</b>	<b>969</b>		K30	16	02:21:37	03:45:52	<b>04:43:18.90</b>	<b>04:43:47.50</b>	+01:32:55 (32.7%)	8:38	6.9 (67.0%)	
17	<b>KRUPA Natalia</b>	<b>870</b>	CHSBD W RUCHU	K30	17	02:19:19	03:45:37	<b>04:49:16.95</b>	<b>04:49:35.10</b>	+01:38:42 (34.1%)	8:49	6.8 (66.0%)	
18	<b>SZCZYPIORSKA Monika</b>	<b>1069</b>		K30	18	02:17:48	03:49:15	<b>04:51:18.50</b>	<b>04:51:26.10</b>	+01:40:33 (34.5%)	8:52	6.8 (66.0%)	
19	<b>STALOWSKA Jolanta</b>	<b>1077</b>		K30	19	02:19:59	03:52:48	<b>04:53:16.65</b>	<b>04:53:54.25</b>	+01:43:01 (35.1%)	8:56	6.7 (65.0%)	
20	<b>LITWINIUK Agnieszka</b>	<b>1071</b>		K30	20			<b>04:54:40.10</b>	<b>04:54:40.10</b>	+01:43:47 (35.2%)	8:59	6.7 (65.0%)	
21	<b>CIECHAROWSKA Justyna</b>	<b>1053</b>	RUN DE GIRARD	K30	21	02:20:51	03:54:31	<b>04:56:23.35</b>	<b>04:56:43.60</b>	+01:45:51 (35.7%)	9:02	6.6 (64.1%)	
22	<b>PIECZARKOWSKA-MRÓZ Zuzanna</b>	<b>1045</b>	KKM KALORYFER	K30	22	02:19:56	03:54:19	<b>04:57:36.95</b>	<b>04:57:48.90</b>	+01:46:56 (35.9%)	9:04	6.6 (64.1%)	
23	<b>MILCZAREK Kinga</b>	<b>989</b>		K30	23	02:23:38	03:58:27	<b>05:08:41.70</b>	<b>05:09:11.80</b>	+01:58:19 (38.3%)	9:24	6.4 (62.1%)	
24	<b>KOWALCZYK Magda</b>	<b>1080</b>	WARRIORS ŁÓDŹ	K30	24	02:27:06	04:10:29	<b>05:12:30.90</b>	<b>05:12:40.05</b>	+02:01:47 (39.0%)	9:31	6.3 (61.2%)	
25	<b>RYCHTARCZYK Marta</b>	<b>818</b>		K30	25	02:23:15	04:03:05	<b>05:17:32.15</b>	<b>05:17:42.35</b>	+02:06:49 (39.9%)	9:40	6.2 (60.2%)	
26	<b>RUDAWSKA Karolina</b>	<b>841</b>		K30	26	02:29:53	04:13:37	<b>05:18:02.80</b>	<b>05:18:24.85</b>	+02:07:32 (40.1%)	9:41	6.2 (60.2%)	
27	<b>ZIÓŁEK Karolina</b>	<b>855</b>	HUSARIA RACE TEAM	K30	27	02:31:43	04:09:29	<b>05:18:47.95</b>	<b>05:19:04.35</b>	+02:08:11 (40.2%)	9:43	6.2 (60.2%)	
28	<b>WOJDAT Katarzyna</b>	<b>1694</b>		K30	28	02:33:02	04:15:43	<b>05:26:42.95</b>	<b>05:27:04.65</b>	+02:16:12 (41.6%)	9:57	6 (58.3%)	
29	<b>MATYJASZCZYK Barbara</b>	<b>809</b>	ŁĘCZNA BIEGA	K30	29	02:29:27	04:25:04	<b>05:30:57.85</b>	<b>05:31:07.30</b>	+02:20:14 (42.4%)	10:05	5.9 (57.3%)	
30	<b>BACZA Agnieszka</b>	<b>897</b>	ŁĘCZNA BIEGA	K30	30	02:39:24	04:25:03	<b>05:33:13.70</b>	<b>05:33:24.55</b>	+02:22:32 (42.8%)	10:09	5.9 (57.3%)	
31	<b>WACHOWIAK Anna</b>	<b>861</b>		K30	31	02:47:15	04:35:44	<b>05:47:34.00</b>	<b>05:47:44.80</b>	+02:36:52 (45.1%)	10:35	5.7 (55.3%)	
32	<b>HANGIEL Urszula</b>	<b>2789</b>		K30	32	02:46:47	04:40:51	<b>05:52:00.10</b>	<b>05:53:13.45</b>	+02:42:21 (46.0%)	10:43	5.6 (54.4%)	
33	<b>SIKORSKA Agnieszka</b>	<b>1134</b>		K30	33	02:42:28	04:32:15	<b>05:53:13.35</b>	<b>05:53:50.55</b>	+02:42:58 (46.1%)	10:46	5.6 (54.4%)	
34	<b>BARTOSZEWICZ Beata</b>	<b>1152</b>		K30	34	02:34:05	04:43:51	<b>06:01:56.50</b>	<b>06:02:08.30</b>	+02:51:15 (47.3%)	11:02	5.4 (52.4%)	
35	<b>TUCHOWSKA Anna</b>	<b>904</b>	LISKI	K30	35	02:53:02	04:56:37	<b>06:09:04.20</b>	<b>06:09:29.45</b>	+02:58:37 (48.3%)	11:15	5.3 (51.5%)	
36	<b>WROŃSKA Magdalena</b>	<b>876</b>	BIEGNIJ Z PROSERVICE	K30	36	02:46:07	04:47:38	<b>06:12:31.30</b>	<b>06:13:05.05</b>	+03:02:12 (48.8%)	11:21	5.3 (51.5%)	
37	<b>TARGOSZ Justyna</b>	<b>916</b>	TONIEMY	K30	37	02:30:54	04:47:36	<b>06:15:23.75</b>	<b>06:15:30.60</b>	+03:04:38 (49.2%)	11:26	5.2 (50.5%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na Przehybie 9km	Schronisko pod Durbaszką 25km	Czas netto 32.8km	Czas brutto 32.8km	Różn	Tempo min/km	Tempo km/h
38	<b>SOŁTYS Teresa</b>	<b>1091</b>	WKURW_TEAM	K30	38	02:49:15	04:51:19	<b>06:17:48.35</b>	<b>06:18:14.50</b>	+03:07:22 (49.5%)	11:31	5.2 (50.5%)
39	<b>BASAK Justyna</b>	<b>1090</b>	WKURW_TEAM	K30	39	02:49:16	04:51:20	<b>06:17:48.60</b>	<b>06:18:14.65</b>	+03:07:22 (49.5%)	11:31	5.2 (50.5%)
40	<b>OWCZAREK Sylwia</b>	<b>839</b>	HUSARIA RACE TEAM	K30	40	03:01:06	05:01:37	<b>06:31:19.35</b>	<b>06:31:36.00</b>	+03:20:43 (51.3%)	11:55	5 (48.5%)
41	<b>WRÓBEL Marta</b>	<b>932</b>	BYLE DO METY	K30	41	03:02:12	05:14:25	<b>06:32:05.20</b>	<b>06:32:28.95</b>	+03:21:36 (51.4%)	11:57	5 (48.5%)
42	<b>LESZCZYŃSKA Kamila</b>	<b>1915</b>		K30	42	02:49:24	04:59:06	<b>06:34:07.50</b>	<b>06:34:37.60</b>	+03:23:45 (51.6%)	12:00	5 (48.5%)
43	<b>SIERADZKA Maria</b>	<b>953</b>		K30	43	03:08:41	05:28:22	<b>06:56:10.15</b>	<b>06:56:48.50</b>	+03:45:56 (54.2%)	12:41	4.7 (45.6%)
44	<b>PAJSZCZYK Blanka</b>	<b>952</b>		K30	44	03:08:39	05:28:22	<b>06:56:36.55</b>	<b>06:57:14.85</b>	+03:46:22 (54.3%)	12:42	4.7 (45.6%)
45	<b>KRYŚ Agata</b>	<b>1116</b>		K30	45	03:03:56	05:47:38	<b>07:42:10.75</b>	<b>07:42:10.75</b>	+04:31:18 (58.7%)	14:05	4.3 (41.7%)
46	<b>GLIWKA Małgorzata</b>	<b>930</b>	SPARTA LUBLIN	K30	46	03:20:58	05:44:43	<b>07:50:13.60</b>	<b>07:50:35.45</b>	+04:39:43 (59.4%)	14:20	4.2 (40.8%)

Znaleziono 46 wynik(ów)