



BIEGI W SZCZAWNICY

ŻWAWĘ WIERCHY - 33 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Biegi w Szczawnicy
Organizator: Fundacja Strefa Przygód
Data: 2022-04-23
Miejsce: Szczawnica
Dystans: 32.8 km

Klasyfikacja: OPEN Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na Przehybie 9km	Schronisko pod Durbaszką 25km	Czas netto 32.8km	Czas brutto 32.8km	Różn	Tempo min/km	Tempo km/h
1	SIOŁA Karol	649	TEAM DYNAFIT	M20	1	01:23:59	02:13:48	02:50:34.85	02:50:35.45		5:12	11.5 (100%)
2	SIWEK Michał	892	NIEPOŁOMICE BIEGAJĄ	M30	1	01:27:39	02:19:15	02:56:15.15	02:56:16.35	+00:05:40 (3.2%)	5:22	11.2 (97.4%)
3	SZKOŁA Wojciech	853	NATURAL BORN RUNNERS	M30	2	01:26:22	02:19:12	02:57:35.60	02:57:36.35	+00:07:00 (3.9%)	5:24	11.1 (96.5%)
4	KUJAWSKI Bartek	1144	GRUPETTO GORLICE	M30	3	01:28:53	02:21:55	02:59:53.75	02:59:55.55	+00:09:20 (5.2%)	5:29	10.9 (94.8%)
5	ZBOZIEN Jarosław	803		M30	4	01:28:18	02:20:25	02:59:56.00	02:59:57.35	+00:09:21 (5.2%)	5:29	10.9 (94.8%)
6	KURA Patryk	1914		M30	5	01:30:32	02:25:30	03:04:59.65	03:05:00.90	+00:14:25 (7.8%)	5:38	10.6 (92.2%)
7	PORADA Kacper	998		M20	2	01:34:55	02:28:21	03:05:45.80	03:05:47.35	+00:15:11 (8.2%)	5:39	10.6 (92.2%)
8	KOZUCH Rafał	1114	REDLINETEAM	M30	6	01:33:01	02:27:56	03:07:34.65	03:07:43.40	+00:17:07 (9.1%)	5:43	10.5 (91.3%)
9	KOCIOŁEK Witold	979	INŻYNIERIA BIEGANIA TEAM	M40	1	01:34:56	02:32:14	03:16:36.70	03:16:38.35	+00:26:02 (13.2%)	5:59	10 (87.0%)
10	SŁUP Paweł	1150	HIT THE TRAIL / KS KANDAHAR	M30	7	01:39:04	02:35:30	03:17:43.40	03:17:45.35	+00:27:09 (13.7%)	6:01	10 (87.0%)
11	KOPEL Andrzej	1140	#7UPHILLBAND	M30	8	01:38:24	02:37:25	03:20:03.90	03:20:05.60	+00:29:30 (14.7%)	6:05	9.8 (85.2%)
12	POLAŃSKI Tomasz	760	140MINUT.PL	M40	2	01:37:39	02:40:31	03:22:10.80	03:22:12.35	+00:31:36 (15.6%)	6:09	9.7 (84.3%)
13	ŚWIERAD Krystian	1104		M20	3	01:33:23	02:34:38	03:22:41.15	03:22:41.75	+00:32:06 (15.8%)	6:10	9.7 (84.3%)
14	ŚLIWIŃSKI Jacek	1137	TEAM ULTRA	M30	9	01:35:19	02:37:02	03:23:33.65	03:23:41.40	+00:33:05 (16.2%)	6:12	9.7 (84.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na	Schronisko pod	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Przehybie 9km	Durbaszką 25km	netto 32.8km	brutto 32.8km			
15	PŁONOWSKI Maciej	963	PSZCZÓŁKOWSKI TEAM	M30	10	01:39:23	02:41:10	03:25:42.55	03:25:46.95	+00:35:11 (17.1%)	6:16	9.6 (83.5%)
16	KORCZ Daniel	1056	JAWORZNO RUNNERS PRO TEAM	M40	3	01:40:07	02:43:12	03:28:33.10	03:28:35.25	+00:37:59 (18.2%)	6:21	9.4 (81.7%)
17	TOPOLSKI Marcin	990		M40	4	01:41:31	02:45:54	03:31:00.70	03:31:03.65	+00:40:28 (19.2%)	6:25	9.3 (80.9%)
18	MIERNICZAK Bartłomiej	1076	WOODWARD RUNNERS	M30	11	01:44:38	02:50:28	03:38:55.80	03:39:00.80	+00:48:25 (22.1%)	6:40	9 (78.3%)
19	ZBORUCKI Jan	1132	PRZEDWOJEWSKI TEAM	M30	12	01:49:16	02:54:38	03:39:46.95	03:39:49.35	+00:49:13 (22.4%)	6:42	9 (78.3%)
20	BEKAS Marcin	1005		M40	5	01:49:01	02:55:13	03:41:22.35	03:41:27.85	+00:50:52 (23.0%)	6:44	8.9 (77.4%)
21	SZARAPANOWSKI Marcin	934	ULTRA DIABŁY TEAM LUBRZA	M40	6	01:46:18	02:54:05	03:42:13.25	03:42:16.65	+00:51:41 (23.3%)	6:46	8.9 (77.4%)
22	STAWIARZ Paweł	835	MATNER RUNNING TEAM	M30	13	01:51:26	02:56:27	03:43:06.20	03:43:15.75	+00:52:40 (23.6%)	6:48	8.8 (76.5%)
23	KNAPIK Przemysław	962	HEINEKEN KRAKOW / TRIWISE	M40	7	01:53:39	03:02:51	03:49:38.90	03:49:45.30	+00:59:09 (25.8%)	7:00	8.6 (74.8%)
24	ZĄBEK Łukasz	1066	140MINUT.PL	M40	8	01:46:30	02:57:14	03:49:53.50	03:49:57.45	+00:59:22 (25.8%)	7:00	8.6 (74.8%)
25	BRUŚ Marcin	1082	SASKA	M40	9	01:50:51	02:59:52	03:50:26.45	03:50:28.95	+00:59:53 (26.0%)	7:01	8.5 (73.9%)
26	WIŚNIEWSKI Krzysztof	1909		OPEN Mężczyźni	1	01:50:10	02:59:45	03:50:53.10	03:51:03.95	+01:00:28 (26.2%)	7:02	8.5 (73.9%)
27	RYBARCZYK Kamil	994	MARMUROWE DZIKI	M30	14	01:50:25	03:01:33	03:52:02.50	03:52:06.75	+01:01:31 (26.5%)	7:04	8.5 (73.9%)
28	JUCHA Michał	1068	BIEGIEM PO PIWO	M40	10	01:55:23	03:04:05	03:54:24.05	03:54:29.35	+01:03:53 (27.3%)	7:08	8.4 (73.0%)
29	SAINTEMARIE Arnaud	921	MARCIN ŚWIERC TEAM	M40	11	01:56:02	03:07:19	03:54:37.45	03:54:43.60	+01:04:08 (27.3%)	7:09	8.4 (73.0%)
30	BIERNAT Mateusz	880		M30	15	01:55:04	03:07:19	03:55:20.70	03:55:29.75	+01:04:54 (27.6%)	7:10	8.4 (73.0%)
31	HRONOWSKI Jakub	824		M20	4	01:56:40	03:07:30	03:55:34.05	03:55:50.25	+01:05:14 (27.7%)	7:10	8.4 (73.0%)
32	KLUZ Marcin	967	PRO-RUN WROCŁAW	M30	16	01:58:12	03:07:21	03:55:56.30	03:56:08.35	+01:05:32 (27.8%)	7:11	8.3 (72.2%)
33	ZIELIŃSKI Paweł	898	RUCH IZBICA	M40	12	01:57:59	03:10:47	03:59:28.80	03:59:37.45	+01:09:02 (28.8%)	7:18	8.2 (71.3%)
34	OLEKSY Marcin	1089	TĘTNO PULSU	M30	17	01:54:45	03:10:51	04:00:16.05	04:00:40.70	+01:10:05 (29.1%)	7:19	8.2 (71.3%)
34	PRZEBINDA Łukasz	1110	WHITE POWER TEAM	M30	17	01:54:45	03:10:41	04:00:16.10	04:00:40.70	+01:10:05 (29.1%)	7:19	8.2 (71.3%)
36	KOŁODZIEJ Roman	929	PERFEKTA KARLOWICE	M40	13	01:50:21	03:08:25	04:00:45.10	04:00:46.30	+01:10:10 (29.1%)	7:20	8.2 (71.3%)
37	GRZEMSKI Marcin	908	WRONIECKI KLUB BIEGACZA	M30	19	01:48:51	03:01:37	04:00:44.15	04:00:48.10	+01:10:12 (29.2%)	7:20	8.2 (71.3%)

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						Przehybie 9km	Durbaszką 25km	netto 32.8km	brutto 32.8km			
38	MAZUR Paweł	2551		M30	20	01:55:02	03:07:33	04:01:31.15	04:01:33.55	+01:10:58 (29.4%)	7:21	8.1 (70.4%)
39	WOJTALA Bartłomiej	1008	UWAGA NA DZIADA	M40	14	02:01:39	03:12:38	04:01:13.30	04:01:39.75	+01:11:04 (29.4%)	7:21	8.2 (71.3%)
40	PIETRZAK Jacek	1026		M40	15	01:53:59	03:09:03	04:01:56.60	04:02:01.25	+01:11:25 (29.5%)	7:22	8.1 (70.4%)
41	MOSIOŁEK Przemysław	878		M30	21	01:59:56	03:12:12	04:03:09.15	04:03:21.55	+01:12:46 (29.9%)	7:24	8.1 (70.4%)
42	NARKO Alex	1146		M30	22	01:55:15	03:11:33	04:04:06.35	04:04:12.65	+01:13:37 (30.1%)	7:26	8.1 (70.4%)
43	FRĄCKOWIAK Krzysztof	1086	PRO-RUN WROCŁAW	M40	16	01:58:56	03:11:37	04:04:38.90	04:04:50.25	+01:14:14 (30.3%)	7:27	8 (69.6%)
44	RYSULA Konrad	1122		M20	5	01:55:01	03:10:50	04:05:35.90	04:05:40.00	+01:15:04 (30.6%)	7:29	8 (69.6%)
45	SUCHORA Kacper	900		M20	6	01:51:53	03:08:19	04:05:39.65	04:05:52.15	+01:15:16 (30.6%)	7:29	8 (69.6%)
46	BAGSIK Łukasz	981	QTEAM	M30	23	01:52:06	03:13:22	04:06:59.10	04:07:17.85	+01:16:42 (31.0%)	7:31	8 (69.6%)
47	STANOWSKI Bartłomiej	829	RUNNERS CIESZANÓW	M30	24	01:59:32	03:13:11	04:07:19.35	04:07:25.75	+01:16:50 (31.1%)	7:32	8 (69.6%)
48	GRAJDA Arkadiusz	914	TRIDEA	M40	17	01:57:56	03:11:12	04:07:19.20	04:07:31.50	+01:16:56 (31.1%)	7:32	8 (69.6%)
49	POTTS David	1029		M30	25	01:59:44		04:08:45.00	04:08:45.00	+01:18:09 (31.4%)	7:35	7.9 (68.7%)
50	WASIELEWSKI Adrian	1088	DESTROYER	M30	26			04:11:57.00	04:11:57.00	+01:21:21 (32.3%)	7:40	7.8 (67.8%)
51	DUCH Rafał	973		M30	27	02:00:04	03:18:47	04:12:07.70	04:12:15.95	+01:21:40 (32.4%)	7:41	7.8 (67.8%)
52	SEMBERECKI Marcin	1141	TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE	M30	28	01:59:51	03:19:15	04:13:23.05	04:13:28.90	+01:22:53 (32.7%)	7:43	7.8 (67.8%)
53	SZCZYGIEŁ Mateusz	844	#SZCZYGIELTEAM	M30	29	01:51:09	03:11:32	04:13:36.90	04:13:42.15	+01:23:06 (32.8%)	7:43	7.8 (67.8%)
54	GUMULINSKI Jakub	936	IGT	M30	30	02:00:51	03:18:55	04:14:01.05	04:14:03.45	+01:23:28 (32.9%)	7:44	7.7 (67.0%)
55	MRÓZ Rafał	1920		M40	18	01:59:09	03:19:59	04:14:00.00	04:14:08.35	+01:23:32 (32.9%)	7:44	7.7 (67.0%)
56	STANULA Fabian	1038		M30	31	02:06:01	03:21:28	04:14:06.15	04:14:16.90	+01:23:41 (32.9%)	7:44	7.7 (67.0%)
57	PYRCHLA Patryk	1070		M20	7	02:00:38	03:16:41	04:14:15.00	04:14:23.15	+01:23:47 (32.9%)	7:45	7.7 (67.0%)
58	FEDOREK Dawid	1121		M30	32	02:10:21	03:23:50	04:14:36.75	04:14:36.75	+01:24:01 (33.0%)	7:45	7.7 (67.0%)
59	KRAWCZYK Dariusz	1145		M40	19	01:58:33	03:19:51	04:14:58.60	04:15:03.80	+01:24:28 (33.1%)	7:46	7.7 (67.0%)
60	PATRO Bartłomiej	1048		M30	33	01:57:36	03:16:20	04:18:24.75	04:18:44.10	+01:28:08 (34.1%)	7:52	7.6 (66.1%)

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						Przehybie 9km	Durbaszką 25km	netto 32.8km	brutto 32.8km			
61	NOWOSADZKI Wojciech	863		M40	20	02:05:55	03:20:55	04:18:44.30	04:18:53.90	+01:28:18 (34.1%)	7:53	7.6 (66.1%)
62	ZAWISZA Grzegorz	810		M30	34	02:00:50	03:24:44	04:19:06.85	04:19:13.25	+01:28:37 (34.2%)	7:53	7.6 (66.1%)
63	PACIA Sebastian	846		M40	21	02:03:39	03:22:01	04:19:13.05	04:19:17.95	+01:28:42 (34.2%)	7:54	7.6 (66.1%)
64	ZAJDER Paweł	1143		M30	35	02:01:27	03:27:41	04:19:44.65	04:19:59.15	+01:29:23 (34.4%)	7:55	7.6 (66.1%)
65	SZAŁAŚNY Piotr	1098	TESTYOUTDOOROWE.PL	M30	36	02:05:06	03:26:34	04:20:31.70	04:20:50.35	+01:30:14 (34.6%)	7:56	7.6 (66.1%)
66	BOHUCKI Piotr	1094		M40	22	02:03:09	03:22:41	04:20:58.45	04:21:11.45	+01:30:36 (34.7%)	7:57	7.5 (65.2%)
67	GÓRECKI Rafał	889	LESZNOTEAM	M40	23	02:05:17	03:26:08	04:21:20.95	04:21:24.90	+01:30:49 (34.7%)	7:58	7.5 (65.2%)
68	ANDRZEJEWSKI Lukasz	959	FTI RACE TEAM	M40	24	02:16:36	03:30:58	04:21:26.00	04:21:26.00	+01:30:50 (34.7%)	7:58	7.5 (65.2%)
69	KWIATKOWSKI Paweł	808		M30	37	02:07:17	03:24:59	04:22:00.90	04:22:10.65	+01:31:35 (34.9%)	7:59	7.5 (65.2%)
70	ŁAZICKI Filip	1130		M30	38	01:56:05	03:24:01	04:22:23.20	04:22:28.85	+01:31:53 (35.0%)	7:59	7.5 (65.2%)
71	ZIĘBA Paweł	993	BOBOWSKA GRUPA BIEGOWA	M40	25	02:02:54	03:24:36	04:23:02.90	04:23:07.60	+01:32:32 (35.2%)	8:01	7.5 (65.2%)
72	REPEĆ Jarosław	982	AHOJ PRZYGODO LUBLIN	M30	39	02:07:24	03:26:32	04:23:06.80	04:23:38.30	+01:33:02 (35.3%)	8:01	7.5 (65.2%)
73	WŁODARCZYK Jarosław	977	KARKONOSZ RUNNING TEAM	M40	26	01:37:33	03:36:29	04:24:44.15	04:24:47.70	+01:34:12 (35.6%)	8:04	7.4 (64.3%)
74	SZCZĘŚNIAK Piotr	1128		M40	27	02:02:37	03:29:06	04:25:03.95	04:25:16.00	+01:34:40 (35.7%)	8:04	7.4 (64.3%)
75	CHMIELOWIEC Daniel	1062	GORLICKA GRUPA BIEGOWA	M30	40	01:36:07	03:39:17	04:26:13.25	04:26:18.80	+01:35:43 (35.9%)	8:06	7.4 (64.3%)
76	FORYŚ Adam	924		M30	41	02:01:56	03:25:31	04:26:12.00	04:26:19.90	+01:35:44 (35.9%)	8:06	7.4 (64.3%)
77	GOLASZ Marek	1105		M50	1	02:02:37	03:24:33	04:26:14.25	04:26:27.70	+01:35:52 (36.0%)	8:07	7.4 (64.3%)
78	ORĘZIAK Tomasz	1023		M20	8	02:03:12	03:23:02	04:26:14.40	04:26:29.20	+01:35:53 (36.0%)	8:07	7.4 (64.3%)
79	ANKIEWICZ Stefan	1129	CZYSTA AMATORKA	M40	28	02:06:43	03:27:03	04:26:41.30	04:27:13.45	+01:36:38 (36.2%)	8:07	7.4 (64.3%)
80	WYKA Mariusz	1014	LEGIA	M40	29	02:05:11	03:27:08	04:28:47.40	04:29:06.35	+01:38:30 (36.6%)	8:11	7.3 (63.5%)
81	MAĆKOWSKI Jędrzej	1136	OD GRUBASA DO ULTRASA	OPEN Mężczyźni	2	02:03:12	03:29:18	04:29:14.30	04:29:23.90	+01:38:48 (36.7%)	8:12	7.3 (63.5%)
82	LEGUTKO Bartłomiej	980		M40	30	02:00:35	03:27:48	04:29:30.70	04:29:47.50	+01:39:12 (36.8%)	8:12	7.3 (63.5%)
83	MAZURKIEWICZ Maks	1054	KS BERO	M30	42	02:11:47	03:38:03	04:33:49.05	04:34:00.10	+01:43:24 (37.7%)	8:20	7.2 (62.6%)

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						Przehybie 9km	Durbaszką 25km	netto 32.8km	brutto 32.8km			
84	STOLARZ Grzegorz	2400	NIEPOŁOMICIE BIEGAJĄ	M40	31	02:14:23	03:35:31	04:33:46.80	04:34:01.60	+01:43:26 (37.7%)	8:20	7.2 (62.6%)
85	ZIAJA Wojciech	858		M40	32	02:08:11	03:31:49	04:34:00.70	04:34:05.75	+01:43:30 (37.8%)	8:21	7.2 (62.6%)
86	URBAŃSKI Krzysztof	1040	ASAP TORUŃ	M40	33	02:12:27	03:35:10	04:33:54.70	04:34:07.95	+01:43:32 (37.8%)	8:21	7.2 (62.6%)
87	ŁUKASZEWICZ Dawid	1154		M30	43	02:06:58	03:33:26	04:34:12.20	04:34:31.65	+01:43:56 (37.9%)	8:21	7.2 (62.6%)
88	PIETRZAK Michał	978	3	M30	44	02:05:58	03:28:52	04:34:25.90	04:34:34.35	+01:43:58 (37.9%)	8:21	7.2 (62.6%)
89	LITWIN Łukasz	1001		M20	9	02:12:06	03:40:12	04:35:57.30	04:36:04.40	+01:45:28 (38.2%)	8:24	7.1 (61.7%)
90	ZABOLSKI Mateusz	988	ZABOL TEAM	M30	45	02:17:24	03:38:10	04:35:51.65	04:36:21.10	+01:45:45 (38.3%)	8:24	7.1 (61.7%)
91	TARNAWSKI Jakub	2396	KKB DYSTANS	M50	2	02:09:41	03:36:16	04:36:42.95	04:36:53.50	+01:46:18 (38.4%)	8:26	7.1 (61.7%)
92	KOPEĆ Sebastian	1022	SAINT - GOBAIN SQUAD	M30	46	02:07:11	03:35:52	04:37:35.20	04:37:39.05	+01:47:03 (38.6%)	8:27	7.1 (61.7%)
93	MARSZAŁEK Kamil	1919	KAMIONKA MAŁA	M30	47	02:10:34	03:41:59	04:37:52.80	04:37:55.85	+01:47:20 (38.6%)	8:28	7.1 (61.7%)
94	UBYSZ Marek	1000	JACEKBIEGA RUNNING TEAM	M40	34	02:07:56	03:37:23	04:38:41.85	04:38:57.85	+01:48:22 (38.8%)	8:29	7.1 (61.7%)
95	MALICKI Emil	925	OSTROBIEC	M40	35	02:15:13	03:40:52	04:38:30.80	04:39:07.85	+01:48:32 (38.9%)	8:29	7.1 (61.7%)
96	HADAM Michał	1101	KB MANIAC POZNAŃ/#BIEGIEMWLAS	M40	36	02:09:42	03:37:54	04:39:27.80	04:39:42.55	+01:49:07 (39.0%)	8:31	7 (60.9%)
97	KOPERSKI Marcin	995	MONIA GYM	M50	3	02:07:44	03:36:16	04:40:34.25	04:40:53.90	+01:50:18 (39.3%)	8:33	7 (60.9%)
98	ZIN Jacek	976		M40	37	02:14:16	03:40:04	04:42:59.85	04:43:17.35	+01:52:41 (39.8%)	8:37	7 (60.9%)
99	HYNEK Bogusław	890	CSM	M40	38	02:14:00	03:47:35	04:43:32.50	04:43:53.75	+01:53:18 (39.9%)	8:38	6.9 (60.0%)
100	PEC Arkadiusz	822	NAPRZÓD MŁOCINY	M50	4	02:11:23	03:41:52	04:43:51.25	04:44:12.95	+01:53:37 (40.0%)	8:39	6.9 (60.0%)
101	KOROSTYŃSKI Damian	1007		M40	39	02:08:56	03:40:13	04:45:10.25	04:45:24.00	+01:54:48 (40.2%)	8:41	6.9 (60.0%)
102	JAŃCZUK Marcin	815	NAPRZÓD MŁOCINY	M40	40	02:12:43	03:39:37	04:45:06.35	04:45:30.25	+01:54:54 (40.2%)	8:41	6.9 (60.0%)
103	OSTROWSKI Paweł	942	REHMEDICA.PL	M30	48	02:12:51	03:41:08	04:46:23.10	04:46:32.05	+01:55:56 (40.5%)	8:43	6.9 (60.0%)
104	MARSZAŁEK Jerzy	1061	KBKW	M30	49	02:10:31	03:41:59	04:46:47.05	04:46:49.85	+01:56:14 (40.5%)	8:44	6.9 (60.0%)
105	WOJTKOWIAK Paweł	1033	NSH SP. Z O.O.	M50	5	02:12:38	03:49:08	04:47:03.35	04:47:43.60	+01:57:08 (40.7%)	8:45	6.9 (60.0%)
106	OLIŃSKI Paweł	1087		M30	50	02:15:00	03:42:42	04:47:29.80	04:47:53.35	+01:57:17 (40.7%)	8:45	6.8 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na	Schronisko pod	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Przehybie 9km	Durbaszką 25km	netto 32.8km	brutto 32.8km			
107	BARCIK Witold	1135	BIEGAM ŻEBY ŻREĆ WIECEJ CIASTKÓW	M40	41	02:11:27	03:46:51	04:50:50.10	04:51:25.35	+02:00:49 (41.5%)	8:52	6.8 (59.1%)
108	NIGIEL Krystian	1013	MIRAZ RACE TEAM	M40	42	02:21:04	03:48:56	04:51:16.95	04:51:48.25	+02:01:12 (41.5%)	8:52	6.8 (59.1%)
109	SALIŃSKI Bartosz	1021	AUGUSTEAM/WKURW_TEAM	M30	51	02:09:08	03:42:50	04:53:41.25	04:53:48.35	+02:03:12 (41.9%)	8:57	6.7 (58.3%)
110	STALOWSKI Paweł	1079		M40	43	02:19:54	03:52:49	04:53:17.10	04:53:54.15	+02:03:18 (42.0%)	8:56	6.7 (58.3%)
111	ZDAŃSKI Paweł	915		M30	52	02:20:57	03:51:44	04:57:22.90	04:57:41.55	+02:07:06 (42.7%)	9:03	6.6 (57.4%)
112	MRÓZ Bartłomiej	1044		M30	53	02:19:57	03:54:20	04:57:38.85	04:57:51.35	+02:07:15 (42.7%)	9:04	6.6 (57.4%)
113	SAINTEMARIE Bernard	1096		M60	1	02:15:07	03:49:07	04:57:43.90	04:57:52.20	+02:07:16 (42.7%)	9:04	6.6 (57.4%)
114	KRAJCZYŃSKI Jakub	950	PKO BANK POLSKI	M40	44	02:14:58	03:54:56	04:59:09.85	04:59:19.95	+02:08:44 (43.0%)	9:07	6.6 (57.4%)
115	KARCZMARCZYK Tomasz	1720		M40	45	02:15:36	03:53:38	04:59:49.45	05:00:17.00	+02:09:41 (43.2%)	9:08	6.6 (57.4%)
116	ŁATWIŃSKI Mateusz	1083	MOCNA GRUPA CEZARA	M20	10	02:21:29	03:56:43	05:01:33.85	05:01:53.10	+02:11:17 (43.5%)	9:11	6.5 (56.5%)
117	KOZŁOWSKI Szymon	1036		M40	46	02:13:07	03:59:32	05:02:04.60	05:02:19.55	+02:11:44 (43.6%)	9:12	6.5 (56.5%)
118	CZARNECKI Bartłomiej	1009	UWAGA NA DZIADA	M40	47	02:16:19	03:54:11	05:03:20.85	05:03:47.15	+02:13:11 (43.8%)	9:14	6.5 (56.5%)
119	CIEPIELA Andrzej	1025	LUBIĘ BURPEES'Y	M30	54	02:20:51	03:59:21	05:05:03.35	05:05:09.80	+02:14:34 (44.1%)	9:18	6.5 (56.5%)
120	OSIAL Mariusz	983	KB IM. PIOTRA SĘKOWSKIEGO	M40	48	02:15:53	03:54:29	05:05:23.45	05:05:46.80	+02:15:11 (44.2%)	9:18	6.4 (55.7%)
121	ZDEB Piotr	923	AHOJ PRZYGODO LUBLIN	M40	49	02:19:58	03:58:50	05:05:26.60	05:05:58.90	+02:15:23 (44.2%)	9:18	6.4 (55.7%)
122	GAWLINA Lesław	2395	ADS MASNA	M50	6	02:23:25	03:57:28	05:05:52.00	05:06:15.00	+02:15:39 (44.3%)	9:19	6.4 (55.7%)
123	PETRYNA Paweł	1032	MOVIEBEATS	M30	55	02:19:28	04:04:00	05:05:54.60	05:06:19.15	+02:15:43 (44.3%)	9:19	6.4 (55.7%)
124	MALINOWSKI Robert	933		M40	50	02:14:57	03:58:51	05:06:17.90	05:06:28.00	+02:15:52 (44.3%)	9:20	6.4 (55.7%)
125	DUTKIEWICZ Leszek	911		M30	56	02:24:45	03:56:20	05:06:34.45	05:07:07.25	+02:16:31 (44.5%)	9:20	6.4 (55.7%)
126	PAWELCZYK Krzysztof	1084	TNSCON	M40	51	02:17:26	03:58:51	05:07:26.50	05:07:48.65	+02:17:13 (44.6%)	9:22	6.4 (55.7%)
127	SKOCZEK Tomasz	1085		M40	52	02:21:13	03:58:51	05:07:32.75	05:07:55.50	+02:17:20 (44.6%)	9:22	6.4 (55.7%)
128	PIETRZAK Maciej	2216		M40	53	02:14:47	04:00:17	05:11:07.85	05:11:33.65	+02:20:58 (45.2%)	9:29	6.3 (54.8%)
129	ROGÓZ Michał	875	TĘTNO PULSU	M30	57	02:19:59	04:04:11	05:11:34.95	05:12:03.45	+02:21:28 (45.3%)	9:29	6.3 (54.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na	Schronisko pod	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Przehybie 9km	Durbaszką 25km	netto 32.8km	brutto 32.8km			
130	WINIECKI Tomasz	1139	IRON HOUSE TRIATHLON WŁOCŁAWEK	M40	54	02:27:00	04:06:42	05:12:07.35	05:12:24.50	+02:21:49 (45.4%)	9:30	6.3 (54.8%)
131	KOCIOŁEK Andrzej	1155		M50	7	02:20:57	04:07:16	05:12:28.60	05:13:04.85	+02:22:29 (45.5%)	9:31	6.3 (54.8%)
132	OGORZALEK Mateusz	1016	REDLINETEAM	M30	58	02:24:58	04:01:53	05:13:06.70	05:13:15.55	+02:22:40 (45.5%)	9:32	6.3 (54.8%)
133	DĄBROWSKI Artur	1668		M30	59	02:29:32	04:09:28	05:13:48.35	05:14:05.30	+02:23:29 (45.7%)	9:34	6.3 (54.8%)
134	TENDAJ Daniel	804		M50	8	02:30:52	04:07:51	05:14:30.95	05:15:07.15	+02:24:31 (45.9%)	9:35	6.3 (54.8%)
135	JAGODA Mateusz	865	FUCHS OIL TEAM	M20	11	02:28:58	04:07:54	05:14:53.75	05:15:10.30	+02:24:34 (45.9%)	9:36	6.2 (53.9%)
136	RAFAŁ Bartłomiej	1017		M30	60	02:13:21	03:53:51	05:15:21.85	05:15:39.65	+02:25:04 (46.0%)	9:36	6.2 (53.9%)
137	ŻELIŃSKI Marek	946		M50	9	02:22:15	04:05:10	05:15:59.25	05:16:12.25	+02:25:36 (46.1%)	9:38	6.2 (53.9%)
138	BANDOSZ Bartek	2776	BKKS ŁAWECZKA WILANÓW	M40	55	02:28:36	04:08:05	05:15:58.40	05:16:17.05	+02:25:41 (46.1%)	9:37	6.2 (53.9%)
139	WOJTYŁA Paweł	834	AKS POLONIA WARSZAWA	M30	61	02:27:13	04:10:06	05:21:37.40	05:22:12.65	+02:31:37 (47.1%)	9:48	6.1 (53.0%)
140	FILUT Tomasz	906		M40	56	02:30:31	04:16:22	05:23:34.10	05:24:02.30	+02:33:26 (47.4%)	9:51	6.1 (53.0%)
141	SZYMAŃSKI Mariusz	1109		M30	62	02:25:25	04:13:16	05:25:22.00	05:25:44.45	+02:35:09 (47.6%)	9:55	6 (52.2%)
142	POTACZEK Wojciech	826		M40	57	02:31:27	04:15:27	05:26:48.80	05:27:24.40	+02:36:48 (47.9%)	9:57	6 (52.2%)
143	LESZCZYŃSKI Bartłomiej	1916	LASY WAWERSKIE	M30	63	02:20:19	04:08:15	05:28:13.60	05:28:34.40	+02:37:58 (48.1%)	10:00	6 (52.2%)
144	ZDUNIAK Marcin	830	BIEGAM NA TARCHOMINIE	M40	58	02:27:54	04:17:06	05:28:24.15	05:29:04.25	+02:38:28 (48.2%)	10:00	6 (52.2%)
145	ROCZNIK Grzegorz	1917	FIZJOAKTIVA/BBL KRAKÓW	M40	59	02:34:02	04:20:30	05:29:36.85	05:30:04.35	+02:39:28 (48.3%)	10:02	6 (52.2%)
146	POLAKÓW Sławomir	1153	Z GÓRKI I POD GÓRKĘ	M40	60	02:29:17	04:14:04	05:30:24.00	05:30:44.65	+02:40:09 (48.4%)	10:04	6 (52.2%)
147	WIECZOREK Piotr	1125	CZYSTA AMATORKA	M40	61	02:29:12	04:14:34	05:30:45.65	05:31:17.00	+02:40:41 (48.5%)	10:05	6 (52.2%)
148	UHRIN Stanislav	842	PREŠOV TRAIL RUN SVK	M40	62	02:27:45	04:11:43	05:31:00.60	05:31:21.15	+02:40:45 (48.5%)	10:05	5.9 (51.3%)
149	JAŚKOWIEC Michał	833		M20	12	02:29:24	04:19:45	05:33:02.60	05:33:26.05	+02:42:50 (48.8%)	10:09	5.9 (51.3%)
150	KUBIAK Józef	910	ORLEN RUNNING TEAM	M60	2	02:30:50	04:15:32	05:33:04.90	05:33:33.85	+02:42:58 (48.9%)	10:09	5.9 (51.3%)
151	KUCHNO Tadeusz	1151	KW KRAKÓW	M50	10	02:34:18	04:20:35	05:33:02.75	05:33:41.10	+02:43:05 (48.9%)	10:09	5.9 (51.3%)
152	PIETRUS Maciek	1112		M40	63	02:29:11	04:20:18	05:35:10.90	05:35:41.80	+02:45:06 (49.2%)	10:13	5.9 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na	Schronisko pod	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Przehybie 9km	Durbaszką 25km	netto 32.8km	brutto 32.8km			
153	SIEDLACZEK Zbigniew	1055	SKLEP BIEGACZA LUBLIN TEAM	M60	3	02:37:13	04:21:47	05:36:17.55	05:36:48.10	+02:46:12 (49.3%)	10:15	5.9 (51.3%)
154	WARA-WĄSOWSKI Maciej	1057	SZAKALE BAŁUT	M50	11	02:29:16	04:23:20	05:37:49.15	05:38:03.90	+02:47:28 (49.5%)	10:17	5.8 (50.4%)
155	KAŁUZIŃSKI Dominik	1117	ZABIEGANY WOŁOMIN	M30	64	02:34:55	04:31:58	05:37:52.75	05:38:17.80	+02:47:42 (49.6%)	10:18	5.8 (50.4%)
156	MASZKOWSKI Rafał	845		M40	64	02:35:45	04:21:48	05:38:34.00	05:39:03.85	+02:48:28 (49.7%)	10:19	5.8 (50.4%)
157	SZLACHCIC Tomasz	832	TĘTNO PULSU	M30	65	02:32:51	04:25:07	05:38:53.35	05:39:23.40	+02:48:47 (49.7%)	10:19	5.8 (50.4%)
158	WÓJCIK Bernard	882	TĘTNO PULSU	M30	66	02:29:37	04:25:31	05:38:57.65	05:39:27.50	+02:48:52 (49.7%)	10:20	5.8 (50.4%)
159	CZAJKA Piotr	986	CZAJKI	M50	12	02:34:27	04:19:17	05:39:03.35	05:39:38.35	+02:49:02 (49.8%)	10:20	5.8 (50.4%)
160	ZAKRZEWSKI Jarosław	1147	AUTOKAJKI SP Z O.O	M40	65	02:29:08	04:26:39	05:39:55.00	05:40:07.85	+02:49:32 (49.8%)	10:21	5.8 (50.4%)
161	PELCZAR Paweł	1131		M40	66	02:31:56	04:28:16	05:40:28.45	05:41:02.80	+02:50:27 (50.0%)	10:22	5.8 (50.4%)
162	TOMASZEWSKI Krzysztof	1063	SPC	M40	67	02:49:12	04:32:04	05:42:02.20	05:42:17.30	+02:51:41 (50.2%)	10:25	5.8 (50.4%)
163	SALSKI Jarosław	877	WRONIECKI KLUB BIEGACZA	M30	67	02:31:05	04:19:28	05:42:25.15	05:42:46.35	+02:52:10 (50.2%)	10:26	5.7 (49.6%)
164	KALINOWSKI Marek	984		M40	68	02:33:00	04:24:57	05:44:17.95	05:44:49.15	+02:54:13 (50.5%)	10:29	5.7 (49.6%)
165	PREDEŃKOWSKI Jarek	954		M40	69	02:32:50	04:30:53	05:45:25.45	05:45:39.40	+02:55:03 (50.6%)	10:31	5.7 (49.6%)
166	GRZEJDZIAK Igor	943	NAPRZÓD MŁOCINY	M40	70	02:27:16	04:26:21	05:46:12.50	05:46:36.25	+02:56:00 (50.8%)	10:33	5.7 (49.6%)
167	CZACHOWSKI Michał	1011		M50	13	02:46:50	04:42:14	05:46:22.80	05:47:34.65	+02:56:59 (50.9%)	10:33	5.7 (49.6%)
168	KUŁAKOWSKI Piotr	970	CZLAPACZE	M60	4	02:41:09	04:32:15	05:47:12.50	05:47:50.00	+02:57:14 (51.0%)	10:35	5.7 (49.6%)
169	POJNAR Karol	1006	BIEGUSIEM. PL	M20	13	02:41:32	04:27:14	05:47:44.10	05:48:07.55	+02:57:32 (51.0%)	10:36	5.7 (49.6%)
170	SOBOLEWSKI Bartłomiej	1067	B - POJEKT	M60	5	02:39:13	04:33:08	05:48:31.05	05:48:54.65	+02:58:19 (51.1%)	10:37	5.6 (48.7%)
171	KLAJA Adrian	964		M30	68	02:16:03	04:12:13	05:49:06.25	05:49:10.20	+02:58:34 (51.1%)	10:38	5.6 (48.7%)
172	HRONOWSKI Kamil	961		M20	14	02:25:33	04:23:12	05:49:13.10	05:49:21.35	+02:58:45 (51.2%)	10:38	5.6 (48.7%)
173	HRONOWSKI Piotr	960	KITOWCY	M20	15	02:25:32	04:23:14	05:49:14.05	05:49:21.70	+02:58:46 (51.2%)	10:38	5.6 (48.7%)
174	ŚMIETANKA Adam	1108		M20	16	02:27:04	04:18:50	05:53:03.80	05:53:49.15	+03:03:13 (51.8%)	10:45	5.6 (48.7%)
175	SZELAĞ Piotr	1490	TURBO JEŻE TEAM	M40	71	02:33:12	04:43:27	05:56:03.90	05:56:31.80	+03:05:56 (52.2%)	10:51	5.5 (47.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na	Schronisko pod	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Przehybie 9km	Durbaszką 25km	netto 32.8km	brutto 32.8km			
176	SCIUBA Kamil	1074		M30	69	02:33:31	04:49:07	05:56:12.75	05:56:55.25	+03:06:19 (52.2%)	10:51	5.5 (47.8%)
177	KACZYŃSKI Marcin	1724	NEXERIANIE	M40	72	02:33:18	04:43:29	05:57:17.70	05:57:45.35	+03:07:09 (52.3%)	10:53	5.5 (47.8%)
178	CZAPLIŃSKI Michał	1106		M40	73	02:43:46	04:36:08	05:58:18.35	05:58:52.35	+03:08:16 (52.5%)	10:55	5.5 (47.8%)
179	SOŁDYGA Paweł	1027	SKOWRONEKBIEGA	M40	74	02:36:37	04:29:10	05:59:35.60	06:00:04.65	+03:09:29 (52.6%)	10:57	5.5 (47.8%)
180	KUTYŁA Stanisław	1102	ORANGE POLSKA	M50	14	02:49:36	04:52:51	06:00:04.90	06:00:20.80	+03:09:45 (52.7%)	10:58	5.5 (47.8%)
181	CZECH Marcin	859	OCHAJORUN&FRIENDS	M40	75	02:40:59	04:46:41	06:00:50.00	06:01:10.90	+03:10:35 (52.8%)	11:00	5.5 (47.8%)
182	KOĆ Marcin	836		M40	76	02:31:08	04:33:43	06:02:56.70	06:03:22.40	+03:12:46 (53.1%)	11:03	5.4 (47.0%)
183	WYSOCKI Tomasz	1119	OCHAJORUB&FRIENDS	M50	15	02:41:02	04:46:44	06:03:30.80	06:03:46.50	+03:13:11 (53.1%)	11:04	5.4 (47.0%)
184	POŁĘĆ Grzegorz	1031		M60	6	02:40:49	04:46:20	06:07:08.65	06:07:40.75	+03:17:05 (53.6%)	11:11	5.4 (47.0%)
185	STĘPIEŃ Piotr	1142		M30	70	02:52:28	04:46:15	06:09:01.10	06:09:34.25	+03:18:58 (53.8%)	11:15	5.3 (46.1%)
186	SZCZEPKOWSKI Robert	1015		M40	77	02:41:20	04:52:47	06:11:25.45	06:12:11.60	+03:21:36 (54.2%)	11:19	5.3 (46.1%)
187	GNIADK Łukasz	1124	BRAVEHEARTS LEGIONOWO	M40	78	02:41:20	04:32:26	06:13:12.20	06:13:40.20	+03:23:04 (54.3%)	11:22	5.3 (46.1%)
188	KUŚ Michał	1072	LUBIĘ BURPEES'Y	M30	71	02:40:21	04:47:49	06:15:24.90	06:15:30.80	+03:24:55 (54.6%)	11:26	5.2 (45.2%)
189	WIERTELORZ Paweł	948		M40	79	02:39:39	04:47:34	06:15:24.15	06:15:31.50	+03:24:56 (54.6%)	11:26	5.2 (45.2%)
190	HAWLENA Marcin	1024	LUBIĘ BURPEES'Y	M50	16	02:40:19	04:47:45	06:15:24.60	06:15:31.90	+03:24:56 (54.6%)	11:26	5.2 (45.2%)
191	ŁOKAS Andrzej	1037		M50	17	03:01:12	04:59:06	06:17:35.60	06:18:11.80	+03:27:36 (54.9%)	11:30	5.2 (45.2%)
192	WARDZIŃSKI Paweł	1148	RUN AND GUN	M40	80	02:52:59	04:53:23	06:18:23.90	06:18:50.25	+03:28:14 (55.0%)	11:32	5.2 (45.2%)
193	CHAJDYS Maciej	1042	SKOSZEWY RUNNERS	M40	81	02:48:19	04:56:51	06:19:44.90	06:20:02.70	+03:29:27 (55.1%)	11:34	5.2 (45.2%)
194	LATAŁA Wojciech	856	LEŚNE GRUBASY	M40	82	02:56:45	04:57:23	06:19:51.70	06:20:26.70	+03:29:51 (55.2%)	11:34	5.2 (45.2%)
195	DENKOWSKI Wojciech	850	BP RUNNING TEAM GLIWICE	M50	18	03:00:05	05:05:58	06:27:33.25	06:27:46.20	+03:37:10 (56.0%)	11:48	5.1 (44.3%)
196	TOKARZ Jerzy	1918	BIEGAMBOLUBIĘ	M60	7	02:48:07	04:56:19	06:29:06.75	06:29:33.80	+03:38:58 (56.2%)	11:51	5.1 (44.3%)
197	KOZIEŁ Jarosław	985	ŁÓDŹ KOCHA SPORT	M30	72	02:52:30	05:02:08	06:29:09.65	06:29:42.75	+03:39:07 (56.2%)	11:51	5.1 (44.3%)
198	GRABOWSKI Leszek	909	STARE BABICE BIEGAJĄ	M50	19	02:55:50	05:10:32	06:30:09.20	06:30:44.05	+03:40:08 (56.3%)	11:53	5 (43.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na Przehybie 9km	Schronisko pod Durbaszką 25km	Czas netto 32.8km	Czas brutto 32.8km	Różn	Tempo min/km	Tempo km/h
199	WRÓBEL Grzegorz	931	BYLE DO METY	M30	73	03:02:04	05:14:24	06:32:06.30	06:32:30.20	+03:41:54 (56.5%)	11:57	5 (43.5%)
200	LUC Adam	1064	BIEGUSIEM.PL	M40	83	02:54:14	05:01:55	06:40:44.65	06:41:05.90	+03:50:30 (57.5%)	12:13	4.9 (42.6%)
201	PILCICKI Przemysław	1058		M30	74	02:41:25	05:01:44	06:40:31.75	06:41:09.05	+03:50:33 (57.5%)	12:12	4.9 (42.6%)
202	POREBSKI Zbigniew	1780	QUATTRO	M50	20	03:02:18	05:16:22	06:49:45.00	06:50:11.45	+03:59:36 (58.4%)	12:29	4.8 (41.7%)
203	KLOSS Daniel	1455	KAPITAN KLOSS	M40	84	02:45:54	05:04:38	06:56:07.55	06:56:21.40	+04:05:45 (59.0%)	12:41	4.7 (40.9%)
204	STACHANCZYK Wojciech	849	MATNER RUNNING TEAM	M40	85	03:15:17	05:30:22	06:58:39.65	06:58:58.05	+04:08:22 (59.3%)	12:45	4.7 (40.9%)
205	RYBARSKI Michał	997		M40	86	03:14:45	05:32:16	07:04:12.65	07:04:57.80	+04:14:22 (59.9%)	12:55	4.6 (40.0%)
206	RYBARSKI Maciej	987		M30	75	03:02:11	05:32:15	07:04:48.35	07:05:33.30	+04:14:57 (59.9%)	12:57	4.6 (40.0%)
207	GŁUCHOWSKI Jacek	838	BB RUNNERS	M40	87	03:12:23	05:28:39	07:05:55.10	07:06:13.75	+04:15:38 (60.0%)	12:59	4.6 (40.0%)
207	FUDAŁEJ Piotr	2498	TG. SOKÓŁ ZAKOPANE	M50	21	03:12:20	05:28:36	07:05:55.65	07:06:13.75	+04:15:38 (60.0%)	12:59	4.6 (40.0%)
209	WASILEWSKI Adam	927	ŁOMIANKOWSKA GRUPA BIEGOWA	M40	88	03:24:03	05:52:19	07:19:42.30	07:19:50.00	+04:29:14 (61.2%)	13:24	4.5 (39.1%)
210	CHOJNACKI Rafał	1051	IM GORZEJ TYM LEPIEJ	M20	17	02:54:05	05:23:13	07:20:56.55	07:21:28.70	+04:30:53 (61.4%)	13:26	4.5 (39.1%)
211	URBAŃSKI Mikołaj	1050	IM GORZEJ TYM LEPIEJ	M20	18	02:54:08	05:28:07	07:20:57.35	07:21:29.15	+04:30:53 (61.4%)	13:26	4.5 (39.1%)
212	DOBREK Wojciech	1034	WIECZORNE BIEGANIE	M50	22	03:06:30	05:38:56	07:34:35.20	07:34:51.25	+04:44:15 (62.5%)	13:51	4.3 (37.4%)
213	PŁOSKONKA Paweł	1049	SPARTA LUBLIN	M30	76	03:21:29	05:45:11	07:50:36.00	07:50:36.00	+05:00:00 (63.8%)	14:20	4.2 (36.5%)
	MIERZWA Jakub	807		M20		01:56:51 DNF	03:56:01 DNF	DNF	DNF		-	- (0.0%)
	ŻELIŃSKI Michał	945	CSC ADVENTURE ACADEMY	M20		02:12:47 DNF	DNF	DNF	DNF		-	- (0.0%)
	STOBIECKI Andrzej	1113	ŚWIŃSKIE CYCE	M30		03:06:19 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 216 wynik(ów)