



ŻWAWĘ WIERCHY - 34 KM

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Wydarzenie: PIENINY ULTRA-TRAIL®
Organizator: Fundacja Strefa Przygód
Data: 2023-04-22
Miejsce: Szczawnica
Dystans: 33.8 km

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INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na Przehybie				Czas netto 33.8km	Czas brutto 33.8km	Różn	Tempo min/km	Tempo km/h
						14.7km	Premia1 26.8km	Premia2 27.3km	33.3km					
1	STAL Katarzyna	1064	KS STASZEWCY	K40	1	01:46:14	02:58:16	03:03:42	03:37:52	03:39:32.40	03:39:57.75		6:29	9.2 (100%)
2	REDKIEWICZ Agnieszka	1427	BLACK HAT TEAM	K40	2	01:54:18	03:17:28	03:22:49	04:01:27	04:03:29.25	04:03:46.45	+00:23:48 (9.8%)	7:12	8.3 (90.2%)
3	MARCINKOWSKA-CHOLEWA Katarzyna	1433	GÓRAL Z MAZUR RUNNING TEAM	K40	3	01:55:42		03:22:26	04:02:53	04:04:43.00	04:04:48.90	+00:24:51 (10.2%)	7:14	8.3 (90.2%)
4	URBAN Iwona	1379	42K PRO TEAM	K40	4	02:07:15	03:31:17	03:36:50	04:18:03	04:19:59.85	04:20:03.80	+00:40:06 (15.4%)	7:41	7.8 (84.8%)
5	ŻAK Barbara	2164	JURA TEAM	K40	5	02:00:35	03:33:19	03:39:38	04:25:46	04:28:00.55	04:28:07.00	+00:48:09 (18.0%)	7:55	7.6 (82.6%)
6	JĘDRASZEK Alicja	1305	TRAIL IS OUR WAY	K40	6	02:07:42	03:35:42	03:42:01	04:26:05	04:28:04.20	04:28:32.60	+00:48:34 (18.1%)	7:55	7.6 (82.6%)
7	PIĘTKA Marta	1360		K40	7	02:04:53	03:44:50	03:51:49	04:43:07	04:45:24.50	04:45:30.15	+01:05:32 (23.0%)	8:26	7.1 (77.2%)
8	GONCERZEWICZ Anna	1421	ASICS FRONTRUNNER/STARE BABICE BIEGAJĄ	K40	8	02:12:12	03:50:41	03:57:10	04:45:20	04:47:21.70	04:47:46.10	+01:07:48 (23.6%)	8:30	7.1 (77.2%)
9	WICINSKA-REUS Dominika	1391	PGE OBRÓT RUN	K40	9	02:22:21	03:55:46	04:01:56	04:51:23	04:53:12.00	04:53:38.75	+01:13:41 (25.1%)	8:40	6.9 (75.0%)
10	ŁĄCZ Małgorzata	1258	.	K40	10	02:13:05	03:57:54	04:05:02	04:56:35	04:58:57.80	04:59:26.50	+01:19:28 (26.5%)	8:50	6.8 (73.9%)
11	KRAWCZYK-DANAK Marta	1234		K40	11	02:20:20	04:07:14	04:15:13	05:08:02	05:10:06.45	05:10:23.65	+01:30:25 (29.1%)	9:10	6.5 (70.7%)
12	BRZESKA Agata	1208	ŁOMIANKOWSKA GRUPA BIEGOWA	K40	12	02:15:46	04:11:09	04:18:48	05:15:49	05:17:55.65	05:18:29.90	+01:38:32 (30.9%)	9:24	6.4 (69.6%)
13	HOLIK Iwona	1399	GGB	K40	13	02:31:02	04:33:48	04:41:20	05:31:54	05:34:02.05	05:34:21.70	+01:54:23 (34.2%)	9:52	6.1 (66.3%)
14	GLINKA Agnieszka	1302	BRAVEHEARTS LEGIONOWO	K40	14	02:29:28	04:30:25	04:38:33	05:32:10	05:34:33.55	05:34:58.90	+01:55:01 (34.3%)	9:53	6.1 (66.3%)
15	MICHALCZYK Anna	1202	NAPRZÓD MŁOCINY	K40	15	02:30:18	04:30:46	04:38:56	05:35:52	05:38:10.15	05:38:21.50	+01:58:23 (35.0%)	10:00	6 (65.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na Przehybie				Czas netto 33.8km	Czas brutto 33.8km	Różn	Tempo min/km	Tempo km/h
						14.7km	Premia1 26.8km	Premia2 27.3km	33.3km					
16	BUJNOWSKA Eliza	1250		K40	16	02:26:51	04:34:19	04:41:27	05:36:17	05:38:22.20	05:38:40.50	+01:58:42 (35.1%)	10:00	6 (65.2%)
17	ZIAJKO Zuza	1340		K40	17	02:26:49	04:34:16	04:41:26	05:36:07	05:38:21.05	05:38:40.60	+01:58:42 (35.1%)	10:00	6 (65.2%)
18	KOŁODZIEJCZYK Marta	1003	ŁĘCZNA BIEGA	K40	18	02:25:47	04:32:33	04:40:20	05:37:09	05:39:31.85	05:39:52.30	+01:59:54 (35.3%)	10:02	6 (65.2%)
18	WÓJCICKA Agnieszka	1133	ŁĘCZNA BIEGA	K40	18	02:25:46	04:32:33	04:39:25	05:37:09	05:39:31.85	05:39:52.30	+01:59:54 (35.3%)	10:02	6 (65.2%)
20	PASTUSZAK Ewa	1424	ŁĘCZNA BIEGA	K40	20	02:25:46	04:32:33	04:40:20	05:37:09	05:39:31.10	05:39:52.80	+01:59:55 (35.3%)	10:02	6 (65.2%)
21	ZAJĄC Aga	1253	77CATS_ULTRA	K40	21	02:31:06	04:33:48	04:41:30	05:42:29	05:45:00.20	05:45:20.05	+02:05:22 (36.3%)	10:12	5.9 (64.1%)
22	SZCZEŚNIAK Agnieszka	1420	SB SOBOLE	K40	22	02:31:37	04:38:23	04:45:43	05:44:34	05:46:54.70	05:47:00.20	+02:07:02 (36.6%)	10:15	5.8 (63.0%)
23	SZALEWICZ Ewa	1184	ŁOMIANKOWSKA GRUPA BIEGOWA	K40	23	02:36:20	04:43:56	04:52:12	05:46:49	05:49:03.90	05:49:37.90	+02:09:40 (37.1%)	10:19	5.8 (63.0%)
24	RADZIWANOWSKI Agata	1402		K40	24	02:26:57	04:26:08	04:33:47	05:50:26	05:53:27.95	05:53:33.70	+02:13:35 (37.8%)	10:27	5.7 (62.0%)
25	CHOMA Grażyna	1168	PĘDZĄCELENIWCE	K40	25	02:31:49	04:44:22	04:51:58	05:50:41	05:53:05.30	05:53:41.15	+02:13:43 (37.8%)	10:26	5.7 (62.0%)
26	KSIĄŻEK Danuta	1113		K40	26	02:46:32	04:54:49	05:00:42	05:51:50	05:54:14.65	05:54:50.25	+02:14:52 (38.0%)	10:28	5.7 (62.0%)
27	BALCERZAK Krysia	1277	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	K40	27	02:37:12	04:45:07	04:52:36	05:53:54	05:56:02.65	05:56:14.95	+02:16:17 (38.3%)	10:32	5.7 (62.0%)
28	KADZIDŁOWSKA Aleksandra	1290		K40	28	02:36:56	04:45:07	04:52:28	05:53:55	05:56:02.80	05:56:15.10	+02:16:17 (38.3%)	10:32	5.7 (62.0%)
29	ZDUNEK Małgorzata	1119	#NOLIMITS	K40	29	02:36:33	04:44:10	04:53:21	05:55:54	05:58:29.25	05:59:01.65	+02:19:03 (38.7%)	10:36	5.7 (62.0%)
30	SZYDŁOWSKA Agata	1216	2ROWERY.COM.PL	K40	30	02:33:52	04:44:25	04:52:21	05:59:16	06:01:56.15	06:02:34.95	+02:22:37 (39.3%)	10:42	5.6 (60.9%)
31	ZAJĄC Anna	1123		K40	31	02:31:09	04:53:20	05:01:51	05:59:35	06:02:09.85	06:02:36.80	+02:22:39 (39.3%)	10:42	5.6 (60.9%)
32	BIENIAS Joanna	1103	MIĘDZYRZECKIE GAZELE	K40	32	02:38:17	04:52:11	05:00:08	06:00:44	06:03:00.90	06:03:33.40	+02:23:35 (39.5%)	10:44	5.6 (60.9%)
32	SIKORSKA Izabela	1021	MIĘDZYRZECKIE GAZELE	K40	32	02:38:15	04:52:53	05:00:32	06:00:43	06:03:00.10	06:03:33.40	+02:23:35 (39.5%)	10:44	5.6 (60.9%)
32	GANDECKA Beata	1072	MIĘDZYRZECKIE GAZELE	K40	32	02:39:26	04:52:13	05:00:29	05:59:02	06:03:02.05	06:03:33.40	+02:23:35 (39.5%)	10:44	5.6 (60.9%)
35	ZWIERZCHOWSKA Katarzyna	1398		K40	35	02:42:31	04:53:12	05:01:26	06:02:47	06:05:03.70	06:05:29.65	+02:25:31 (39.8%)	10:48	5.6 (60.9%)
36	SULIGA Wioletta	1172	AUGUSTEAM	K40	36	02:51:15	05:06:47	05:15:03	06:14:09	06:16:37.90	06:16:46.25	+02:36:48 (41.6%)	11:08	5.4 (58.7%)
37	ZUWAŁA Anna	1009	RAGNAR TEAM	K40	37	02:50:27	05:06:50	05:14:37	06:21:26	06:24:12.40	06:24:22.45	+02:44:24 (42.8%)	11:22	5.3 (57.6%)
38	WARDA Agnieszka	1028	SPARTA LUBLIN	K40	38	02:59:49	05:21:19	05:29:06	06:32:54	06:35:44.95	06:35:59.70	+02:56:01 (44.5%)	11:42	5.1 (55.4%)

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						14.7km	Premia1 26.8km	Premia2 27.3km	33.3km					
39	WOROSZYŁO Monika	1229	RYKOWISKO	K40	39	02:52:16	05:18:00	05:26:46	06:40:41	06:42:52.45	06:43:20.10	+03:03:22 (45.5%)	11:55	5 (54.3%)
40	BIAŁOKOS Anna	1428		K40	40	03:09:52	05:28:25	05:38:02	06:47:06	06:49:39.55	06:50:16.70	+03:10:18 (46.4%)	12:07	5 (54.3%)
41	DROSIO Katarzyna	1037		K40	41	03:02:28	05:38:16	05:48:00	06:48:25	06:50:53.95	06:51:19.30	+03:11:21 (46.5%)	12:09	4.9 (53.3%)
42	RÓŻAŃSKA Renata	1017		K40	42	02:59:51	05:51:00	06:00:12	06:58:34	07:00:46.15	07:00:53.00	+03:20:55 (47.7%)	12:26	4.8 (52.2%)
43	KONCA Beata	1351	KB OŻARÓW MAZOWIECKI BIEGA	K40	43	03:04:14	05:48:14	05:58:46	07:07:09	07:09:44.05	07:10:16.75	+03:30:19 (48.9%)	12:42	4.7 (51.1%)
44	LEWANDOWSKA Monika	1035		K40	44	03:00:17	05:51:03	06:00:12	07:24:39	07:27:12.95	07:27:20.25	+03:47:22 (50.8%)	13:13	4.5 (48.9%)
45	SZWARC Anna	1255		K40	45	03:00:17	05:51:15	06:00:11	07:24:37	07:27:12.90	07:27:20.50	+03:47:22 (50.8%)	13:13	4.5 (48.9%)
Przekroczony limit czasu: 08:00:00														
46	ZALESKA Aneta	1179	ŁOMIANKOWSKA GRUPA BIEGOWA	K40	46	02:49:51	07:36:48	07:45:29	08:50:02	08:52:29.65	08:53:04.35	+05:13:06 (58.7%)	15:45	3.8 (41.3%)
47	WIEDRO Małgorzata	1356	WKURW-TEAM/BIEGNĘ , ŻEBY BARTEK MÓGŁ BIEGAĆ	K40	47	03:16:43	07:24:54	07:33:46	08:53:13	08:56:27.55	08:56:35.85	+05:16:38 (59.0%)	15:52	3.8 (41.3%)

Znaleziono 47 wynik(ów)