



ŻWAWĘ WIERCHY - 34 KM

B4SPORT

Event: PIENINY ULTRA-TRAIL®
Organiser: Fundacja Strefa Przygód
Date: 2023-04-22
Place: Szczawnica
Distance: 33.8 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: M50

Place	Participant	Number	Club	Category	MCat	Schronisko na Przehybie				Net time 33.8km	Czas brutto 33.8km	Gap	Pace min/km	Pace km/h
						14.7km	Premia1 26.8km	Premia2 27.3km	33.3km					
1	FRYSIAK Artur	1183	WIELUŃ ULTRA I NIE TYLKO	M50	1	01:46:52	03:06:40	03:12:12	03:52:51	03:54:40.45	03:54:49.15		6:56	8.6 (100%)
2	MATUSZCZYK Paweł	1249		M50	2	02:01:08	03:29:11	03:34:55	04:15:11	04:17:04.60	04:17:26.90	+00:22:37 (8.8%)	7:36	7.9 (91.9%)
3	LASOTA Arkadiusz	1027		M50	3	02:09:36	03:55:58	04:01:45	04:47:06	04:49:08.30	04:49:27.60	+00:54:38 (18.9%)	8:33	7 (81.4%)
4	PEC Arkadiusz	1144	NAPRZÓD MŁOCINY	M50	4	02:04:46	03:49:15	03:56:13	04:48:06	04:50:15.15	04:50:22.15	+00:55:33 (19.1%)	8:35	7 (81.4%)
5	BARANOWSKI Robert	1410		M50	5	02:08:29	03:54:51	04:01:20	04:48:29	04:50:19.35	04:50:37.55	+00:55:48 (19.2%)	8:35	7 (81.4%)
6	MAŁKOWSKI Tomasz	1166	GRUPA BIEGOWA 65	M50	6	02:01:29	03:44:40	03:51:40	04:49:45	04:52:12.55	04:52:31.55	+00:57:42 (19.7%)	8:38	6.9 (80.2%)
7	KIBART Robert	1175		M50	7	02:10:44	04:07:59	04:14:36	05:03:48	05:05:57.90	05:07:09.20	+01:12:20 (23.5%)	9:03	6.6 (76.7%)
8	STARZYŃSKI Stefan	1085	PERFECT RUNNER LUBLIN	M50	8	02:22:10	04:13:41	04:20:22	05:14:22	05:16:41.70	05:17:07.55	+01:22:18 (26.0%)	9:22	6.4 (74.4%)
9	GREŃ Krzysztof	1257		M50	9	02:25:43	04:14:09	04:21:18	05:17:39	05:19:49.50	05:20:19.80	+01:25:30 (26.7%)	9:27	6.3 (73.3%)
10	KARASEK Mariusz	1083		M50	10	02:16:20	04:20:07	04:26:37	05:21:28	05:23:39.60	05:23:56.70	+01:29:07 (27.5%)	9:34	6.3 (73.3%)
11	GODEK Tomasz	1212		M50	11	02:24:23	04:28:25	04:35:47	05:26:11	05:28:04.30	05:28:18.15	+01:33:29 (28.5%)	9:42	6.2 (72.1%)
12	CYBA Piotr	1163		M50	12	02:18:20	04:19:42	04:25:59	05:25:55	05:28:19.85	05:28:42.75	+01:33:53 (28.6%)	9:42	6.2 (72.1%)
13	WILARY Robert	1371	SZWAGRY TEAM	M50	13	02:13:33	04:18:13	04:25:50	05:27:42	05:29:53.60	05:30:22.00	+01:35:32 (28.9%)	9:45	6.1 (70.9%)
14	NAWROT Waldek	1364	J U V E R U N	M50	14	02:16:16	04:15:34	04:21:56	05:27:41	05:30:00.05	05:30:27.40	+01:35:38 (28.9%)	9:45	6.1 (70.9%)
15	URBASZEWSKI Sławomir	1126	BIEGAM BO LUBIE	M50	15	02:18:34	04:16:23	04:24:12	05:29:34	05:32:01.40	05:32:38.35	+01:37:49 (29.4%)	9:49	6.1 (70.9%)

Place	Participant	Number	Club	Category	MCat	Schronisko na Przehybie				Net time 33.8km	Czas brutto 33.8km	Gap	Pace min/km	Pace km/h
						14.7km	Premia1 26.8km	Premia2 27.3km	33.3km					
16	MIKSA Sławomir	1349		M50	16	02:23:50	04:29:12	04:38:02	05:31:41	05:33:40.65	05:34:35.85	+01:39:46 (29.8%)	9:52	6.1 (70.9%)
17	KUTYŁA Stanisław	1344	ORANGE POLSKA	M50	17	02:31:18	04:29:16	04:36:42	05:33:46	05:36:19.55	05:36:59.75	+01:42:10 (30.3%)	9:57	6 (69.8%)
18	PODLEWSKI Wojciech	1008	KS SPORTIVA	M50	18	02:25:06	04:33:19	04:41:05	05:36:49	05:39:42.05	05:39:44.65	+01:44:55 (30.9%)	10:03	6 (69.8%)
19	STACHYRA Andrzej	1081	LSB	M50	19				05:43:10	05:45:29.30	05:45:29.30	+01:50:40 (32.0%)	10:13	5.9 (68.6%)
20	JONCZAK Radosław	1046	AKTYWNIE UZALEŻNIAMY	M50	20	02:20:12	04:31:48	04:39:21	05:43:08	05:45:22.90	05:45:51.90	+01:51:02 (32.1%)	10:13	5.9 (68.6%)
21	ZARĘBA Jarosław	1187		M50	21	02:21:54	04:41:14	04:49:00	05:44:19	05:46:30.80	05:47:14.80	+01:52:25 (32.4%)	10:15	5.9 (68.6%)
21	WIERBIŁOWICZ Dariusz	1190		M50	21	02:21:49	04:41:14	04:48:59	05:44:17	05:46:31.90	05:47:14.80	+01:52:25 (32.4%)	10:15	5.9 (68.6%)
23	TUREK Paweł	1051	PRIN-S	M50	23	02:37:04	04:45:43	04:53:52	05:52:55	05:55:51.20	05:56:30.60	+02:01:41 (34.1%)	10:31	5.7 (66.3%)
24	KRZECZKOWSKI Roman	1127	BIEGOWA ŚWIDNICA/CUDO KOMBUCHA TEAM	M50	24	02:42:12	04:53:56	05:01:36	06:05:39	06:08:16.25	06:08:59.15	+02:14:10 (36.4%)	10:53	5.5 (64.0%)
25	SKRZYPEK Robert	1093	BIEGNIJ Z PROSERVICE	M50	25	02:38:47	05:11:03	05:18:40	06:19:35	06:22:00.70	06:22:48.35	+02:27:59 (38.7%)	11:18	5.3 (61.6%)
26	ZUWAŁA Robert	1004	RAGNAR TEAM	M50	26	02:50:27	05:06:50	05:14:35	06:21:25	06:24:12.05	06:24:22.55	+02:29:33 (38.9%)	11:22	5.3 (61.6%)
27	HAWLENA Marcin	1075	LUBIĘ BURPEES'Y	M50	27	02:41:01	05:03:32	05:10:34	06:23:46	06:26:26.05	06:26:35.60	+02:31:46 (39.3%)	11:25	5.2 (60.5%)
28	KUCHNO Tadeusz	1384	KW KRAKÓW	M50	28	02:46:32	05:17:18	05:25:14	06:32:08	06:34:45.65	06:35:09.75	+02:40:20 (40.6%)	11:40	5.1 (59.3%)
29	KULAWIŃSKI Marek	1274		M50	29	02:45:36	05:38:33	05:47:29	06:48:00	06:50:41.60	06:51:26.90	+02:56:37 (42.9%)	12:09	4.9 (57.0%)
	NIZIOLEK Marek	1404	ZADYSZKA	M50		02:27:15 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KOCIOŁEK Andrzej	1151		M50		02:29:10 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Total 31 results.