



ZWODNICZA RUSAŁKA | 44 KM

B4SPORT

Wydarzenie: II Ultra-Bies
Organizator: Fundacja Ultra-Bies
Data: 2023-05-05
Miejsce: Dożyca
Dystans: 44 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | PK Górzanka 15km | PK Łopienka 28km | PK Cisna 38km | Czas netto 44km | Czas brutto 44km | Różn | Tempo min/km | Tempo km/h |
|-----|---|------------|----------------------------|-----------|------|------------------------|------------------------|---------------------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 1 | KOLANO Agnieszka | 420 | PRZEDWOJEWSKI TEAM | K40 | 1 | 02:05:42 | 02:54:12 | 04:18:24 | 05:07:25.25 | 05:07:25.25 | | 6:59 | 8.6 (100%) |
| 2 | FLAGA Iwona | 439 | LOS PANTALONES ROJOS | K40 | 2 | 02:12:43 | 03:09:07 | 04:31:08 | 05:17:46.30 | 05:17:46.30 | +00:10:21 (3.3%) | 7:13 | 8.3 (96.5%) |
| 3 | GRZĘBSKA-BUJA Małgorzata | 435 | GOSIA.SIE.BUJA | K40 | 3 | 02:33:15 | 03:29:12 | 05:10:26 | 06:08:42.80 | 06:08:42.80 | +01:01:17 (16.6%) | 8:22 | 7.2 (83.7%) |
| 4 | DYŚ Małgorzata | 453 | PCTS SPORT | K40 | 4 | 02:30:55 | 03:32:24 | 05:19:50 | 06:20:29.50 | 06:20:29.50 | +01:13:04 (19.2%) | 8:38 | 6.9 (80.2%) |
| 5 | CEBRAT Ewa | 517 | | K40 | 5 | 02:43:31 | 03:58:34 | 05:40:29 | 06:38:17.50 | 06:38:17.50 | +01:30:52 (22.8%) | 9:03 | 6.6 (76.7%) |
| 6 | CACH Barbara | 485 | | K40 | 6 | 02:42:49 | 03:50:38 | 05:38:57 | 06:44:59.80 | 06:44:59.80 | +01:37:34 (24.1%) | 9:12 | 6.5 (75.6%) |
| 7 | TOMASZEWSKA Ewa | 452 | BIEG OPOLSKI | K40 | 7 | 02:52:55 | 04:04:09 | 05:49:02 | 06:45:35.55 | 06:45:35.55 | +01:38:10 (24.2%) | 9:13 | 6.5 (75.6%) |
| 8 | DOMARADZKA- KASZUBOWICZ Wiktoria | 520 | SANOK BIEGA | K40 | 8 | 02:44:54 | 03:58:34 | 05:43:46 | 06:47:14.70 | 06:47:14.70 | +01:39:49 (24.5%) | 9:15 | 6.5 (75.6%) |
| 9 | PIEJKO Joanna | 501 | BŁĘKITNA XVII | K40 | 9 | 02:38:31 | 03:44:38 | 05:46:08 | 06:55:41.75 | 06:55:41.75 | +01:48:16 (26.0%) | 9:26 | 6.4 (74.4%) |
| 10 | PASIEKA Agnieszka | 462 | KB ATHLETIC ZRĘCIN | K40 | 10 | 02:48:10 | 04:03:54 | 05:56:20 | 06:59:27.55 | 06:59:27.55 | +01:52:02 (26.7%) | 9:31 | 6.3 (73.3%) |
| 11 | WITUSIK Dorota | 414 | | K40 | 11 | 02:48:13 | 04:04:09 | 05:56:32 | 07:00:18.05 | 07:00:18.05 | +01:52:52 (26.9%) | 9:33 | 6.3 (73.3%) |
| 12 | PLISZCZYŃSKA Justyna | 434 | | K40 | 12 | 03:06:18 | 04:20:44 | 06:25:10 | 07:30:01.15 | 07:30:01.15 | +02:22:35 (31.7%) | 10:13 | 5.9 (68.6%) |
| 13 | KOTOWICZ Iwona | 513 | PODIUM | K40 | 13 | 02:56:51 | 04:22:57 | 06:23:39 | 07:37:48.00 | 07:37:48.00 | +02:30:22 (32.8%) | 10:24 | 5.8 (67.4%) |
| 14 | JATA Marta | 437 | MROZEK TRI TEAM/UMCS BIEGA | K40 | 14 | 03:01:21 | 04:23:36 | 06:27:11 | 07:43:50.85 | 07:43:50.85 | +02:36:25 (33.7%) | 10:32 | 5.7 (66.3%) |
| 15 | NOWAK Marta | 470 | NARAMOWICE BIEGAJĄ | K40 | 15 | 03:02:38 | 04:26:05 | 06:36:46 | 07:59:52.75 | 07:59:52.75 | +02:52:27 (35.9%) | 10:54 | 5.5 (64.0%) |

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|-----|-------------------------------|------------|-----------------------------------|-----------|------|------------------------|------------------------|---------------------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 16 | CZEKALSKA Magdalena | 468 | NARAMOWICE BIEGAJĄ | K40 | 16 | 03:02:39 | 04:26:08 | 06:36:42 | 08:01:02.00 | 08:01:02.00 | +02:53:36 (36.1%) | 10:55 | 5.5 (64.0%) |
| 17 | DEDIC Lenka | 461 | RARLD | K40 | 17 | 03:22:08 | 04:55:29 | 07:15:13 | 08:36:15.05 | 08:36:15.05 | +03:28:49 (40.5%) | 11:43 | 5.1 (59.3%) |
| 18 | JACKOWSKA Ewa | 508 | JAROSŁAWSKA GRUPA BIEGOWA "SOKÓŁ" | K40 | 18 | 03:14:00 | 04:58:31 | 07:26:41 | 08:55:34.65 | 08:55:34.65 | +03:48:09 (42.6%) | 12:10 | 4.9 (57.0%) |
| 19 | LEŚNICZAK Barbara | 523 | | K40 | 19 | 03:36:01 | 05:14:33 | 07:40:02 | 09:04:50.85 | 09:04:50.85 | +03:57:25 (43.6%) | 12:22 | 4.8 (55.8%) |
| 20 | BURZ-PARADOWSKA Jowita | 480 | BYLE DO METY | K40 | 20 | 03:37:59 | 05:13:03 | 07:45:55 | 09:15:55.05 | 09:15:55.05 | +04:08:29 (44.7%) | 12:38 | 4.7 (54.7%) |

Znaleziono 20 wynik(ów)