



ZWODNICZA RUSAŁKA | 44 KM

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: III Ultra-Bies
Organizator: Fundacja Ultra-Bies
Data: 2024-05-10
Miejsce: Dołżyca
Dystans: 44 km

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK Cisna 38km	Czas netto 44km	Czas brutto 44km	Różn	Tempo min/km	Tempo km/h
1	SOBAS Jacek	493	ON RUNNING	M30	1	03:30:57	04:11:52.65	04:11:52.65		5:43	10.5 (100%)
2	GIERULA Grzegorz	470	KB ATHLETIC ZRĘCIN	M30	2	04:09:56	04:58:58.85	04:58:58.85	+00:47:06 (15.8%)	6:47	8.8 (83.8%)
3	KAMIŃSKI Marek	501		M30	3	04:19:58	05:06:40.95	05:06:40.95	+00:54:48 (17.9%)	6:58	8.6 (81.9%)
4	D'AURIA Umberto	510		M30	4	04:17:21	05:10:25.95	05:10:25.95	+00:58:33 (18.9%)	7:03	8.5 (81.0%)
5	CIENKOSZ Przemysław	479	#ZALINIAMETYTEAM	M30	5	04:22:24	05:15:25.50	05:15:25.50	+01:03:32 (20.1%)	7:10	8.4 (80.0%)
6	PIETRZAK Rafał	477	STOPKA PILAWA	M30	6	04:33:16	05:26:09.15	05:26:09.15	+01:14:16 (22.8%)	7:24	8.1 (77.1%)
7	CIECKIEWICZ Tomasz	465		M30	7	04:44:42	05:38:43.90	05:38:43.90	+01:26:51 (25.6%)	7:41	7.8 (74.3%)
8	GARCZYŃSKI Radosław	468		M30	8	05:01:03	05:52:15.35	05:52:15.35	+01:40:22 (28.5%)	8:00	7.5 (71.4%)
9	DUBIN Matthieu	464		M30	9	05:00:25	05:52:41.75	05:52:41.75	+01:40:49 (28.6%)	8:00	7.5 (71.4%)
10	ZAWISZA Grzegorz	400		M30	10	04:59:18	05:52:41.95	05:52:41.95	+01:40:49 (28.6%)	8:00	7.5 (71.4%)
11	TROJNAR Daniel	445		M30	11	04:56:23	05:56:42.95	05:56:42.95	+01:44:50 (29.4%)	8:06	7.4 (70.5%)
12	MICHAŁOWSKI Piotr	401	WATAHA	M30	12	04:57:51	05:58:38.40	05:58:38.40	+01:46:45 (29.8%)	8:09	7.4 (70.5%)
13	BODNAR Adrian	414		M30	13	04:57:24	06:00:21.45	06:00:21.45	+01:48:28 (30.1%)	8:11	7.3 (69.5%)
14	ZYBAŁA Piotr	449		M30	14	05:06:51	06:10:07.20	06:10:07.20	+01:58:14 (31.9%)	8:24	7.1 (67.6%)
15	ZAWISZA Łukasz	429		M30	15	05:14:51	06:17:12.90	06:17:12.90	+02:05:20 (33.2%)	8:34	7 (66.7%)
16	CHMIEL Łukasz	500		M30	16	05:18:33	06:29:49.30	06:29:49.30	+02:17:56 (35.4%)	8:51	6.8 (64.8%)
17	BASIŃSKI Rafał	504	FALSTART RUDNIKI	M30	17	05:26:03	06:38:55.20	06:38:55.20	+02:27:02 (36.9%)	9:03	6.6 (62.9%)
18	GINTER Grzegorz	491	AZS COLLEGIUM MEDICUM UJ	M30	18	05:37:49	06:45:43.50	06:45:43.50	+02:33:50 (37.9%)	9:13	6.5 (61.9%)
19	ZAWADA Damian	494		M30	19	06:06:37	07:26:37.35	07:26:37.35	+03:14:44 (43.6%)	10:09	5.9 (56.2%)
20	DUCHNA Paweł	440	SYNOWIE BROOKLYNU	M30	20	06:09:16	07:27:48.40	07:27:48.40	+03:15:55 (43.8%)	10:10	5.9 (56.2%)
21	STUDNICKI Paweł	409		M30	21	06:40:15	07:49:50.25	07:49:50.25	+03:37:57 (46.4%)	10:40	5.6 (53.3%)

Znaleziono 21 wynik(ów)