



ZWODNICZA RUSAŁKA | 44 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: II Ultra-Bies
Organizator: Fundacja Ultra-Bies
Data: 2023-05-05
Miejsce: Dołżyca
Dystans: 44 km

Klasyfikacja: M50

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | PK Górzanka 15km | PK Łopienka 28km | PK Cisna 38km | Czas netto 44km | Czas brutto 44km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|------------|-----------------------------------|-----------|------|------------------------|------------------------|---------------------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 1 | STEPANIUK Adam | 463 | BIEGAMY DZISIAJ? | M50 | 1 | 02:04:28 | 02:52:02 | 04:16:07 | 05:05:47.40 | 05:05:47.40 | | 6:56 | 8.6 (100%) |
| 2 | MILANOWSKI Grzegorz | 473 | | M50 | 2 | | 03:13:28 | 04:46:43 | 05:43:10.70 | 05:43:10.70 | +00:37:23 (10.9%) | 7:47 | 7.7 (89.5%) |
| 3 | BRZEZIŃSKI Andrzej | 410 | RYKOWISKA TEAM | M50 | 3 | 02:16:27 | 03:13:10 | 04:55:13 | 05:55:15.55 | 05:55:15.55 | +00:49:28 (13.9%) | 8:04 | 7.4 (86.0%) |
| 4 | CHMAJ Jerzy | 542 | | M50 | 4 | 02:26:57 | 03:22:22 | 04:58:51 | 05:56:28.10 | 05:56:28.10 | +00:50:40 (14.2%) | 8:06 | 7.4 (86.0%) |
| 5 | PALUCH Paweł | 442 | | M50 | 5 | 02:13:40 | 03:15:25 | 04:55:04 | 05:56:45.50 | 05:56:45.50 | +00:50:58 (14.3%) | 8:06 | 7.4 (86.0%) |
| 6 | GRZYB Kazimierz | 436 | LOS PANTALONES ROJOS | M50 | 6 | 02:12:43 | 03:09:05 | 04:51:28 | 05:58:55.15 | 05:58:55.15 | +00:53:07 (14.8%) | 8:09 | 7.4 (86.0%) |
| 7 | KOWALSKI Grzegorz | 544 | PMCG PIASECZNO | M50 | 7 | 02:33:25 | 03:31:06 | 05:06:43 | 06:04:40.10 | 06:04:40.10 | +00:58:52 (16.1%) | 8:17 | 7.2 (83.7%) |
| 8 | MRYCZKO Roman | 515 | 24 | M50 | 8 | 02:36:08 | 03:35:10 | 05:18:54 | 06:21:18.25 | 06:21:18.25 | +01:15:30 (19.8%) | 8:39 | 6.9 (80.2%) |
| 9 | MIĄSKO Wojciech | 425 | 12TRI.PL | M50 | 9 | 02:36:57 | 03:41:02 | | 06:35:20.80 | 06:35:20.80 | +01:29:33 (22.7%) | 8:59 | 6.7 (77.9%) |
| 10 | PESZEK Bogdan | 454 | ULTRA PRZESILENIE | M50 | 10 | 02:42:39 | 03:51:29 | 05:43:45 | 06:46:20.10 | 06:46:20.10 | +01:40:32 (24.7%) | 9:14 | 6.5 (75.6%) |
| 11 | OLEJNIK Krzysztof | 482 | PGB SPORTOWA PACZKA | M50 | 11 | 02:40:10 | 03:45:22 | 05:42:42 | 07:04:09.40 | 07:04:09.40 | +01:58:22 (27.9%) | 9:38 | 6.2 (72.1%) |
| 12 | ROSZAK Waldemar | 510 | BIEGAM NA ZIELONEJ BIAŁOŁĘCE | M50 | 12 | 03:06:06 | 04:22:09 | 06:23:03 | 07:39:52.05 | 07:39:52.05 | +02:34:04 (33.5%) | 10:27 | 5.7 (66.3%) |
| 13 | JACKOWSKI Jacek | 509 | JAROSŁAWSKA GRUPA BIEGOWA "SOKÓŁ" | M50 | 13 | 03:14:00 | 04:41:19 | 06:49:51 | 08:03:37.85 | 08:03:37.85 | +02:57:50 (36.8%) | 10:59 | 5.5 (64.0%) |
| 14 | KLUZ Robert | 492 | | M50 | 14 | 03:17:20 | 04:37:04 | 06:51:08 | 08:08:44.50 | 08:08:44.50 | +03:02:57 (37.4%) | 11:06 | 5.4 (62.8%) |
| 15 | PARADOWSKI Paweł | 479 | BYLEDOMETRY | M50 | 15 | 03:37:58 | 05:13:02 | 07:45:55 | 09:15:55.15 | 09:15:55.15 | +04:10:07 (45.0%) | 12:38 | 4.7 (54.7%) |

Znaleziono 15 wynik(ów)