

ZWODNICZA RUSAŁKA | 44 KM

B4SPORT

Event: Ultra-Bies 2022
Organiser: Fundacja Ultra-Bies
Date: 2022-05-06
Place: Dożyca
Distance: 44 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: Masters K 40-49

Place	Participant	Number	Club	Category	MCat	PK Cisna 38km	Net time 44km	Czas brutto 44km	Gap	Pace min/km	Pace km/h
1	WINIARSKA Katarzyna	492	PRZEMYSKI KLUB BIEGACZA/HERCOG RUNNING TEAM	Masters K 40-49	1	03:53:45	04:38:01.00	04:38:08.50		6:19	9.5 (100%)
2	MALECKA-LEŃ Patrycja	521	STAJNIA BALONA	Masters K 40-49	2	04:12:34	05:00:40.05	05:00:50.60	+00:22:42 (7.5%)	6:50	8.8 (92.6%)
3	FURTEK Iwona	488	LACHO TEAM	Masters K 40-49	3	04:29:57	05:23:56.35	05:26:07.95	+00:47:59 (14.7%)	7:21	8.1 (85.3%)
4	MRUGAŁA Monika	417	TRAIL IS OUR WAY	Masters K 40-49	4	04:48:19	05:42:28.95	05:43:55.40	+01:05:46 (19.1%)	7:47	7.7 (81.1%)
5	CYMBORSKA Jolanta	497		Masters K 40-49	5	05:04:27	06:01:13.70	06:01:59.45	+01:23:50 (23.2%)	8:12	7.3 (76.8%)
6	JANOWSKA Jania	509	DRUŻYNA WILKA	Masters K 40-49	6	05:09:09	06:12:07.60	06:15:27.50	+01:37:19 (25.9%)	8:27	7.1 (74.7%)
7	NIEDZIOŁEK Gosia	551	R&K KRAKÓW	Masters K 40-49	7	05:13:25	06:11:16.40	06:16:37.90	+01:38:29 (26.2%)	8:26	7.1 (74.7%)
8	GRYCMAN Magdalena	560	SPARTA ULTRA TEAM	Masters K 40-49	8	05:19:40	06:19:00.20	06:22:36.65	+01:44:28 (27.3%)	8:36	7 (73.7%)
9	HABRAT Dorota	418	HABRAT TEAM	Masters K 40-49	9	05:25:20	06:31:47.70	06:33:43.85	+01:55:35 (29.4%)	8:54	6.7 (70.5%)
10	GRONEK Magdalena	527	BIEGAMDLAZDROWIA.PL	Masters K 40-49	10		06:41:09.00	06:41:09.00	+02:03:00 (30.7%)	9:07	6.6 (69.5%)
11	HOLIK Iwona	580		Masters K 40-49	11	05:43:46	06:49:41.30	06:50:49.20	+02:12:40 (32.3%)	9:18	6.4 (67.4%)
12	DYLAĞ Katarzyna	585	GGB	Masters K 40-49	12	05:43:47	06:49:41.65	06:50:49.80	+02:12:41 (32.3%)	9:18	6.4 (67.4%)
13	NAZIMEK Lilianna	457	SUO TEMPORE/VISEGRAD MARATON RYTRO	Masters K 40-49	13	05:48:55	06:54:49.30	06:55:14.65	+02:17:06 (33.0%)	9:25	6.4 (67.4%)
14	STEPKOWSKA Berta	403	UMCS BIEGA	Masters K 40-49	14	05:54:09	07:02:42.05	07:07:24.50	+02:29:16 (34.9%)	9:36	6.2 (65.3%)
15	ŚWIĘTONIOWSKA Justyna	542	PODIUM	Masters K 40-49	15	06:06:07	07:18:54.40	07:23:33.05	+02:45:24 (37.3%)	9:58	6 (63.2%)

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16	WYDRO Agata	531	FUN & RUN	Masters K 40-49	16	06:10:09	07:25:51.15	07:27:47.00	+02:49:38 (37.9%)	10:07	5.9 (62.1%)
17	ŁASKAWSKA Justyna	512		Masters K 40-49	17	06:13:33	07:24:58.40	07:29:18.55	+02:51:10 (38.1%)	10:06	5.9 (62.1%)
18	KOWALSKA Małgorzata	574		Masters K 40-49	18	06:11:17	07:34:27.60	07:39:01.25	+03:00:52 (39.4%)	10:19	5.8 (61.1%)
19	KOWALSKA-GRZEJDA Anna	440		Masters K 40-49	19	06:15:55	07:39:48.35	07:43:14.70	+03:05:06 (40.0%)	10:27	5.7 (60.0%)
20	PLISZCZYŃSKA Justyna	485	UMCS BIEGA	Masters K 40-49	20	06:28:07	07:51:13.85	07:55:42.80	+03:17:34 (41.5%)	10:42	5.6 (58.9%)
21	PASLAWSKA Irma	415		Masters K 40-49	21	06:33:44	07:51:17.00	07:55:47.70	+03:17:39 (41.5%)	10:42	5.6 (58.9%)
22	CZECHOSKA Magdalena	554		Masters K 40-49	22	06:36:06	07:53:42.55	07:57:00.80	+03:18:52 (41.7%)	10:45	5.6 (58.9%)
23	PIETRZYKOWSKA Monika	538		Masters K 40-49	23	06:42:09	08:00:03.70	08:05:21.80	+03:27:13 (42.7%)	10:54	5.5 (57.9%)
24	WRZESIŃSKA Joanna	477	FORDONRUNNERS	Masters K 40-49	24	07:02:42	08:41:17.70	08:45:24.35	+04:07:15 (47.1%)	11:50	5.1 (53.7%)
25	JUSZCZYK Małgorzata	487	NIEPOŁOMICE BIEGAJA	Masters K 40-49	25	07:27:52	08:55:50.85	08:58:41.25	+04:20:32 (48.4%)	12:10	4.9 (51.6%)

Total 25 results.