

ZWODNICZA RUSAŁKA | 44 KM

B4SPORT

Wydarzenie: Ultra-Bies 2022
Organizator: Fundacja Ultra-Bies
Data: 2022-05-06
Miejsce: Dołżyca
Dystans: 44 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Masters M 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK Cisna 38km	Czas netto 44km	Czas brutto 44km	Różn	Tempo min/km	Tempo km/h
1	SKRZYSIŃSKI Gniewomir	555	TEAM INSTINCT/ALTRA RED	Masters M 40-49	1	03:35:09	04:16:59.50	04:17:02.00		5:50	10.3 (100%)
2	BARAN Piotr	568	TRAIL IS OUR WAY	Masters M 40-49	2	03:44:23	04:27:17.50	04:27:51.15	+00:10:49 (4.0%)	6:04	9.9 (96.1%)
3	KOT Rafał	587	GÓRAL Z MAZUR RUNNING TEAM	Masters M 40-49	3	03:51:07	04:34:45.45	04:34:55.90	+00:17:53 (6.5%)	6:14	9.6 (93.2%)
4	WIŚNIEWSKI Jakub	578	TATRA RUNNING	Masters M 40-49	4	03:52:13	04:35:14.55	04:35:18.70	+00:18:16 (6.6%)	6:15	9.6 (93.2%)
5	GRYZŁO Jakub	499	TRESERTEAM	Masters M 40-49	5	04:01:08	04:46:40.55	04:46:41.65	+00:29:39 (10.3%)	6:30	9.2 (89.3%)
6	CIOCH Cezary	402	KALLIPSO RUNNERS TEAM	Masters M 40-49	6	03:56:53	04:46:58.85	04:47:12.85	+00:30:10 (10.5%)	6:31	9.2 (89.3%)
7	KLONOWSKI Jacek	482		Masters M 40-49	7	03:57:30	04:48:44.75	04:48:56.60	+00:31:54 (11.0%)	6:33	9.1 (88.3%)
8	KOSTERKIEWICZ Marcin	502	PRZEMYSŁ TOUR	Masters M 40-49	8	04:04:45	04:51:15.65	04:51:19.20	+00:34:17 (11.8%)	6:37	9.1 (88.3%)
9	ZIĘBA Tomek	468	JACEKBIEGA RUNNING TEAM	Masters M 40-49	9	04:12:12	04:58:56.05	04:59:26.90	+00:42:24 (14.2%)	6:47	8.8 (85.4%)
10	JAKUBOWSKI Bartek	437		Masters M 40-49	10	04:22:14	05:10:57.25	05:12:47.15	+00:55:45 (17.8%)	7:04	8.5 (82.5%)
11	MALEC Artur	519		Masters M 40-49	11	04:26:34	05:15:51.60	05:16:05.80	+00:59:03 (18.7%)	7:10	8.4 (81.6%)
12	STEPANIAK Grzegorz	558	SWOBODA	Masters M 40-49	12	04:27:04	05:18:51.35	05:19:30.80	+01:02:28 (19.6%)	7:14	8.3 (80.6%)
13	GRZAŚ Rafał	611		Masters M 40-49	13	04:29:23	05:18:28.60	05:21:04.35	+01:04:02 (19.9%)	7:14	8.3 (80.6%)
14	SOKOŁOWSKI Rafałek Czesioo	522	FUNDACJA TERAZ WSCHÓD& NIEPEŁNOSPRAWNI W SPORCIE	Masters M 40-49	14	04:30:41	05:24:47.70	05:26:11.60	+01:09:09 (21.2%)	7:22	8.1 (78.6%)
15	KOCIK Marcin	427	FATBOY SPRINT	Masters M 40-49	15	04:37:03	05:31:46.45	05:34:14.25	+01:17:12 (23.1%)	7:32	8 (77.7%)

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16	WOJCIECHOWSKI Dariusz	579	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM	Masters M 40-49	16	04:40:21	05:36:53.40	05:38:54.60	+01:21:52 (24.2%)	7:39	7.8 (75.7%)
17	PRUTA Rafał	423	FATBOYS SPRINT	Masters M 40-49	17	04:42:31	05:41:26.05	05:43:59.05	+01:26:57 (25.3%)	7:45	7.7 (74.8%)
18	KRAWCZYK Dariusz	462		Masters M 40-49	18	04:46:13	05:45:08.45	05:45:30.40	+01:28:28 (25.6%)	7:50	7.6 (73.8%)
19	ZIĘTAK Andrzej	539	TKKF KOLEJARZ BYDGOSZCZ	Masters M 40-49	19	04:46:08	05:46:32.25	05:47:22.40	+01:30:20 (26.0%)	7:52	7.6 (73.8%)
20	RECZEK Sebastian	429	KS ZIELONO-CZARNI	Masters M 40-49	20	04:50:10	05:50:36.70	05:52:41.30	+01:35:39 (27.1%)	7:58	7.5 (72.8%)
21	ŻMUDA Michał	447		Masters M 40-49	21	04:48:36	05:54:18.10	05:55:07.85	+01:38:05 (27.6%)	8:03	7.5 (72.8%)
22	JARZĄB Marcin	448		Masters M 40-49	22	04:44:55	05:54:14.20	05:55:08.35	+01:38:06 (27.6%)	8:03	7.5 (72.8%)
23	BANIAK Eryk	405		Masters M 40-49	23	04:53:14	05:56:42.50	05:57:42.60	+01:40:40 (28.1%)	8:06	7.4 (71.8%)
24	HOŁÓWKA Sławomir	490	LACHO TEAM	Masters M 40-49	24	05:00:05	05:57:35.05	05:59:51.90	+01:42:49 (28.6%)	8:07	7.4 (71.8%)
25	MIĄSIK Marcin	567		Masters M 40-49	25	05:05:47	06:03:30.05	06:04:28.10	+01:47:26 (29.5%)	8:15	7.3 (70.9%)
26	STASIŃSKI Paweł	459	SOKOLSKA GRUPA BIEGOWA	Masters M 40-49	26	04:57:06	06:06:18.70	06:06:50.75	+01:49:48 (29.9%)	8:19	7.2 (69.9%)
27	ZAWADKA Darek	476		Masters M 40-49	27	05:11:29	06:10:21.80	06:12:26.20	+01:55:24 (31.0%)	8:25	7.1 (68.9%)
28	WOŹNIAK Tomasz	401		Masters M 40-49	28	05:08:42	06:09:24.75	06:13:16.30	+01:56:14 (31.1%)	8:23	7.1 (68.9%)
29	BODZIOCH Grzegorz	583	GORLICKA GRUPA BIEGOWA	Masters M 40-49	29	05:17:47	06:13:09.65	06:14:21.20	+01:57:19 (31.3%)	8:28	7.1 (68.9%)
30	MATUSZ Tadeusz	548		Masters M 40-49	30	05:11:13	06:13:36.40	06:14:33.80	+01:57:31 (31.4%)	8:29	7.1 (68.9%)
31	BIECUSZEK Tomasz	420	AKTYWNA NOWA RUDA	Masters M 40-49	31	05:11:37	06:11:18.95	06:14:44.95	+01:57:42 (31.4%)	8:26	7.1 (68.9%)
32	HILLER Artur	557		Masters M 40-49	32	05:12:38	06:14:24.85	06:15:57.20	+01:58:55 (31.6%)	8:30	7.1 (68.9%)
33	GRUCHAŁA Robert	572	PADŁ NA RYJ TEAM	Masters M 40-49	33	05:12:02	06:16:14.50	06:19:47.10	+02:02:45 (32.3%)	8:33	7 (68.0%)
34	GAŁĘZYKA Rafał	491	EUROVENT ATHLETICS	Masters M 40-49	34	05:17:42	06:20:06.95	06:21:49.90	+02:04:47 (32.7%)	8:38	6.9 (67.0%)
35	GRYCMAN Łukasz	549	SPARTA ULTRA TEAM	Masters M 40-49	35	05:19:38	06:19:02.45	06:22:41.25	+02:05:39 (32.8%)	8:36	7 (68.0%)
36	PLACHA Piotr	504	KOPALNIA MOCY TARNOBRZEG	Masters M 40-49	36	05:23:10	06:21:08.40	06:24:21.20	+02:07:19 (33.1%)	8:39	6.9 (67.0%)
37	SZYMAŃSKI Piotr	493	RYKOWISKO TEAM	Masters M 40-49	37	05:28:32	06:25:54.25	06:28:55.15	+02:11:53 (33.9%)	8:46	6.8 (66.0%)
38	DZIDECZEK Marcin	411	TEAM ZABIEGANEDNI	Masters M 40-49	38	05:25:31	06:28:50.10	06:31:26.35	+02:14:24 (34.3%)	8:50	6.8 (66.0%)

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39	SZYSZŁO Tomasz	439	POZYTYWNE ZABIEGANI SANOK	Masters M 40-49	39	05:21:29	06:32:26.75	06:35:40.20	+02:18:38 (35.0%)	8:55	6.7 (65.0%)
40	KITOWSKI Bartosz	566	GŁOGOVIA 1925 GŁOGÓW MAŁOPOLSKI	Masters M 40-49	40	05:39:43	06:47:14.85	06:50:32.05	+02:33:30 (37.4%)	9:15	6.5 (63.1%)
41	MILA Marcelli	540		Masters M 40-49	41	05:42:00	06:46:15.60	06:50:40.65	+02:33:38 (37.4%)	9:13	6.5 (63.1%)
42	UBYSZ Marek	506	JACEKBIEGA RUNNING TEAM	Masters M 40-49	42	05:45:07	06:50:43.30	06:54:30.00	+02:37:28 (38.0%)	9:20	6.4 (62.1%)
43	DRZĄSZCZ Marek	553	CROSSELITE	Masters M 40-49	43		06:54:51.85	06:59:57.15	+02:42:55 (38.8%)	9:25	6.4 (62.1%)
44	PIETRYKOWSKI Norbert	421	VITALABO	Masters M 40-49	44	05:47:52	07:04:33.45	07:05:52.60	+02:48:50 (39.6%)	9:38	6.2 (60.2%)
45	JANUSZ Grzegorz	406	UMCS BIEGA/ROBERT MROZEK TRI TEAM	Masters M 40-49	45		07:07:23.80	07:07:23.80	+02:50:21 (39.9%)	9:42	6.2 (60.2%)
46	STRZAŁKOWSKI Marcin	500	RYKOWISKO TEAM	Masters M 40-49	46	05:54:51	07:11:09.20	07:14:04.90	+02:57:02 (40.8%)	9:47	6.1 (59.2%)
47	DZIKI Marek	623		Masters M 40-49	47	05:58:58	07:14:06.20	07:16:45.45	+02:59:43 (41.1%)	9:51	6.1 (59.2%)
48	WIŚNIEWSKI Tomasz	533	GÓRAL Z MAZUR RUNNING TEAM	Masters M 40-49	48	06:06:50	07:20:07.55	07:22:25.65	+03:05:23 (41.9%)	10:00	6 (58.3%)
49	MUSIAŁ Paweł	498	BIEGAJĄCY WARIACI BEZ GACI	Masters M 40-49	49	06:01:33	07:21:53.40	07:22:32.70	+03:05:30 (41.9%)	10:02	6 (58.3%)
50	CZELNY Tomasz	456	SMASHING PAPKINS	Masters M 40-49	50	06:09:07	07:24:50.10	07:28:20.35	+03:11:18 (42.7%)	10:06	5.9 (57.3%)
51	ZIELIŃSKI Michał	434	DZIKIE ŻYCIE RUN TEAM	Masters M 40-49	51	06:06:01	07:25:45.00	07:28:58.55	+03:11:56 (42.8%)	10:07	5.9 (57.3%)
52	SZPAKOWSKI Andrzej	532	FUN&RUN	Masters M 40-49	52	06:10:39	07:27:54.45	07:29:45.85	+03:12:43 (42.9%)	10:10	5.9 (57.3%)
53	WYDRO Rafał	530	FUN & RUN	Masters M 40-49	53	06:40:54	07:59:48.45	08:01:45.80	+03:44:43 (46.6%)	10:54	5.5 (53.4%)
54	CHODZIŃSKI Piotr	410		Masters M 40-49	54	06:42:51	08:07:08.35	08:12:01.70	+03:54:59 (47.8%)	11:04	5.4 (52.4%)
55	WÓJTOWICZ Paweł	484	LUBLIN BIEGA	Masters M 40-49	55	07:32:45	08:55:08.05	08:59:30.05	+04:42:28 (52.4%)	12:09	4.9 (47.6%)

Znaleziono 55 wynik(ów)