

ZWODNICZA RUSAŁKA | 44 KM

B4SPORT

Event: Ultra-Bies 2022
Organiser: Fundacja Ultra-Bies
Date: 2022-05-06
Place: Dożyca
Distance: 44 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: OPEN Kobiet

Place	Participant	Number	Club	Category	MCat	PK Cisna 38km	Net time 44km	Czas brutto 44km	Gap	Pace min/km	Pace km/h
1	WINIARSKA Katarzyna	492	PRZEMYSKI KLUB BIEGACZA/HERCOG RUNNING TEAM	Masters K 40-49	1	03:53:45	04:38:01.00	04:38:08.50		6:19	9.5 (100%)
2	MAMALA Justyna	586	PAMTRANS / TRAIL IS OUR WAY	Senior II K 30-39	1	03:55:56	04:41:09.55	04:41:21.95	+00:03:13 (1.1%)	6:23	9.4 (98.9%)
3	SMYKOWSKA Magdalena	436	RYKOWISKO TEAM	Senior II K 30-39	2	04:02:48	04:53:05.65	04:56:04.80	+00:17:56 (6.1%)	6:39	9 (94.7%)
4	MALECKA-LEŃ Patrycja	521	STAJNIA BALONA	Masters K 40-49	2	04:12:34	05:00:40.05	05:00:50.60	+00:22:42 (7.5%)	6:50	8.8 (92.6%)
5	FURTEK Iwona	488	LACHO TEAM	Masters K 40-49	3	04:29:57	05:23:56.35	05:26:07.95	+00:47:59 (14.7%)	7:21	8.1 (85.3%)
6	PERZ Emilia	556		Senior II K 30-39	3	04:40:29	05:29:31.05	05:32:25.80	+00:54:17 (16.3%)	7:29	8 (84.2%)
7	KLUS Anna	407	TRAIL IS OUR WAY TEAM	Senior II K 30-39	4	04:41:09	05:31:08.85	05:32:37.40	+00:54:28 (16.4%)	7:31	8 (84.2%)
8	MRUGAŁA Monika	417	TRAIL IS OUR WAY	Masters K 40-49	4	04:48:19	05:42:28.95	05:43:55.40	+01:05:46 (19.1%)	7:47	7.7 (81.1%)
9	CYMBORSKA Jolanta	497		Masters K 40-49	5	05:04:27	06:01:13.70	06:01:59.45	+01:23:50 (23.2%)	8:12	7.3 (76.8%)
10	JANOWSKA Jania	509	DRUŻYNA WILKA	Masters K 40-49	6	05:09:09	06:12:07.60	06:15:27.50	+01:37:19 (25.9%)	8:27	7.1 (74.7%)
11	ZDUŃCZYK Paulina	412		Senior II K 30-39	5	05:15:48	06:14:15.70	06:16:36.50	+01:38:28 (26.1%)	8:30	7.1 (74.7%)
12	NIEDZIOŁEK Gosia	551	R&K KRAKÓW	Masters K 40-49	7	05:13:25	06:11:16.40	06:16:37.90	+01:38:29 (26.2%)	8:26	7.1 (74.7%)
13	GRYCMAN Magdalena	560	SPARTA ULTRA TEAM	Masters K 40-49	8	05:19:40	06:19:00.20	06:22:36.65	+01:44:28 (27.3%)	8:36	7 (73.7%)
14	FORNAL Brygida	582	#ZALINIAMETYTEAM	Senior I K 18-29	1	05:19:51	06:21:38.85	06:24:05.00	+01:45:56 (27.6%)	8:40	6.9 (72.6%)
15	PERZ Marzenna	471		Weteran I K 50-59	1	05:22:35	06:22:13.40	06:24:56.55	+01:46:48 (27.7%)	8:41	6.9 (72.6%)

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16	HABRAT Dorota	418	HABRAT TEAM	Masters K 40-49	9	05:25:20	06:31:47.70	06:33:43.85	+01:55:35 (29.4%)	8:54	6.7 (70.5%)
17	SOBOTKA Monika	501		Weteran I K 50-59	2	05:32:25	06:39:59.25	06:40:53.90	+02:02:45 (30.6%)	9:05	6.6 (69.5%)
18	GRONEK Magdalena	527	BIEGAMDLAZDROWIA.PL	Masters K 40-49	10		06:41:09.00	06:41:09.00	+02:03:00 (30.7%)	9:07	6.6 (69.5%)
19	KUDŁA Joanna	438	KUDŁATE MAKARONY	Senior II K 30-39	6	05:36:06	06:41:38.40	06:43:19.25	+02:05:10 (31.0%)	9:07	6.6 (69.5%)
20	KRÓLIKOWSKA Emilia	428	GANG ŚWIETLIKÓW	Senior II K 30-39	7	05:42:37	06:44:33.30	06:49:20.80	+02:11:12 (32.1%)	9:11	6.5 (68.4%)
21	HOLIK Iwona	580		Masters K 40-49	11	05:43:46	06:49:41.30	06:50:49.20	+02:12:40 (32.3%)	9:18	6.4 (67.4%)
22	DYLAĞ Katarzyna	585	GGB	Masters K 40-49	12	05:43:47	06:49:41.65	06:50:49.80	+02:12:41 (32.3%)	9:18	6.4 (67.4%)
23	NAZIMEK Lilianna	457	SUO TEMPORE/VISEGRAD MARATON RYTRO	Masters K 40-49	13	05:48:55	06:54:49.30	06:55:14.65	+02:17:06 (33.0%)	9:25	6.4 (67.4%)
24	KUŹNIAR Marta	541		Senior I K 18-29	2	05:47:25	07:00:37.60	07:05:31.70	+02:27:23 (34.6%)	9:33	6.3 (66.3%)
25	STEPKOWSKA Berta	403	UMCS BIEGA	Masters K 40-49	14	05:54:09	07:02:42.05	07:07:24.50	+02:29:16 (34.9%)	9:36	6.2 (65.3%)
26	ANTONIK Mariola	562	ŻYJ ZDROWO NA SPORTOWO	Weteran I K 50-59	3	05:52:31	07:04:02.00	07:08:16.70	+02:30:08 (35.1%)	9:38	6.2 (65.3%)
27	ORŁOWSKA Beata	496	STALOWOWOLSKI KLUB BIEGACZA	Weteran I K 50-59	4	05:57:09	07:08:31.55	07:11:40.70	+02:33:32 (35.6%)	9:44	6.2 (65.3%)
28	ZARĘBA Jolanta	550		Weteran I K 50-59	5	06:02:32	07:14:57.35	07:19:07.85	+02:40:59 (36.7%)	9:53	6.1 (64.2%)
29	ŚWIĘTONIOWSKA Justyna	542	PODIUM	Masters K 40-49	15	06:06:07	07:18:54.40	07:23:33.05	+02:45:24 (37.3%)	9:58	6 (63.2%)
30	WYDRO Agata	531	FUN & RUN	Masters K 40-49	16	06:10:09	07:25:51.15	07:27:47.00	+02:49:38 (37.9%)	10:07	5.9 (62.1%)
31	ŁASKAWSKA Justyna	512		Masters K 40-49	17	06:13:33	07:24:58.40	07:29:18.55	+02:51:10 (38.1%)	10:06	5.9 (62.1%)
32	KOWALSKA Małgorzata	574		Masters K 40-49	18	06:11:17	07:34:27.60	07:39:01.25	+03:00:52 (39.4%)	10:19	5.8 (61.1%)
33	KOWALSKA-GRZEJDA Anna	440		Masters K 40-49	19	06:15:55	07:39:48.35	07:43:14.70	+03:05:06 (40.0%)	10:27	5.7 (60.0%)
34	RUDAWSKA Karolina	424		Senior II K 30-39	8	06:29:35	07:42:06.20	07:46:01.30	+03:07:52 (40.3%)	10:30	5.7 (60.0%)
35	CHUDA Joanna	513		Senior II K 30-39	9	06:28:24	07:46:16.90	07:50:30.90	+03:12:22 (40.9%)	10:35	5.7 (60.0%)
36	PLISZCZYŃSKA Justyna	485	UMCS BIEGA	Masters K 40-49	20	06:28:07	07:51:13.85	07:55:42.80	+03:17:34 (41.5%)	10:42	5.6 (58.9%)
37	PASLAWSKA Irma	415		Masters K 40-49	21	06:33:44	07:51:17.00	07:55:47.70	+03:17:39 (41.5%)	10:42	5.6 (58.9%)
38	CZECHOSKA Magdalena	554		Masters K 40-49	22	06:36:06	07:53:42.55	07:57:00.80	+03:18:52 (41.7%)	10:45	5.6 (58.9%)

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39	PIETRZYKOWSKA Monika	538		Masters K 40-49	23	06:42:09	08:00:03.70	08:05:21.80	+03:27:13 (42.7%)	10:54	5.5 (57.9%)
40	KOWALSKA Katarzyna	528	NIEPOŁOMICE BIEGAJĄ	Weteran I K 50-59	6	06:51:09	08:13:19.40	08:15:35.40	+03:37:26 (43.9%)	11:12	5.4 (56.8%)
41	KASZYCKA Dorota	571	DUCH POGÓRZA	Senior II K 30-39	10	06:56:47	08:23:43.20	08:29:02.85	+03:50:54 (45.4%)	11:26	5.2 (54.7%)
42	DUDEK Aleksandra	478	ASTORIA BYDGOSZCZ	Senior I K 18-29	3	07:02:49	08:41:19.80	08:45:21.85	+04:07:13 (47.1%)	11:50	5.1 (53.7%)
43	WRZESIŃSKA Joanna	477	FORDONRUNNERS	Masters K 40-49	24	07:02:42	08:41:17.70	08:45:24.35	+04:07:15 (47.1%)	11:50	5.1 (53.7%)
44	JUSZCZYK Małgorzata	487	NIEPOŁOMICE BIEGAJA	Masters K 40-49	25	07:27:52	08:55:50.85	08:58:41.25	+04:20:32 (48.4%)	12:10	4.9 (51.6%)

Total 44 results.